

# CRONOTEC

## III SAN SILVESTRE MURADANA

### Clasificación xeral

### Carrera principal

**Localidade** MUROS

**Data** 28/12/2024

**Hora** 12:00 PM

**Distancia** 5 Km

ORGANIZA: C.A.SERRES RUNNERS

CRONOMETRA: CRONOTEC

SISTEMA: CRONOMACH

CLASIFICACIÓNS: CRONOTEC-ES

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
1		9	RAMOS SAMBADE VICTOR	TRIKITEAM	MAS (1)	0:15:46	03:09
2		24	GARCIA GACIÑO ALBERTO	CYT	MAS (2)	0:16:16	03:15
3		22	PENA-MANSO CARRAL IÑAKI		MAS (3)	0:16:20	03:16
4		29	RIVEIRO LAMPON ALBERTO	ATLETISMO SAR	MAS (4)	0:16:37	03:19
5		30	FERNÁNDEZ GARCÍA MÍCHEL	S.D.BARBANTIA RODA	MAS (5)	0:16:43	03:20
6		10	OTERO LADO FERNANDO	TRIKI TEAM	MAS (6)	0:17:06	03:25
7		44	DOSIL LAGO MANUEL	C.C.MUROS TRIATLÓN	MAS (7)	0:17:18	03:27
8		14	MONTEAGUDO LAGO PABLO		MAS (8)	0:17:29	03:29
9		20	VALENCIA RODRIGUEZ CRISTIAN	C.A.R.MARISQUEIRO	MAS (9)	0:17:41	03:32
10		66	CANTARIÑO TAJES ALVARO	SERRES RUNNERS	MAS (10)	0:17:47	03:33
11		56	MANEIRO TORRES DAVID	SAUDE SPORT	MAS (11)	0:17:52	03:34
12		8	GONZÁLEZ LESTÓN HUGO	TRIKI TEAM	MAS (12)	0:18:00	03:36
13		46	GUSTAFSSON MARTIN	UMARA SPORTS CLUB	MAS (13)	0:18:04	03:36
14		16	WALDOMAR ARMAS KEVIN	TRIATLÓN RIANXO	MAS (14)	0:18:09	03:37
15		23	VÁZQUEZ TEIRA DAVID	CERVECERÍA O COTÓN NEGREIRA	MAS (15)	0:18:29	03:41
16		3	RAMOS SAMBADE GONZALO	TRIKITEAM	MAS (16)	0:18:32	03:42
17		5	IGLESIAS FERREIRO XOAN	ASOCIACION DEPORTIVO OLIMPIA	MAS (17)	0:18:33	03:42
18		83	FERNÁNDEZ LAGO JUAN CARLOS	SERRES RUNNERS	MAS (18)	0:18:39	03:43
19		58	LÓPEZ VÁZQUEZ JUAN ENRIQUE		MAS (19)	0:18:44	03:44
20		41	MELLA RAMA ALEX		MAS (20)	0:18:51	03:46
21		4	CASTRO HERNÁNDEZ MIGUEL ÁNG	SERRES RUNNERS	MAS (21)	0:19:11	03:50
22		59	FIGUEIRAS NÚÑEZ EDUARDO	CLUB TRIATLÓN CERVECERÍA O C	MAS (22)	0:19:27	03:53
23		6	GARCÍA FIGUEROA JESÚS	TRIKI TEAM	MAS (23)	0:19:35	03:55
24	1	108	FORMOSO RECAREY ALEJANDRA	TRIKI TEAM	FEM (1)	0:19:53	03:58
25		72	OTERO RAMA JUAN JOSE	TRIKI TEAM	MAS (24)	0:20:09	04:01
26		79	BARREIRO CORDEIRO JAVI	SERRES RUNNERS	MAS (25)	0:20:23	04:04
27		54	CERNADAS COBO NACHO		MAS (26)	0:20:41	04:08
28	2	142	MARTÍNEZ ANA	SERRES RUNNERS	FEM (2)	0:20:46	04:09
29		67	CASTRO PEREZ RAMON	BJ RUNING	MAS (27)	0:20:59	04:11
30		34	FERNÁNDEZ NIMO IVAN	SERRES RUNNERS	MAS (28)	0:20:59	04:11
31		42	PÉREZ MUROS SEBAS	SERRES RUNNERS	MAS (29)	0:21:02	04:12
32		47	TORRADO RIAL RICARDO		MAS (30)	0:21:06	04:13
33		65	NOVO MALVAREZ JUAN	INDEPENDENTE	MAS (31)	0:21:24	04:16
34	3	104	FORMOSO RECAREY EVA	TRIKI TEAM	FEM (3)	0:21:25	04:17

