

CRONOTEC

XIV10 KMS ALFONSO MORO

10k ALFONSO MORO

Clasificación xeral

(Con tempos intermedios) (1)

Localidade VIGO

Data 14/09/2025

Hora 10:10 AM

Distancia 10 Km

ORGANIZA: ADN Runners-Telmo Peluqueros

CRONOMETRA: CRONOTEC

SISTEMA: CRONOMACH

CLASIFICACIONES: WWW.CRONOTEC.ES

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Neto	T.Oficial	T/Km.
1		33	ANTON GOMEZ GONZALEZ	REAL CLUB CELTA ATLETISMO	M-1 (1)		0:16:36	0:33:39	0:33:39	03:21
2		103	JOSE ALBERTO BASTOS DASILV	ADN RUNNERS-TELMO PELUQU	M-2 (1)		0:17:17	0:35:20	0:35:20	03:32
3		39	ALBERTO JOSE RODRIGUEZ GA	CASTRELOS 20:30	M-1 (2)		0:18:25	0:36:09	0:36:09	03:36
4		67	ROBERTO VÁZQUEZ PAVÓN	TANINOS RUNNERS PONTEARE	M-2 (2)		0:17:45	0:36:25	0:36:25	03:38
5		52	PABLO GARCÍA QUEROL	CLUB DEPORTIVO DELIKIA	M-1 (3)		0:18:25	0:37:00	0:37:00	03:42
6	1	309	LEA BREINHOLT MOESKJAER	RUNYTRI	F-1 (1)		0:18:53	0:37:17	0:37:17	03:43
7		124	MARCOS GROBA BARGIELA	TANINOS RUNNERS PONTEARE	M-2 (3)		0:18:53	0:37:27	0:37:27	03:44
8		3	ÓSCAR DAVILA MARIÑO		M-3 (1)		0:18:52	0:37:51	0:37:51	03:47
9		197	ARLINDO RIVEIRO RODRÍGUEZ	CASTRELOS 20,30	M-4 (1)		0:19:11	0:38:00	0:38:00	03:48
10		46	PABLO LOSADA FERNÁNDEZ	OURENSE ATLETISMO	M-1 (4)		0:18:53	0:38:14	0:38:14	03:49
11		57	ALEJANDRO OTERO RAMÍREZ		M-2 (4)		0:19:00	0:38:18	0:38:18	03:49
12		153	MANUEL FERNÁNDEZ DE TORO	VETERANOS DE SAMIL	M-3 (2)		0:19:00	0:38:18	0:38:18	03:49
13		23	ALBERTO GÓMEZ-NAVEIRA VEA	RUN & TRI	M-1 (5)		0:19:05	0:38:40	0:38:40	03:52
14		118	DARIO BERNARDEZ RODRIGUEZ	CIBUS SIRGON	M-2 (5)		0:19:09	0:38:42	0:38:42	03:52
15		19	ALEJANDRO VILLAR GÓMEZ	SD COMPOSTELA ATLETISMO	M-1 (6)		0:19:23	0:38:43	0:38:43	03:52
16		18	AITOR UGARTE CASTRO		M-1 (7)		0:19:07	0:39:00	0:39:00	03:54
17		65	PABLO ALVAREZ CALDERON	CLUB ATLETISMO ISLAS CIES	M-2 (6)		0:19:31	0:39:11	0:39:11	03:55
18		106	MARCOS GIL MELEIRO	ADN RUNNERS	M-2 (7)		0:19:41	0:39:14	0:39:14	03:55
19		41	MIGUEL RODRIGUEZ FERREIRO	BURGAS OURENSE ATLETISMO	M-1 (8)		0:19:28	0:39:14	0:39:14	03:55

