

CRONOTEC

III CARREIRA DA MULLER-5K

Clasificación xeral

Carrera principal

Localidade PONTEVEDRA

Data 04/05/2024

Hora 12:00 PM

Distancia 5 Km

Diario de Pontevedra y la Agrupación Deportiva HQR!

Cronometra: Cronotec

Sistema: Cronomach

Clasificacions: www.cronotec.es

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
1	1	194	PAULA ROSALES ROSALES	CLUB DEPORTIVO PINARIUM	M40 (1)	0:18:54	03:46
2	2	306	MERCEDES PAZ VALLE		M45 (1)	0:19:54	03:58
3	3	48	MANUELA MONTES MAÇADA	OS CORREDORES DO INFERNO	SNR (1)	0:19:55	03:59
4	4	99	YULIIA BOKHINSKA	OS CORREDORES DO INFERNO	SNR (2)	0:20:12	04:02
5	5	75	ESTEFANÍA MURAS SERANTES	OS CORREDORES DO INFERNO	SNR (3)	0:20:15	04:03
6	6	379	JOSEFA TRABAZO GARCIA	PONTE A CORRER	M55 (1)	0:20:15	04:03
7	7	11	ERIKA SOUTO BAQUEIRO	SOCIEDAD GIMNÁSTICA DE PONTE	SNR (4)	0:20:19	04:03
8	8	506	AINHOA LÓPEZ FIEL		SNR (5)	0:20:38	04:07
9	9	278	EMILIA VIDAL LORENZO	MÁIS QUE AUGA	M45 (2)	0:20:49	04:09
10	10	361	MARÍA TERESA SUÁREZ VILA		M50 (1)	0:21:04	04:12
11	11	247	MARTA FERRO NIETO	PINARIUM	M40 (2)	0:21:33	04:18
12	12	51	MARINA CUEVAS VIDAL	OS CORREDORES DO INFERNO	SNR (6)	0:21:37	04:19
13	13	44	ANA AMATRIA BARRAL		SNR (7)	0:22:06	04:25
14	14	7	CARLA SEIJO CEREIJO		PRM-A (1)	0:22:40	04:32
15	15	26	SARA MOURIÑO LORENZO		SNR (8)	0:22:50	04:34
16	16	127	TANIA GARCÍA FERNÁNDEZ		SNR (9)	0:22:51	04:34
17	17	126	SALETA ABOY PAZOS		SNR (10)	0:22:52	04:34
18	18	158	JOHANNA RODRÍGUEZ LEAL		M35 (1)	0:23:12	04:38
19	19	168	JAZMIN NEIRA		M35 (2)	0:23:17	04:39
20	20	38	NEREA GARCÍA ABILLEIRA		SNR (11)	0:23:19	04:39
21	21	240	LUCÍA JUEGUEN ROMERO		M40 (3)	0:23:23	04:40
22	22	61	SARAI REY BARROS		SNR (12)	0:23:24	04:40
23	23	24	PILAR FERNANDEZ GARCIA		SNR (13)	0:23:58	04:47
24	24	87	ALICIA REYES RODRÍGUEZ		SNR (14)	0:23:59	04:47
25	25	147	ANDREA VARELA RIVERA		M35 (3)	0:24:00	04:48
26	26	27	MARTA RIVEIRO TENORIO		SNR (15)	0:24:01	04:48
27	27	14	CELIA LIMA LUACES		SNR (16)	0:24:15	04:51
28	28	43	DINA MARTÍNEZ COLLADO		SNR (17)	0:24:31	04:54
29	29	179	NIEVES RODRIGUEZ BASTON		M40 (4)	0:24:39	04:55
30	30	63	MARÍA INÉS VÁZQUEZ MOSCONI		SNR (18)	0:24:40	04:56
31	31	132	MARIA IGLESIAS MOSCONI		M35 (4)	0:24:42	04:56
32	32	133	SONIA RUIBAL CASALDERREY		M35 (5)	0:24:46	04:57
33	33	74	ESPERANZA VENTOSO LÓPEZ		SNR (19)	0:24:47	04:57
34	34	69	PAULA OUBIÑA MARIÑO		SNR (20)	0:24:49	04:57

