

CRONOTECH

CRONOMETRAXE E TECNOLOXIA NO DEPORTE



5 BANDEIRA AZUL PONTECALDELAS

PONTECALDELAS, 06/08/2016

Organiza: GESTSPORT GALICIA

Cronometra: CRONOTEC

Sistema: CRONOMACH

Clasificaciones: www.cronotec.es

RESULTADOS

Pos. Fem.	Nº	Nome	Cat.	Pos.	Pas.1	Pas.2	T.Oficial	T.Netto	P./Km
1	2	Santiago Fernandez, Gustavo	SNM	1	08:53	13:49	18:36.74	18:35	03:31
2	116	Barros González, Abel	V1M	1	08:44	13:44	18:42.33	18:42	03:32
3	102	Lorenzo Iopez, Manuel	SNM	2	08:53	13:51	18:46.31	18:46	03:33
4	15	Mosquera Dopazo, Juan Carlos	SNM	3	08:52	13:47	18:59.41	18:59	03:35
5	114	Vieites Carballo, Manuel	V1M	2	08:55	13:59	19:02.12	19:01	03:35
6	113	Janeiro Lorenzo, Jorge	V1M	3	08:56	14:10	19:26.34	19:25	03:40
7	110	Diaz Iglesias, Juan	V1M	4	09:14	14:27	19:45.26	19:45	03:44
8	66	Cacheda Chouza, Cristóbal	V1M	5	09:25	14:44	19:50.24	19:49	03:45
9	35	Perez Lorenzo, Daniel	V1M	6	09:14	14:33	20:04.68	20:04	03:47
10	103	Iglesias De La Iglesia, Francisco Javier	SNM	4	09:23	14:53	20:16.59	20:16	03:50
11	5	García Castro, Marcos	SNM	5	09:24	14:52	20:19.80	20:19	03:50
12	123	Pazos Campos, Francisco	V2M	1	09:23	14:51	20:23.42	20:23	03:51
13	34	Carreira Oubiña, Manuel	V1M	7	09:42	15:03	20:31.44	20:30	03:52
14	44	Tristan Dios, Iñigo	V1M	8	09:42	15:12	20:36.75	20:34	03:53
15	106	Sobral Gonzalez, Manuel	SNM	6	09:43	15:18	20:41.50	20:40	03:54
16	48	Figuroa Fernández, Ricardo	V1M	9	09:51	15:21	20:42.72	20:40	03:54
17	45	Rodriguez Fontan, Gonzalo	V1M	10	09:40	15:15	20:50.76	20:48	03:56
18	80	Bernárdez Macia, Santiago	V2M	2	09:41	15:16	20:57.98	20:56	03:57
19	10	Castroagudin Gómez, Adrián	SNM	7	09:57	15:36	21:25.71	21:23	04:03
20	53	Fernandez Gomez, Raimundo	V1M	11	10:10	15:58	21:43.23	21:41	04:06
21	11	Fernandez Devesa, Julio	SNM	8	10:07	16:09	22:09.86	22:07	04:11
22	63	Beltrán Taboada, José Julián	V1M	12	10:19	16:16	22:11.74	22:08	04:11
23	104	Fraga Adrio, Carlos	SNM	9	10:14	16:29	22:17.96	22:16	04:12
24	107	Sierra López, Rafael	SNM	10	10:52	16:45	22:20.57	22:15	04:13
25	24	Rodriguez Fraga, David	SNM	11	10:28	16:42	22:21.12	22:16	04:13
26	56	Luengo Delgado, Pablo	V1M	13	10:20	16:24	22:29.19	22:23	04:15
27	42	Fernández Landeiro, Juan Manuel	V1M	14	10:31	16:36	22:37.84	22:32	04:16
28	27	Pino Garcia, Isaac	SNM	12	10:35	16:44	22:38.45	22:37	04:16
29	121	Dopazo Louzan, Javier	V2M	3	11:06	16:55	22:42.11	22:36	04:17
30	108	Martinez Portela, Francisco	SNM	13	11:19	17:08	22:44.46	22:36	04:17
31	81	Carrera, Jose	V2M	4	11:03	16:54	22:46.72	22:42	04:18
32	6	Moreira Lorenzo, Iván	SNM	14	11:05	16:58	22:50.95	22:44	04:19
33	18	Vives Reino, Adrián	SNM	15	10:36	16:43	22:51.84	22:45	04:19
34	3	Gil Fontan, Ruben	SNM	16	11:06	17:00	23:01.85	22:50	04:21
35	119	Garcia Miñan, Tauto	V1M	15	11:06	17:08	23:02.85	22:55	04:21
36	37	Garcia Garcia, Jose Luis	V1M	16	10:40	16:52	23:03.94	23:01	04:21
37	61	Ulla Rega, Manuel	V1M	17	11:06	17:08	23:04.55	22:58	04:21
38	125	Calvo Gerardi, Manuel	V3M	1	10:46	16:57	23:05.79	23:03	04:21
39	85	Reboreda Graña, Amador	V2M	5	11:25	17:17	23:06.90	22:59	04:22
40	69	Mera Rodríguez, Jose Carlos	V1M	18	10:55	17:04	23:07.52	23:02	04:22
41	90	Justo Martinez, Juan	V3M	2	10:53	17:03	23:08.16	23:05	04:22
42	70	Otero Quintana, Ricardo	V1M	19	10:29	16:44	23:09.82	23:07	04:22