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
20		164	JORGE GONZALEZ VILLANUEVA	C.A.R. MARISQUEIRO	M-3 (3)		0:19:41	0:39:21	0:39:21	03:56
21		122	DAVID FERREIRA LAREDO		M-2 (8)		0:20:05	0:39:31	0:39:31	03:57
22		80	PABLO CARRERA BLANCO	C.A. CÁRNICAS SERRANO	M-2 (9)		0:19:43	0:39:32	0:39:32	03:57
23		48	HUGO LÓPEZ FERNÁNDEZ	CIBUS SIRGON	M-1 (9)		0:19:32	0:39:43	0:39:43	03:58
24		130	LUIS MIGUEL BAR. PEREZ	C.R.M MARISQUEIRO	M-2 (10)		0:19:41	0:39:57	0:39:57	03:59
25		25	IVAN COELLO	CIBUS SIRGON	M-1 (10)		0:19:51	0:40:00	0:40:00	04:00
26		86	ANDRÉS FERNÁNDEZ FERNÁND	CIBUS-SIRGON	M-2 (11)		0:19:44	0:40:00	0:40:00	04:00
27		176	JOSÉ LUIS PICO PITA	CASTRELOS 20:30	M-3 (4)		0:19:43	0:40:08	0:40:08	04:00
28		116	MARCOS PEREIRAS ÁLVAREZ		M-2 (12)		0:20:06	0:40:15	0:40:15	04:01
29	2	312	ANDREA IGLESIAS CARBALLIDO	ATHLETICS FISIOTERAPIA SAN L	F-1 (2)		0:19:54	0:40:23	0:40:23	04:02
30		119	LUIS BORJA GONZALEZ ALVARE		M-2 (13)		0:20:06	0:40:28	0:40:28	04:02
31		127	JOSE MANUEL CABALEIRO GAR	CIBUS SIRGON	M-2 (14)		0:19:43	0:40:30	0:40:30	04:03
32		190	JOSE CARLOS GRAÑA ALONSO	LODEIROS TRAIL	M-4 (2)		0:20:00	0:40:34	0:40:34	04:03
33		17	JAVIER LÓPEZ BÉRTOLO	RUNYTRI	M-1 (11)		0:20:26	0:40:38	0:40:38	04:03
34		177	ANTOLÍN GAGO SÁNCHEZ	CLUB VETERANOS DE SAMIL	M-3 (5)		0:20:13	0:40:38	0:40:38	04:03
35		24	JAVIER VÁZQUEZ GONZÁLEZ	MAIS QUE AUGA	M-1 (12)		0:20:27	0:40:49	0:40:49	04:04
36		132	PEDRO ANTONIO SEVILLA SUBIE	COMESAÑA SPORTING CLUB	M-3 (6)		0:20:34	0:40:53	0:40:53	04:05
37		102	JOSÉ ANTONIO VIÑUELA NUÑEZ		M-2 (15)		0:20:17	0:41:00	0:41:00	04:06
38		109	OSCAR GARCÍA GARCÍA	CLUB DEPORTIVO PINARIUM	M-2 (16)		0:20:15	0:41:06	0:41:06	04:06
39		188	JUAN PAZ RODRIGUEZ	CASTRELOS 20:30	M-4 (3)		0:20:14	0:41:10	0:41:10	04:07
40		101	ÓSCAR COUCE SENRA		M-2 (17)		0:20:45	0:41:18	0:41:18	04:07
41	3	303	MARÍA NIETO DOMÍNGUEZ		F-1 (3)		0:20:45	0:41:21	0:41:21	04:08
42		184	EUSEBIO ALÉN CASTELAIN	CASTRELOS 20:30	M-4 (4)		0:20:43	0:41:24	0:41:24	04:08
43	4	316	NOEMÍ ÁLVAREZ RODRÍGUEZ	CLUB DEPORTIVO DELIKIA	F-1 (4)		0:20:46	0:41:26	0:41:26	04:08
44		142	FRANCISCO JAVIER LAGO GOBE	FLORISTERÍA CARMEN SIO	M-3 (7)		0:20:15	0:41:28	0:41:28	04:08
45		60	DAMIÁN VILA MILLÁN		M-2 (18)		0:20:35	0:41:46	0:41:46	04:10
46		174	ANTONIO JOSE MARIÑO CAMPO	LOMBIS	M-3 (8)		0:20:40	0:41:50	0:41:50	04:11
47		146	GABRIEL PÉREZ MOSQUERA		M-3 (9)		0:21:15	0:41:53	0:41:53	04:11
48		169	MANUEL VALEBONA REFOJOS	TRINORTH	M-3 (10)		0:21:05	0:41:54	0:41:54	04:11
49		180	JUAN CARLOS PAZ GONZÁLEZ	C.A.R. MARISQUEIRO	M-3 (11)		0:21:26	0:42:02	0:42:02	04:12
50		117	RICARDO SÁNCHEZ MOREIRA	CD LA PURÍSIMA	M-2 (19)		0:20:44	0:42:05	0:42:05	04:12