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
35	35	28	ANA RODRÍGUEZ CARBALLA		SNR (21)	0:24:52	04:58
36	36	165	ALEXIA PALACIOS CIDRAS		M35 (6)	0:24:55	04:59
37	37	507	ANA ISABEL PÉREZ COMESAÑA		M45 (3)	0:25:02	05:00
38	38	34	IRENE FERNÁNDEZ		SNR (22)	0:25:04	05:00
39	39	175	LAURA GARCÍA FERRO		M40 (5)	0:25:06	05:01
40	40	31	SABELA JARDÓN JARDÓN		SNR (23)	0:25:08	05:01
41	41	254	CRISTINA GARCÍA JUANATEY		M45 (4)	0:25:10	05:02
42	42	524	SILVIA OMIL IGLESIAS		M45 (5)	0:25:11	05:02
43	43	161	MARTA SANCHO ESTEVEZ		M35 (7)	0:25:12	05:02
44	44	224	SUSANA CLEMENTE GARCIA	TENORIO RURAL BOOTCAMP	M40 (6)	0:25:31	05:06
45	45	79	BEATRIZ GÓMEZ CORTÉS		SNR (24)	0:25:33	05:06
46	46	228	MILI CORDAL MARTÍNEZ		M40 (7)	0:25:35	05:07
47	47	449	IRENE PINTOS ROSALES		SNR (25)	0:25:36	05:07
48	48	216	PALOMA CASTRO REY		M40 (8)	0:25:36	05:07
49	49	302	MARÍA DEL CARMEN CANE CLEME	TENORIO RURAL BOOTCAMP	M45 (6)	0:25:37	05:07
50	50	123	MARÍA PIÑEIRO VILAR		SNR (26)	0:25:46	05:09
51	51	353	MARÍA DEL PILAR PASTORIZA PIÑ	GALAICAS BUEU	M50 (2)	0:25:47	05:09
52	52	71	ANA SENRA PAZ		SNR (27)	0:25:48	05:09
53	53	284	CECILIA PREGO RODRÍGUEZ		M45 (7)	0:26:01	05:12
54	54	3	NOELIA QUIÑONES SUÁREZ	SOCIEDAD GIMNÁSTICA PONTEVE	PRM-A (2)	0:26:04	05:12
55	55	311	ALICIA SUÁREZ OTERO		M45 (8)	0:26:04	05:12
56	56	262	BELÉN LÓPEZ GARZA		M45 (9)	0:26:19	05:15
57	57	329	CHARO CARBALLO RÚA		M50 (3)	0:26:27	05:17
58	58	15	LUNA ALONSO PEREIRA		SNR (28)	0:26:40	05:20
59	59	374	ESTHER PEREIRA ACUÑA		M55 (2)	0:26:42	05:20
60	60	366	RITA GARCÍA TRABAZO		M50 (4)	0:26:43	05:20
61	61	206	ANA PASCUAL FORMOSO		M40 (9)	0:26:52	05:22
62	62	108	REBECA FILGUEIRA CONDE		SNR (29)	0:26:55	05:23
63	63	134	MARILÓ RODRÍGUEZ SALAS		M35 (8)	0:27:04	05:24
64	64	404	MARIA CARMEN ROCHA CRUCES	C.A.R.MARISQUEIRO	M55 (3)	0:27:10	05:26
65	65	19	SARA IGLESIAS GÓMEZ		SNR (30)	0:27:16	05:27
66	66	16	SARA LORENZO FRAG		SNR (31)	0:27:16	05:27
67	67	72	ALEXANDRA MARTÍNEZ BARROS		SNR (32)	0:27:17	05:27
68	68	49	RAQUEL FERNÁNDEZ PADRÓN		SNR (33)	0:27:19	05:27
69	69	236	MARÍA DOPAZO	BJ RUNNING TEAM	M40 (10)	0:27:23	05:28
70	70	267	MARÍA JESÚS GRANDAL SOUTO		M45 (10)	0:27:25	05:29
71	71	345	INMACULADA FONTARIGO SANRO		M50 (5)	0:27:27	05:29
72	72	253	ESTHER LORENZO OUTON		M45 (11)	0:27:32	05:30
73	73	313	MARÍA ELENA MORALES AYALA		M45 (12)	0:27:33	05:30
74	74	9	EVA ROMÁN TEIJEIRO		PRM-B (1)	0:27:40	05:32
75	75	120	LAURA RODRÍGUEZ RODRÍGUEZ		SNR (34)	0:27:40	05:32
76	76	283	BEA GARCIA REGUEIRA		M45 (13)	0:27:40	05:32
77	77	202	LUCIA IGLESIAS CANGAS		M40 (11)	0:27:42	05:32
78	78	152	TAMARA CARRERA TAIBO		M35 (9)	0:27:43	05:32
79	79	193	TANIA BLANCO ABILLEIRA		M40 (12)	0:27:44	05:32
80	80	90	MARÍA MENDEZ CACABELOS		SNR (35)	0:27:45	05:33
81	81	52	LUCIA LINARES OBARRIO		SNR (36)	0:27:49	05:33
82	82	110	CRISTINA GARCÍA CARBALLO		SNR (37)	0:27:52	05:34
83	83	501	MARIA ROSA FERNÁNDEZ VARELA		M55 (4)	0:27:52	05:34