43		301	Fernandez-valdes, Manuel	V1M	20	11:08	17:15	23:10.59	23:05	04:22
44		50	Dominguez Prieto, Alberto	V1M	21	10:47	17:00	23:11.54	23:04	04:23
45		76	Cespón Outeda, Francisco Javier	V2M	6	11:04	17:05	23:12.08	23:06	04:23
46		83	Ruiz Garcia, Carlos	V2M	7	11:14	17:14	23:13.43	23:09	04:23
47		38	Guerra Gutiérrez, José María	V1M	22	10:44	17:00	23:18.18	23:15	04:24
48		39	Pérez Rodríguez, Oscar	V1M	23	11:28	17:25	23:18.65	23:09	04:24
49		16	Cortizo Boullosa, Miguel	SNM	17	11:27	17:25	23:19.86	23:09	04:24
50		4	Ventín Lombos, Cristian	SNM	18	10:52	17:12	23:24.98	23:23	04:25
51		17	Paz Carramal, Manuel	SNM	19	10:58	17:13	23:32.47	23:26	04:27
52		86	Rodal Vidal, Jorge F.	V2M	8	10:53	17:11	23:33.67	23:31	04:27
53		46	Gómez Otero, José Manuel	V1M	24	10:30	17:01	23:35.24	23:30	04:27
54		126	Cameán Lampón, Juan	V3M	3	11:14	17:27	23:49.76	23:48	04:30
55		118	Adan Couceiro, Manuel Angel	V1M	25	11:14	17:43	23:53.09	23:52	04:30
56		84	Vieira Magdalena, Luis Alberto	V2M	9	11:04	17:30	23:54.26	23:47	04:31
57		101	Sobral Martinez, Miguel Enrique	SNM	20	11:21	17:42	23:54.54	23:46	04:31
58	1	218	Labandeira Fernández, Blanca	V1F	1	11:18	18:00	24:22.49	24:19	04:36
59	2	155	Quintana Miranda, Fatima	V1F	2	11:26	18:00	24:30.37	24:27	04:37
60		122	Fernández García, Manuel	V2M	10	11:25	17:59	24:31.30	24:24	04:38
61		40	Martinez Beis, Fernando	V1M	26	11:20	17:56	24:31.43	24:26	04:38
62		49	Amoedo Otero, Sergio	V1M	27	11:46	18:02	24:32.49	24:24	04:38
63		95	Ibañez Da Silva, Manuel	V4M	1	11:43	18:12	24:34.25	24:32	04:38
64		54	Miguez Reguera, Esteban	V1M	28	11:48	18:16	24:35.47	24:28	04:38
65		51	Garabatos Barciela, David	V1M	29	11:47	18:17	24:40.60	24:33	04:39
66		115	Prieto Yáñez, Angel Luis	V1M	30	11:48	18:19	24:41.74	24:33	04:40
67		92	Bernárdez Martínez, Emilio	V3M	4	11:47	18:19	24:43.74	24:40	04:40
68	3	219	Alonso Garcia, Ana	V1F	3	11:30	18:09	24:44.17	24:41	04:40
69	4	212	Sueiro Iglesias, Sofía	V1F	4	11:32	18:15	24:47.98	24:46	04:41
70		97	Míllara Blanco, Manuel	V4M	2	11:50	18:21	24:57.35	24:54	04:43
71		82	Zabaleta Martínez, Juan	V2M	11	11:26	18:14	25:08.13	25:04	04:45
72		20	Cousino Vidal, Jesus	SNM	21	11:54	18:33	25:09.50	25:00	04:45
73		65	Suárez Peleteiro, Martín	V1M	31	12:07	18:38	25:11.26	24:56	04:45
74		30	Carreiro Ferreira, Ivan Lucas	SNM	22	12:19	18:49	25:11.27	25:07	04:45
75		94	Varela Garcia, Valentin	V4M	3	12:04	18:44	25:14.82	25:13	04:46
76		124	Rodriguez Bacariza, Juan Antonio	V2M	12	12:02	18:41	25:15.77	25:12	04:46
77		60	Riveiro García, Eladio	V1M	32	11:50	18:40	25:16.73	25:12	04:46
78		89	Rouco Lozano, Xesús	V3M	5	11:59	18:41	25:23.56	25:14	04:47
79		36	Garcia Villaverde, Jose Emilio	V1M	33	11:45	18:44	25:41.27	25:38	04:51
80		68	Lopez Piñeiro, Javier	V1M	34	12:03	18:45	25:42.59	25:38	04:51
81		33	Torres Rego, Oscar	SNM	23	11:54	18:51	25:50.90	25:45	04:53
82		22	Fernandez Gomez, Damian	SNM	24	12:09	19:04	25:56.08	25:49	04:54
83	5	227	Iglesias Santiago, Angeles	V2F	1	12:17	19:08	25:57.29	25:53	04:54
84		41	Alvarez Estevez, Oscar	V1M	35	12:25	19:12	25:57.82	25:52	04:54
85		21	Santiago Acuña, Jose Alberto	SNM	25	12:13	18:59	25:58.97	25:55	04:54
86		304	Piñeiro Peso, Cesar	SNM	26	11:34	18:59	26:19.03	26:16	04:58
87	6	159	Cotovad Malvar, Maria Del Carmen	V1F	5	12:34	19:24	26:22.11	26:17	04:59
88		74	Nuñez González, José Amable	V2M	13	12:54	19:45	26:23.96	26:11	04:59
89		28	Garrido Santiago, Javier	SNM	27	12:18	19:25	26:29.87	26:23	05:00
90		96	Do Pazo Diaz, Jose	V4M	4	12:41	19:39	26:32.04	26:22	05:00
91		79	Rivas Alvarez, Francisco	V2M	14	12:20	19:27	26:33.77	26:25	05:01
92	7	154	Villaverde Rosales, Marga	SNF	1	11:19	26:28	26:34.09	26:30	05:01
93		12	Romero Nuñez, Ivan	SNM	28	12:16	19:20	26:35.82	26:32	05:01
94	8	228	Abollo Cendón, Sinda	V2F	2	12:29	19:38	26:47.51	26:44	05:03
95		32	Sanmartin Franco, Luis	SNM	29	12:35	19:39	26:47.68	26:44	05:03
96		62	Carreira Nodar, Jorge	V1M	36	13:08	20:09	26:59.26	26:47	05:06
97	9	226	Bernardez gonzalez, Maria De Los Anç	V2F	3	12:45	19:58	26:59.37	26:54	05:06