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
35		15	BAZARRA REQUENA IGNACIO		MAS (32)	0:21:53	04:22
36		71	SILVA GARCÍA FERNANDO	SERRES RUNNERS	MAS (33)	0:21:59	04:23
37		40	BABIO MONTERO GABRIEL	SERRES RUNNERS	MAS (34)	0:22:01	04:24
38	4	130	ATÁN BANESA	SERRES RUNNERS	FEM (4)	0:22:19	04:27
39		11	CALVO CORZÓN HUGO	INDEPENDIENTE	MAS (35)	0:22:22	04:28
40		82	CALVO CASTRO IVÁN	INDEPENDIENTE	MAS (36)	0:22:28	04:29
41		36	PIÑEIRO MONTEAGUDO LUCAS		MAS (37)	0:22:34	04:30
42		51	MARTÍNEZ LAGO NASO	SERRES RUNNERS	MAS (38)	0:22:57	04:35
43	5	141	MATOSIAN CARRERA MARÍA ALEJ	SD BARBANTIA RODA	FEM (5)	0:23:02	04:36
44		55	FEDERICO COTON RAMON		MAS (39)	0:23:04	04:36
45	6	103	PEREZ GARRIDO MACARENA		FEM (6)	0:23:13	04:38
46	7	153	SAMBADE LESTÓN LORETO	TRIKITEAM	FEM (7)	0:23:16	04:39
47		80	LAGO FERNANDEZ CHUS	SERRES RUNNERS	MAS (40)	0:23:35	04:43
48		26	SAMBADE SUAREZ JESÚS	SERRES RUNNERS	MAS (41)	0:23:40	04:44
49		25	ROMERO CHOUZA ÓSCAR		MAS (42)	0:23:40	04:44
50	8	129	ABEIJON OTERO INES		FEM (8)	0:23:57	04:47
51		75	FIGUEIRAS TOREA OSCAR	CLUB ATLETISMO OUTES	MAS (43)	0:24:21	04:52
52		63	LADO FIGUEIRAS ABEL	SERRES RUNNERS	MAS (44)	0:24:22	04:52
53		33	LAGO FIGUEROA SANTIAGO	SERRES RUNNERS	MAS (45)	0:24:22	04:52
54		48	EIRAS RIVADENEIRA CARLOS	SERRES RUNNERS	MAS (46)	0:24:33	04:54
55	9	146	CARAMÉS VILA NOA	S. D. BARBANTIA RODA	FEM (9)	0:24:44	04:56
56		2	MOSQUEIRA PARIS LEO		MAS (47)	0:24:44	04:56
57		43	TAJES CERNADAS RAUL	SERRES RUNNERS	MAS (48)	0:24:45	04:57
58		45	BARBÉ MARTÍN MIGUEL ANGEL	SERRES RUNNERS	MAS (49)	0:24:51	04:58
59		68	FERNÁNDEZ FERNÁNDEZ ALEXAN		MAS (50)	0:24:57	04:59
60		74	GONZÁLEZ-GARCÉS PÉREZ CARL		MAS (51)	0:24:57	04:59
61		76	CAAMAÑO SENDÓN TOMÁS	SERRES RUNNERS	MAS (52)	0:24:59	04:59
62	10	140	HENDRY LOUISE		FEM (10)	0:25:00	05:00
63		50	PEDROSA MAYO JOSE MANUEL		MAS (53)	0:25:01	05:00
64	11	123	GONZÁLEZ LESTÓN EVA	SERRES RUNNERS	FEM (11)	0:25:04	05:00
65	12	137	RIAL OTERO LORE	S.D. BARBANTIA RODA	FEM (12)	0:25:05	05:01
66		28	MAYO FERNANDEZ JUAN MANUEL	SERRES RUNNERS	MAS (54)	0:25:13	05:02
67		32	LOURO LARIÑO PESCO	SERRES RUNNERS	MAS (55)	0:25:13	05:02
68		17	GÓMEZ PÉREZ CRISTIAN JAVIER	NO	MAS (56)	0:25:23	05:04
69		69	MASEDA JUAN		MAS (57)	0:25:29	05:05
70	13	128	GALIANO LEIS BEATRIZ	SERRES RUNNERS	FEM (13)	0:25:35	05:07
71		90	PAIS FERNANDEZ MANUEL	SERRES RUNNERS	MAS (58)	0:25:35	05:07
72		49	GARZYA TONY	SERRES RUNNERS	MAS (59)	0:25:37	05:07
73	14	150	RODRÍGUEZ RUIZ RAQUEL		FEM (14)	0:25:50	05:10
74	15	154	LESTÓN VARA MANUELA	TRIKI TEAM	FEM (15)	0:25:52	05:10
75		53	LAGO FERREIRA ALBERTO	CH&CH	MAS (60)	0:25:58	05:11
76	16	131	BARREIRO FATIMA	SERRES RUNNERS	FEM (16)	0:25:59	05:11
77	17	117	CANDAMO LOURIDO MARIA	SERRES RUNNERS	FEM (17)	0:26:03	05:12
78		87	BARREIRO CERNADAS JOSÉ RAM	ATLETISMO OUTES	MAS (61)	0:26:03	05:12
79		64	MONTEAGUDO FERNÁNDEZ JUAN	SERRES RUNNERS	MAS (62)	0:26:08	05:13
80		37	LAMELA MARTÍNEZ DENÍS		MAS (63)	0:26:09	05:13
81		18	FIGUEIRAS ALEJANDRO	SERRES RUNNERS	MAS (64)	0:26:25	05:17
82		1	LUCES TAJES MANUEL	SERRES RUNNERS	MAS (65)	0:26:28	05:17
83	18	149	ROMERO ROMERO MARI	CC MUROS	FEM (18)	0:26:44	05:20