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
84	84	89	LAURA JUNCAL PÁJARO		SNR (38)	0:27:53	05:34
85	85	42	SARAI LAGOS RODRÍGUEZ		SNR (39)	0:28:00	05:36
86	86	29	ELVA TORRES ESPERÓN		SNR (40)	0:28:03	05:36
87	87	181	MARÍA COVADONGA BARREIRO R		M40 (13)	0:28:05	05:37
88	88	143	LARA BENDAÑA GARCÍA		M35 (10)	0:28:11	05:38
89	89	140	EVA MARIA FEIJOO VALENCIA		M35 (11)	0:28:18	05:39
90	90	221	MÍRIAM CHAPELA GARCÍA	GALAICAS BUEU	M40 (14)	0:28:19	05:39
91	91	422	ASUNCIÓN OSSORIO TERRON	ATHLETICS FISIOTERAPIA SAN LAZ	M60 (1)	0:28:24	05:40
92	92	93	CLARA RODRÍGUEZ DÍAZ		SNR (41)	0:28:25	05:41
93	93	397	YOLANDA PENAS LOUZAO		M55 (5)	0:28:25	05:41
94	94	98	MARLENE VARELA SANMARTIN		SNR (42)	0:28:25	05:41
95	95	349	CRUZ PARDAL PARDAL		M50 (6)	0:28:27	05:41
96	96	12	INÉS SOTO RODRÍGUEZ		SNR (43)	0:28:31	05:42
97	97	504	MANUELA ROSALES PIÑEIRO		M40 (15)	0:28:41	05:44
98	98	395	HERMITAS CARABELOS ACUÑA		M55 (6)	0:28:41	05:44
99	99	149	MURIVA PIÑEIRO YORK	ICACTIVE ENTRENAMIENTO	M35 (12)	0:28:51	05:46
100	100	33	NURIA ERSELLE MARTINEZ		SNR (44)	0:28:52	05:46
101	101	37	NOELIA FRAGA RIVERA		SNR (45)	0:28:52	05:46
102	102	82	SARA GALLEGRO PIÑEIRO		SNR (46)	0:28:52	05:46
103	103	380	SOLEDAD GONZÁLEZ AREN		M55 (7)	0:28:54	05:46
104	104	388	EMILIA FERNANDEZ GOCE		M55 (8)	0:28:55	05:47
105	105	55	ELENA FRAGUAS IGLESIAS	TENORIO RURAL BOOTCAMP	SNR (47)	0:28:59	05:47
106	106	371	ROSARIO ALFONSIN VILLAR		M55 (9)	0:29:06	05:49
107	107	412	MERCEDES COUTO TROITIÑO		M60 (2)	0:29:06	05:49
108	108	245	SILVIA ENTENZA RODRÍGUEZ	GALAICAS BUEU	M40 (16)	0:29:10	05:50
109	109	330	ANA MARÍA CHAN DUARTE		M50 (7)	0:29:14	05:50
110	110	80	EVA CAMIÑA CANNAS		SNR (48)	0:29:16	05:51
111	111	100	MAR LÓPEZ RODRÍGUEZ		SNR (49)	0:29:17	05:51
112	112	73	ALBA ARIAS PINTOS		SNR (50)	0:29:18	05:51
113	113	146	ANDREA GONZALEZ PETEIRO		M35 (13)	0:29:19	05:51
114	114	81	MARÍA MONTALVAN		SNR (51)	0:29:28	05:53
115	115	45	MIRELLY CHAFLOQUE LUDEÑA		SNR (52)	0:29:28	05:53
116	116	528	VERÓNICA VIDAL ÁLVAREZ		M40 (17)	0:29:29	05:53
117	117	129	PAULA GARCIA CARBALLAL		M35 (14)	0:29:29	05:53
118	118	529	DOLORES BLANCO FERNÁNDEZ		M45 (14)	0:29:31	05:54
119	119	41	RAQUEL MIRANDA SIEIRO		SNR (53)	0:29:32	05:54
120	120	39	SARA FLORES RODRÍGUEZ		SNR (54)	0:29:33	05:54
121	121	340	ANA PAVÓN LORES	TEAMDENAI	M50 (8)	0:29:36	05:55
122	122	150	KARINA VARELA SANMARTIN		M35 (15)	0:29:37	05:55
123	123	271	MARÍA JOSÉ SANMARTÍN ARZUA		M45 (15)	0:29:47	05:57
124	124	212	MARIA CONCEPCIÓN PÉREZ NÚÑE		M40 (18)	0:29:49	05:57
125	125	272	MARÍA TERESA CEREIJO MÉNDEZ		M45 (16)	0:29:50	05:58
126	126	176	KIMBERLY CRUZ		M40 (19)	0:29:54	05:58
127	127	105	MELODY TORRES		SNR (55)	0:29:55	05:59
128	128	97	NATALIA LESTÓN BAUTISTA		SNR (56)	0:30:04	06:00
129	129	346	MÓNICA SÁNCHEZ BLANCO		M50 (9)	0:30:09	06:01
130	130	260	MARIA ARACELI IGLESIAS FRANG		M45 (17)	0:30:12	06:02
131	131	122	SUSANA FERREIRA RODRIGUEZ		SNR (57)	0:30:12	06:02
132	132	68	AINHOA GARCÍA BARRAGÁNS		SNR (58)	0:30:13	06:02