98		19	Graña Gayoso, Pablo	SNM	30	12:46	20:09	27:02.38	26:50	05:06
99	10	202	Lopez Fuentes, Monica	PRF	1	13:03	20:02	27:02.41	26:55	05:06
100		23	Castro Maceira, Pablo Guillermo	SNM	31	13:05	20:10	27:04.39	26:54	05:06
101		309	Rodriguez Vidal, Ivan	V1M	37	12:41	19:44	27:09.71	27:01	05:07
102	11	220	Vaillant Martínez, Mayelin	V1F	6	12:48	20:04	27:16.13	27:10	05:09
103		105	Gonzalez Curro, Braulio	SNM	32	12:06	19:35	27:16.17	27:10	05:09
104	12	223	Iglesias Correa, Patricia	V1F	7	13:05	20:13	27:19.73	27:13	05:09
105	13	221	Janeiro, Begoña	V1F	8	12:55	20:00	27:22.04	27:14	05:10
106		31	Morgade Corredoira, Joaquin	SNM	33	13:34	20:44	27:42.07	27:27	05:14
107		13	Peso Parada, Pablo	SNM	34	13:32	20:44	27:49.95	27:35	05:15
108	14	161	Rodríguez Sobrino, Celina	V3F	1	13:32	20:47	28:03.80	28:01	05:18
109		72	Morales Adán, Manuel	V1M	38	13:22	20:49	28:10.20	28:00	05:19
110		9	Lorenzo Corujeira, Jose Luis	SNM	35	12:59	20:29	28:15.73	28:05	05:20
111	15	160	Carreira Costas, Montserrat	V2F	4	13:17	20:51	28:21.67	28:18	05:21
112		78	Cortizo Soage, Pablo	V2M	15	12:56	20:49	28:29.66	28:25	05:23
113		52	Fernández Capelo, David	V1M	39	12:42	20:27	28:31.34	28:23	05:23
114	16	306	Jalkiewicz Gonzalez, Janka	V2F	5	13:29	21:09	28:38.98	28:34	05:24
115		305	Radó Borst, Gerar	V2M	16	13:31	21:11	28:39.63	28:35	05:24
116		307	Estevez Garrido, Víctor	V1M	40	13:06	20:46	28:40.93	28:35	05:25
117		77	Gómez García, Anxo	V2M	17	13:28	20:59	28:43.01	28:32	05:25
118	17	213	Castiñeira Lores, Beatriz	V1F	9	13:34	21:03	28:45.25	28:37	05:26
119		29	Pillado domato, Jesus	SNM	36	12:55	20:36	28:45.55	28:37	05:26
120		71	López Santiago, Carlos Eduardo	V1M	41	13:41	21:16	29:02.79	28:53	05:29
121		1	Taboada Carraml, Juan	SNM	37	13:18	21:10	29:04.59	28:58	05:29
122		57	Castro Maceira, Manuel Ignacio	V1M	42	13:49	21:35	29:12.62	29:02	05:31
123		55	Castro Maceira, Benito	V1M	43	13:50	21:34	29:13.72	29:01	05:31
124	18	222	López Castro, Aurora	V1F	10	13:41	21:20	29:15.69	29:04	05:31
125		59	Fernandez Perez, Oscar Manuel	V1M	44	13:40	21:22	29:16.45	29:05	05:31
126		73	Solla Fontán, Joaquín	V2M	18	14:13	22:22	29:58.14	29:47	05:39