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
84		70	<b>GARCÍA DOSIL MINGOTE</b>	CC MUROS	MAS (66)	<b>0:26:45</b>	05:21
85		86	<b>PEREZ MONTESDEOCA LUIS</b>	CHICHO Y SUS TERREMOTOS	MAS (67)	<b>0:27:01</b>	05:24
86		81	<b>MAYO CAAMAÑO JOSÉ MANUEL</b>	VENDAVAL ESTEIRO	MAS (68)	<b>0:27:05</b>	05:25
87	19	112	<b>RÍOS VÁZQUEZ TERESA</b>		FEM (19)	<b>0:27:28</b>	05:29
88	20	115	<b>RÍOS VÁZQUEZ ALEJANDRA</b>		FEM (20)	<b>0:27:28</b>	05:29
89	21	156	<b>PARÍS ESMORIS CONCHA</b>	SERRES RUNNERS	FEM (21)	<b>0:27:31</b>	05:30
90	22	147	<b>BARREIROS GONZALEZ PEPI</b>	SERRES RUNNERS	FEM (22)	<b>0:27:31</b>	05:30
91	23	135	<b>CERNADAS LAGO PAULA</b>	SERRES RUNNERS	FEM (23)	<b>0:27:33</b>	05:30
92	24	134	<b>PARÍS LAGO LAURA</b>	SERRES RUNNERS	FEM (24)	<b>0:27:33</b>	05:30
93	25	114	<b>CASTRO SUAREZ YASIRA</b>		FEM (25)	<b>0:27:43</b>	05:32
94	26	136	<b>BERMÚDEZ CAAMAÑO MÓNICA</b>	SERRES RUNNERS	FEM (26)	<b>0:27:54</b>	05:34
95		13	<b>OTERO TROITIÑO LUIS</b>		MAS (69)	<b>0:28:11</b>	05:38
96	27	111	<b>HERMIDA VÁZQUEZ SOFIA</b>		FEM (27)	<b>0:28:18</b>	05:39
97	28	162	<b>GARCIA PEREIRA ROSA MARIA</b>		FEM (28)	<b>0:28:37</b>	05:43
98		88	<b>POUSO MANEIRO JOSÉ</b>		MAS (70)	<b>0:28:38</b>	05:43
99		7	<b>PORRUA MARTINEZ ALEJANDRO</b>		MAS (71)	<b>0:28:39</b>	05:43
100	29	101	<b>FERNANDEZ ESMORIS PAULA</b>	SERRES RUNNERS	FEM (29)	<b>0:29:07</b>	05:49
101		78	<b>FERNÁNDEZ LUCES CASTOR</b>	SERRES RUNNERS	MAS (72)	<b>0:29:09</b>	05:49
102		61	<b>SEIJAS BUA DAVID</b>	SERRES RUNNERS	MAS (73)	<b>0:29:11</b>	05:50
103		19	<b>DOSIL SENRA SERGIO</b>		MAS (74)	<b>0:29:22</b>	05:52
104	30	126	<b>RODRÍGUEZ FIGUEIRAS SANDRA</b>		FEM (30)	<b>0:29:48</b>	05:57
105	31	125	<b>RODRÍGUEZ FIGUEIRAS LAURA</b>		FEM (31)	<b>0:29:48</b>	05:57
106	32	118	<b>LEÓN PARÍS BERTA</b>		FEM (32)	<b>0:30:05</b>	06:01
107		21	<b>PRIEGUE MAYO XABIER</b>		MAS (75)	<b>0:30:06</b>	06:01
108	33	138	<b>CASTRO SANDRA</b>	SERRES RUNNERS	FEM (33)	<b>0:30:07</b>	06:01
109	34	116	<b>ROMERO CHOUZA SARA</b>	SERRES RUNNERS	FEM (34)	<b>0:30:09</b>	06:01
110	35	159	<b>FORMOSO FERNÁNDEZ MARIA JO</b>	SERRES RUNNERS	FEM (35)	<b>0:30:12</b>	06:02
111	36	132	<b>TAJES FERNANDEZ PACUCHA</b>	SERRES RUNNERS	FEM (36)	<b>0:30:14</b>	06:02