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
133	133	125	CRISTINA IGLESIAS FRANGANILLO		SNR (59)	0:30:13	06:02
134	134	370	MARÍA ISABEL MUÑIZ MOLDES		M50 (10)	0:30:15	06:03
135	135	304	PAULA MARÍA LÓPEZ ÁLVAREZ		M45 (18)	0:30:17	06:03
136	136	199	PILAR CORTEGOSO POCEIRO	TENORIO RURAL BOOTCAMP	M40 (20)	0:30:24	06:04
137	137	142	AZAHARA INFANTES MARTÍN		M35 (16)	0:30:42	06:08
138	138	173	OLALLA CORTIZO ESTEVEZ		M35 (17)	0:30:43	06:08
139	139	512	JULIETA BORRE SOTO		SNR (60)	0:30:44	06:08
140		522	Dorsal sin registrar		??????	0:30:47	06:09
141	140	521	LOLA PAZOS VALDÉS		SNR (61)	0:30:49	06:09
142	141	362	SONIA LOIRA CIDRÁS		M50 (11)	0:31:09	06:13
143	142	406	MARTA DÍAZ CARRERAS		M55 (10)	0:31:18	06:15
144	143	392	MARIA CARMEN ARGIBAY PAZOS		M55 (11)	0:31:20	06:16
145	144	78	MARTA MARTINEZ FEJOO		SNR (62)	0:31:21	06:16
146	145	309	REYES MONTES ALVARELLOS		M45 (19)	0:31:22	06:16
147	146	188	RAQUEL ÁLVAREZ PÉREZ	RÍAS BAIXAS	M40 (21)	0:31:23	06:16
148	147	383	ANA ISABEL CID POUSADA		M55 (12)	0:31:23	06:16
149	148	263	ROCIO MOURIN GARRIDO	CLUB ATLETISMO RIAS BAIXAS	M45 (20)	0:31:24	06:16
150	149	124	SARA ARAUJO OTERO		SNR (63)	0:31:24	06:16
151	150	57	ARIANA PÉREZ RODRÍGUEZ		SNR (64)	0:31:24	06:16
152	151	270	MERCEDES FAYOS		M45 (21)	0:31:24	06:16
153	152	62	NOELA RIOBÓ MAYO		SNR (65)	0:31:26	06:17
154	153	84	ANJARA CAMPOS COSTAS		SNR (66)	0:31:28	06:17
155	154	297	RAQUEL MARTÍNEZ ÁLVAREZ	GALAICAS BUEU	M45 (22)	0:31:28	06:17
156	155	58	ALICIA CAMPOS COSTAS		SNR (67)	0:31:29	06:17
157	156	114	RAQUEL SOTO FORMIGO		SNR (68)	0:31:29	06:17
158	157	269	ESTÍBALIZ GARCÍA NOVAS		M45 (23)	0:31:42	06:20
159	158	525	CRISTINA ÁLVAREZ CASTRO		M55 (13)	0:31:45	06:21
160	159	220	SIMONE LOURENÇO GREGORIO		M40 (22)	0:31:49	06:21
161	160	234	ESTEFANÍA LÓPEZ BARROS		M40 (23)	0:31:49	06:21
162	161	503	CARMEN MADUEÑO NUÑEZ		M45 (24)	0:31:57	06:23
163	162	322	RAQUEL CASTRO		M50 (12)	0:31:58	06:23
164	163	519	DANIELA GAGO MONTES		SNR (69)	0:32:01	06:24
165	164	515	FLAVIA OLTRA MARTÍNEZ		SNR (70)	0:32:02	06:24
166	165	514	VICTORIA OLTRA MARTÍNEZ		SNR (71)	0:32:03	06:24
167	166	351	NARCIZA EULALIA CEVALLOS ARÉ		M50 (13)	0:32:10	06:26
168	167	509	YOLANDA CASAL SABARIS		M45 (25)	0:32:11	06:26
169	168	510	SANDRA VILA DIOS		M45 (26)	0:32:12	06:26
170	169	233	NOEMÍ GARRIDO MADARNÁS		M40 (24)	0:32:12	06:26
171	170	328	NIEVES BLANCO GONZÁLEZ	URBANIZACIÓN CONDE BUGALLAL	M50 (14)	0:32:13	06:26
172	171	312	ALICIA SOUTO COUTO		M45 (27)	0:32:13	06:26
173	172	215	MERCEDES VAZQUEZ LANDÍN		M40 (25)	0:32:17	06:27
174	173	86	LARA RODRIGUEZ	MENDUIÑAS	SNR (72)	0:32:21	06:28
175	174	117	SABELA CÓRDOBA TORRECILLA		SNR (73)	0:32:22	06:28
176	175	30	ALBA GONZALEZ MENDUIÑA	MENDUIÑAS	SNR (74)	0:32:23	06:28
177	176	192	ELENA PAZ GARCIA	MENDUIÑAS	M40 (26)	0:32:25	06:29
178	177	92	ANDREA SAYANS RIVEIRO		SNR (75)	0:32:25	06:29
179	178	154	NOA GOMES GARCIA		M35 (18)	0:32:27	06:29
180	179	310	CHARO VIDAL ARRIBAS		M45 (28)	0:32:33	06:30
181	180	13	MARÍA BLANCO TILVE		SNR (76)	0:32:34	06:30