127	19	158	García Villanueva, Ana Belén	V1F	11	13:58	21:57	29:58.85	29:47	05:39
128		58	Dominguez Porto, Silvano	V1M	45	13:24	21:32	30:12.85	30:01	05:42
129		25	Lamoso Parada, Eduardo	SNM	38	13:36	21:12	30:16.25	30:01	05:43
130		7	Crespo Pérez, Ruben	SNM	39	14:45	22:34	30:35.49	30:33	05:46
131		303	Bermudez Bilbao, Antonio	V4M	5	14:15	22:40	30:38.48	30:35	05:47
132		93	Porteiro Fernández, César	V3M	6	14:39	22:45	30:48.00	30:34	05:49
133	20	153	Fariña Sousa, Noemí	SNF	2	14:25	22:37	30:48.71	30:40	05:49
134	21	214	Garcia Garcia, Maria Del Rocio	V1F	12	14:23	22:42	31:08.01	30:59	05:52
135	22	302	Rodriguez Sanchez, Esther	SNF	3	15:00	23:04	31:19.66	31:11	05:55
136	23	210	Gonzalez Pereira, Patricia	V1F	13	15:12	23:27	31:32.07	31:19	05:57
137	24	229	Aldama Moraza, Marian	V2F	6	15:09	23:28	31:36.17	31:31	05:58
138		67	Carballo Lois, Josiño	V1M	46	15:10	23:29	31:36.21	31:25	05:58
139		98	De Los Arcos Lage, Rafael	V4M	6	15:44	24:00	32:19.25	32:07	06:06
140	25	224	Vidal Rodriguez, Ester	V2F	7	14:59	23:31	32:45.25	32:35	06:11
141		87	Iglesias Penelas, José Manuel	V2M	19	15:00	23:32	32:45.70	32:35	06:11
142		91	Fernandez Rodriguez, Jose	V3M	7	15:59	24:39	33:35.39	33:22	06:20
143	26	225	Pérez Fontenla, Begoña	V2F	8	15:43	24:37	33:53.78	33:45	06:24
144	27	215	Guevara Portela, Fatima	V1F	14	15:56	25:15	35:04.55	34:52	06:37
145		47	Porto Sobral, Carlos	V1M	47	15:57	25:16	35:04.83	34:52	06:37
146	28	205	Bande Palmero, Vera	SNF	4	16:38	25:54	35:09.62	35:06	06:38
147	29	209	Rodríguez Taracido, Tania	SNF	5	16:18	25:55	35:10.19	34:58	06:38
148	30	230	Otero Gonzalez, Maria Amalia	V3F	2	16:32	26:04	35:40.55	35:28	06:44
149	31	211	Blanco Rodriguez, Iria	V1F	15	16:16	25:41	35:47.59	35:41	06:45
150		14	Míguez San Isidro, Benigno	SNM	40	17:02	26:36	36:12.06	35:59	06:50
151	32	217	Riobo Faraldo, Pilar	V1F	16	17:00	26:36	36:12.77	36:00	06:50
152	33	203	Parada Alonso, Sara	SNF	6	16:28	26:21	36:20.42	36:07	06:51

153		88	Rodríguez Vázquez, Bernardo	V3M	8	16:35	26:16	36:25.33	36:15	06:52
154	34	201	Barreiro Vaillant, Claudia	PRF	2	16:40	27:35	37:48.89	37:43	07:08