112		85	<b>BAZARRA RODRIGUEZ IGNACIO</b>		MAS (76)	<b>0:30:16</b>	06:03
113	37	121	<b>DOSIL CONCHAS MARÍA</b>	SERRES RUNNERS	FEM (37)	<b>0:30:17</b>	06:03
114	38	120	<b>FERNÁNDEZ FERNÁNDEZ MARÍA</b>		FEM (38)	<b>0:30:45</b>	06:09
115	39	124	<b>FIGUEROA GARCÍA ALBA</b>	SERRES RUNNERS	FEM (39)	<b>0:30:46</b>	06:09
116	40	161	<b>MARTINEZ YAÑEZ JOSEFA</b>	CHICHO Y SUS TERREMOTOS	FEM (40)	<b>0:30:53</b>	06:10
117	41	122	<b>BAZARRA REQUENA MARINA</b>		FEM (41)	<b>0:31:21</b>	06:16
118	42	145	<b>RODRÍGUEZ SARMIENTO LELE</b>	ASOCIACIÓN BJ RUNNING TEAM	FEM (42)	<b>0:31:22</b>	06:16
119	43	152	<b>CASTRO PÉREZ MARIA TERESA</b>	BJ RUNNING	FEM (43)	<b>0:31:22</b>	06:16
120		35	<b>VARELA PAZOS ADRIAN</b>	SERRES RUNNERS	MAS (77)	<b>0:31:27</b>	06:17
121		84	<b>FERNÁNDEZ MARTÍNEZ JOAQUÍN</b>	SERRES RUNNERS	MAS (78)	<b>0:31:28</b>	06:17
122	44	113	<b>LESTÓN PÉREZ TANIA</b>		FEM (44)	<b>0:31:45</b>	06:21
123	45	110	<b>LÓPEZ BRIANNA</b>		FEM (45)	<b>0:31:46</b>	06:21
124		89	<b>PEREZ LOPEZ JOSE ANTONIO</b>		MAS (79)	<b>0:32:38</b>	06:31
125		77	<b>IGLESIAS TRILLO JUAN</b>		MAS (80)	<b>0:32:39</b>	06:31
126	46	107	<b>CAROU TOREA ALBA</b>	CAROUS	FEM (46)	<b>0:32:58</b>	06:35
127		73	<b>CAROU FERNÁNDEZ JOSE RAMÓN</b>	O TREITO	MAS (81)	<b>0:32:59</b>	06:35
128	47	157	<b>FERNANDEZ TINA</b>	SERRES RUNNERS	FEM (47)	<b>0:33:23</b>	06:40
129	48	163	<b>FERNÁNDEZ FERNÁNDEZ AMALIA</b>	SERRES RUNNERS	FEM (48)	<b>0:33:24</b>	06:40
130	49	155	<b>LESTON CAAMAÑO ROSALIA</b>	SERRES RUNNERS	FEM (49)	<b>0:33:36</b>	06:43
131	50	160	<b>REQUENA AYUSO ESTHER</b>		FEM (50)	<b>0:33:37</b>	06:43
132	51	139	<b>BREA TOREA TANIA</b>	SERRES RUNNERS	FEM (51)	<b>0:34:11</b>	06:50

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
133	52	158	<b>CREO CAAMAÑO PATRICIA</b>		FEM (52)	<b>0:34:13</b>	06:50
134	53	148	<b>SILVA MARTINEZ LAURA</b>	ASOCIACIÓN BJ RUNNING TEAM	FEM (53)	<b>0:34:54</b>	06:58
135	54	119	<b>RODRÍGUEZ GARCÍA IRIA MARÍA</b>		FEM (54)	<b>0:34:54</b>	06:58
136		62	<b>VILARIÑO ABEIJON LOIS</b>	ASOCIACIÓN BJ RUNNING TEAM	MAS (82)	<b>0:34:55</b>	06:59
137	55	144	<b>FRECHA ARUFE MARÍA</b>		FEM (55)	<b>0:34:55</b>	06:59
138		27	<b>MACEIRAS FIGUEIRAS ADRIÁN</b>		MAS (83)	<b>0:34:56</b>	06:59