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
182	181	516	ANA AGUILERA GAGO		M45 (29)	0:32:39	06:31
183	182	517	AITANA TEIRA AGUILERA		SNR (77)	0:32:42	06:32
184	183	59	RAQUEL FREIRE VIÑAS		SNR (78)	0:32:49	06:33
185	184	440	MARÍA ISABEL TORRES GARCÍA		M65 (1)	0:32:56	06:35
186	185	377	IRENE PARADA GARCIA		M55 (14)	0:32:59	06:35
187	186	252	MARÍA LUISA RODRÍGUEZ VILLAVE		M45 (30)	0:33:03	06:36
188	187	109	MELISA PARDELLAS PÉREZ		SNR (79)	0:33:08	06:37
189	188	95	ANA SOUTO PÉREZ		SNR (80)	0:33:14	06:38
190	189	396	ÁNGELES COCHÓN GÓMEZ		M55 (15)	0:33:15	06:39
191	190	18	ANDREA PIN LAGE		SNR (81)	0:33:21	06:40
192	191	40	CAROLINA BLANCO CASADO		SNR (82)	0:33:23	06:40
193	192	360	MARIA E. GARCÍA TORRES		M50 (15)	0:33:25	06:41
194	193	364	VIVIANA ESTHER LOCCISANO PER		M50 (16)	0:33:31	06:42
195	194	368	ISABEL VILLANUEVA PIÑEIRO		M50 (17)	0:33:39	06:43
196	195	531	IRENE PONBTEVEDRA MAROÑO		M40 (27)	0:33:43	06:44
197	196	527	LAURA BARCALA CARRIL		M40 (28)	0:33:47	06:45
198	197	204	MIRIAM LÓPEZ FERNÁNDEZ	-	M40 (29)	0:33:59	06:47
199	198	289	BLANCA FLOR LÓPEZ MARTÍNEZ		M45 (31)	0:34:04	06:48
200	199	207	PATRICIA CASTAÑO NOVOA	TENORIO RURAL BOOTCAMP	M40 (30)	0:34:06	06:49
201	200	251	ANA BELÉN ALONSO SOLLA		M45 (32)	0:34:07	06:49
202	201	256	MARÍA RIAL BUCETA-VILLANUEVA		M45 (33)	0:34:08	06:49
203	202	296	MARÍA JOSÉ SANDE SUÁREZ		M45 (34)	0:34:09	06:49
204	203	295	GLORIA VILAR CRESPO		M45 (35)	0:34:11	06:50
205	204	427	ROSA GARCÍA		M60 (3)	0:34:37	06:55
206	205	298	MARILUZ LOPEZ OBERMEIER		M45 (36)	0:34:43	06:56
207	206	137	ELOÍSA NOGUEIRA GARRIDO		M35 (19)	0:34:46	06:57
208	207	307	MAITE ROSALES ALDAO		M45 (37)	0:34:52	06:58
209	208	268	BEGOÑA DAVID GARRIDO		M45 (38)	0:34:52	06:58
210	209	359	ESMERALDA PARRA FERNANDEZ		M50 (18)	0:35:05	07:01
211	210	208	SARA CONDE-VALVIS		M40 (31)	0:35:07	07:01
212	211	391	BEATRIZ CORTÉS DONSIÓN		M55 (16)	0:35:38	07:07
213	212	36	LARA GÓMEZ CORTÉS		SNR (83)	0:35:38	07:07
214	213	387	PURIFICACIÓN PADRÓN FERNÁND		M55 (17)	0:35:41	07:08
215	214	408	MARINA DOLORES LÓPEZ FERREI		M55 (18)	0:35:41	07:08
216	215	70	TANIA QUINTÁ FERNÁNDEZ		SNR (84)	0:35:53	07:10
217	216	171	NOELIA BARROS ÁLVAREZ		M35 (20)	0:35:56	07:11
218	217	144	LAURA GONZÁLEZ RODRIGUEZ		M35 (21)	0:35:58	07:11
219	218	229	JESSICA REBOREDO CASAL		M40 (32)	0:36:10	07:14
220	219	277	LIDIA MARIA GRAÑA SOBRAL		M45 (39)	0:36:16	07:15
221	220	356	MARÍA ISABEL BLANCO LORENTE		M50 (19)	0:36:19	07:15
222	221	156	VANESA SILVA CASTESANA		M35 (22)	0:36:19	07:15
223	222	96	MILA RODRÍGUEZ MEIJUEIRO		SNR (85)	0:36:20	07:16
224	223	56	LAURA PEREZ ALFONSIN		SNR (86)	0:37:06	07:25
225	224	372	MARÍA ESTHER BLANCO PIAY		M55 (19)	0:37:09	07:25
226	225	382	Mª SALOMÉ CANCELA ROMERO		M55 (20)	0:37:10	07:26
227	226	241	MARÍA LUZ VARGAS GIL		M40 (33)	0:37:22	07:28
228	227	196	SEILA TORRES LANDIN	TENORIO RURAL BOOT CAMP	M40 (34)	0:37:24	07:28
229	228	211	SABELA VIDAL LOUREIRO		M40 (35)	0:37:40	07:32
230	229	430	MANUELA FREIRE VILLEGAS		M60 (4)	0:37:53	07:34

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
231	230	231	MARÍA JOSÉ PÉREZ BARREIRO		M40 (36)	0:37:53	07:34
232	231	162	ROCIO FRAGA AMBOAGE	TENORIO RURAL BOOTCAMP	M35 (23)	0:38:01	07:36
233	232	189	PATRICIA FERNÁNDEZ GARCÍA		M40 (37)	0:38:02	07:36
234	233	185	CRISTINA FERNÁNDEZ GÓMEZ	TENORIO RURAL BOOTCAMP	M40 (38)	0:38:06	07:37
235	234	350	ROSA MARÍA CRUZ MARTÍNEZ	GALAICAS BUEU	M50 (20)	0:38:38	07:43
236	235	511	PATRICIA SOTO TABOAS		M40 (39)	0:38:39	07:43
237	236	286	GUADALUPE AGULLA SANTOS	GALAICAS BUEU	M45 (40)	0:38:39	07:43
238	237	513	SARA MARTINEZ RODRIGUEZ		M45 (41)	0:38:43	07:44
239	238	518	ALEJANDRA MONTES FILGUEIRA		M45 (42)	0:38:44	07:44
240	239	433	ROSA MARIA PAZ MATALOBOS		M65 (2)	0:38:53	07:46
241	240	160	MARÍA DEL CARMEN GARCÍA REY		M35 (24)	0:38:58	07:47
242	241	237	RUTH NOVOA BARREIRO		M40 (40)	0:39:27	07:53
243	242	424	JULIA PIÑEIRO ESTEVEZ		M60 (5)	0:39:49	07:57
244	243	243	ROCIO RODRÍGUEZ LÓPEZ		M40 (41)	0:39:54	07:58
245	244	239	ARGELIA MARTINEZ FERNÁNDEZ	TENORIO RURAL BOOTCAMP	M40 (42)	0:40:03	08:00
246	245	227	NATIVIDAD PICHEL PICHEL	TENORIO RURAL BOOT CAMP	M40 (43)	0:40:05	08:01
247	246	367	YAMELI MANDEZ MENDOZA		M50 (21)	0:40:06	08:01
248	247	94	BEATRIZ VÁZQUEZ REINALDO		SNR (87)	0:40:08	08:01
249	248	203	AINHOA FONTÁN OMIL		M40 (44)	0:40:09	08:01
250	249	201	ALEXANDRA LAGO CHAN		M40 (45)	0:40:09	08:01
251	250	200	BEATRIZ PORTELA		M40 (46)	0:40:12	08:02
252	251	157	ANA KARINA JEREZ		M35 (25)	0:40:26	08:05
253	252	414	MARÍA JOSÉ GÓMEZ MARTÍNEZ		M60 (6)	0:40:36	08:07
254	253	425	MARIA ESTHER LÓPEZ EIRIN		M60 (7)	0:40:43	08:08
255	254	405	PILAR BLANCO TORRES		M55 (21)	0:41:02	08:12
256	255	355	NELY COMESAÑA		M50 (22)	0:41:02	08:12
257	256	290	LAURA VÁZQUEZ TORRES		M45 (43)	0:41:32	08:18
258	257	530	SILVIA MARTINEZ VELOSO		M40 (47)	0:42:06	08:25
259	258	300	PATRICIA MARTÍNEZ MILLAN		M45 (44)	0:42:12	08:26
260	259	287	BEATRIZ PEREZ TILVE	INDIVIDUAL	M45 (45)	0:42:13	08:26
261	260	357	PAULA REY PIÑEIRO		M50 (23)	0:42:13	08:26
262	261	336	SILVIA JUNCO MARTÍNEZ		M50 (24)	0:42:18	08:27
263	262	261	BEARRIZ REY GONZÁLEZ		M45 (46)	0:42:19	08:27
264	263	334	SALETA GONZÁLEZ PIMENTEL		M50 (25)	0:42:21	08:28
265	264	375	MÓNICA SÁNCHEZ-MONTAÑA PUG		M55 (22)	0:42:22	08:28
266	265	219	MIRIAM VELO MIRANDA		M40 (48)	0:42:33	08:30
267	266	159	VICTORIA CASTILLO GARCÍA		M35 (26)	0:42:35	08:31
268	267	303	EVA VÁZQUEZ TORRES		M45 (47)	0:42:38	08:31
269	268	325	SONIA DURÁN ARAUJO		M50 (26)	0:42:43	08:32
270	269	526	SONIA GONDAR PRIETO		M40 (49)	0:43:57	08:47
271	270	85	ANA RIVAS ALONSO		SNR (88)	0:43:59	08:47
272	271	111	YASMINA MAGAZ SUEIRAS		SNR (89)	0:44:02	08:48
273	272	205	STELLA MARIS ETCHEVERRY FARI		M40 (50)	0:44:46	08:57
274	273	339	ROSA GÓMEZ BALEA		M50 (27)	0:44:48	08:57
275	274	135	VANESA VIDAL COUSIDO		M35 (27)	0:44:48	08:57
276	275	419	Mª DEL CARMEN DAPORTA MÉNDE		M60 (8)	0:45:01	09:00
277	276	276	MIRIAM MUÑIZ		M45 (48)	0:45:48	09:09
278	277	418	CARMEN FRAGA		M60 (9)	0:45:51	09:10
279	278	170	NOEMÍ LIMETRE		M35 (28)	0:45:51	09:10

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T.Oficial	T/Km.
280	279	148	NATALIA MARTÍNEZ PÉREZ		M35 (29)	0:47:19	09:27
281	280	182	INMA SABAJANES PEREZ		M40 (51)	0:47:19	09:27
282	281	186	LUZ MARÍA IGNACIO PÉREZ		M40 (52)	0:47:21	09:28
283	282	417	ANA MARÍA ENRÍQUEZ MARIÑO		M60 (10)	0:48:08	09:37
284	283	403	MARÍA ISABEL PÉREZ LASPRA	LIBELULAS	M55 (23)	0:48:10	09:38
285	284	421	ISABEL LEMA LORENZO		M60 (11)	0:48:11	09:38
286	285	381	PILAR BERTOLO CASTRO		M55 (24)	0:49:59	09:59
287	286	348	MARIA DE LOS ÁNGELES RAMÍREZ		M50 (28)	0:50:04	10:00
288	287	338	ANA GARCÍA SANJURJO	ASOC.LIBÉLULAS	M50 (29)	0:50:06	10:01
289	288	394	REGINA TOME RAMOS		M55 (25)	0:50:20	10:04
290	289	369	ANA MARÍA CID RODRÍGUEZ		M50 (30)	0:50:50	10:10
291	290	386	LOURDES ROSALÍA FERNÁNDEZ R		M55 (26)	0:50:52	10:10
292	291	128	TANIA FORTES TOME		SNR (90)	0:50:55	10:11
293	292	431	ANA ISABEL HERMIDA BASTÓN		M60 (12)	0:51:24	10:16
294	293	314	AURELIA DIEZ PEREZ		M45 (49)	0:51:24	10:16
295	294	423	ROSA PIÑÓN FANDIÑO		M60 (13)	0:51:25	10:17
296	295	291	MAITE MARTÍNEZ COUSO		M45 (50)	0:51:30	10:18
297	296	285	MARIA FARINA MARTINEZ		M45 (51)	0:51:32	10:18
298	297	266	MARÍA COS COUSELO		M45 (52)	0:51:34	10:18
299	298	198	MARÍA TRONCOSOABALO		M40 (53)	0:52:26	10:29
300	299	399	MARIA DOLORES CARPINTERO VÁ		M55 (27)	0:52:28	10:29
301	300	294	MARÍA ELISA OTERO DOMÍNGUEZ		M45 (53)	0:52:29	10:29
302	301	153	DÉBORA MARTÍNEZ VÁZQUEZ		M35 (30)	0:52:30	10:30
303	302	373	MERCEDES BUGALLO VARELA		M55 (28)	0:52:31	10:30
304	303	390	CARMEN ALFONSIN SOLIÑO		M55 (29)	0:52:32	10:30
305	304	190	MARÍA BIBIANA VARELA RIVERA		M40 (54)	0:52:34	10:30
306	305	337	VERONICA VAZQUEZ OTERO		M50 (31)	0:52:34	10:30
307	306	437	MARIA ADRIO TARACIDO		M65 (3)	0:52:35	10:31
308	307	439	AMALIA RÍOS CRUZ		M65 (4)	0:52:35	10:31
309	308	331	MARÍA JOSE RIVEIRO SOLIÑO		M50 (32)	0:52:35	10:31
310	309	183	SABELA LÓPEZ RODRÍGUEZ		M40 (55)	0:52:36	10:31
311	310	8	AROA MOUCO RIVEIRO		PRM-A (3)	0:52:37	10:31
312	311	426	ELENA LANDIN RUIBAL	TENORIO RURAL BOOTCAMP	M60 (14)	0:52:38	10:31
313	312	447	AUREA PIÑEIRO ESTEVEZ		M65 (5)	0:52:39	10:31
314	313	442	MARÍA DEL CARMEN RODRÍGUEZ L		M65 (6)	0:52:39	10:31
315	314	434	Mª DOLORES GARCÍA GARRIDO		M65 (7)	0:52:40	10:32
316	315	420	MERCEDES GARCÍA GARRIDO		M60 (15)	0:53:00	10:36
317	316	508	MARÍA DEL CARMEN GARCIA GAR		M60 (16)	0:53:04	10:36
318	317	119	ORNELLA FORNARI		SNR (91)	0:53:25	10:41
319	318	217	RAMONA GHEZZA		M40 (56)	0:53:31	10:42
320	319	232	FRANCESCA VERDE		M40 (57)	0:53:31	10:42
321	320	445	MARINA PIÑEIRO ESTEVEZ		M65 (8)	0:53:49	10:45