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
51		81	DAVID FERNÁNDEZ GRADIN	CIBUS	M-2 (20)		0:20:47	0:42:06	0:42:06	04:12
52		186	ELIGIÓ JOSÉ PALMA ESPAÑA		M-4 (5)		0:21:07	0:42:08	0:42:08	04:12
53		53	GERMÁN RODAL CARAMÉS		M-1 (13)		0:21:03	0:42:11	0:42:11	04:13
54		113	JOSÉ CARLOS DELGAD RAMOS		M-2 (21)		0:20:48	0:42:16	0:42:16	04:13
55		83	DANIEL COMESAÑA SAA		M-2 (22)		0:19:31	0:42:19	0:42:19	04:13
56	5	323	DELIA VILLALBA BARRIOS	COMESAÑA SPORTING CLUB	F-2 (1)		0:20:50	0:42:24	0:42:24	04:14
57		155	GIOVANNI LUCIA PAREDES	NINGUNO	M-3 (12)		0:21:16	0:42:46	0:42:46	04:16
58		72	RUBEN NAVIA IGLESIAS	BIKILA	M-2 (23)		0:21:15	0:42:47	0:42:47	04:16
59		61	ENRIQUE ALONSO DELTELL	ADN RUNNER	M-2 (24)		0:21:25	0:42:57	0:42:57	04:17
60		98	JOSE CARLOS ALONSO ÁLVARE	ATLÉTICS FISIOTERAPIA SAN LÁ	M-2 (25)		0:21:23	0:42:58	0:42:58	04:17
61		162	DANIEL POYÁN RUBOW		M-3 (13)		0:22:00	0:42:59	0:42:59	04:17
62		138	EDUARDO ARIAS COSTAS	ATHLETICS SAN LAZARO	M-3 (14)		0:21:25	0:43:08	0:43:08	04:18
63		74	SANTIAGO CASTIÑEIRA COUSIL		M-2 (26)		0:22:02	0:43:11	0:43:11	04:19
64		187	CARLOS JAVIER ESTÉVEZ ALON	CASTRELOS KM0	M-4 (6)		0:21:24	0:43:12	0:43:12	04:19
65		104	ALBERTO LÓPEZ PINO	RUN&TRI	M-2 (27)		0:21:57	0:43:17	0:43:17	04:19
66		129	JOSE MARÍA DÍAZ ALONSO		M-2 (28)		0:21:29	0:43:17	0:43:17	04:19
67		198	ELOY TAPIA GARCIA		M-4 (7)		0:21:34	0:43:17	0:43:17	04:19
68		181	BENITO SANTOS OLAVARRIETA	CASTRELOS KM0	M-3 (15)		0:21:25	0:43:18	0:43:18	04:19
69		120	MANUEL SANMARCO VIDAL	CASTRELOS KM0	M-2 (29)		0:21:37	0:43:18	0:43:18	04:19
70		35	DANIEL MÉNDEZ IGLESIAS	ADN RUNNERS-TELMO PELUQU	M-1 (14)		0:22:33	0:43:28	0:43:28	04:20
71		27	EDUARDO DA CONCEPCIÓN		M-1 (15)		0:21:19	0:43:38	0:43:38	04:21
72		175	VÍCTOR RIVAS CID	C.A.R. MARISQUEIRO	M-3 (16)		0:21:39	0:43:42	0:43:42	04:22
73		166	PEDRO GONZÁLEZ DOMÍNGUEZ	CASTRELOS 20 30	M-3 (17)		0:21:52	0:43:43	0:43:43	04:22
74		154	ALBERTO DE LA IGLESIA	ATLETISMO VETERANOS DE SA	M-3 (18)		0:22:27	0:43:44	0:43:44	04:22
75		77	GABRIELE ROVATI		M-2 (30)		0:21:57	0:43:44	0:43:44	04:22
76		171	JUAN JOSÉ PIÑEIRO MARTINEZ	CAR MARISQUEIRO	M-3 (19)		0:22:28	0:43:45	0:43:45	04:22
77		126	MARCIAL FERNÁNDEZ DA SILVA		M-2 (31)		0:22:37	0:43:47	0:43:47	04:22
78		121	MARCOS MAYO RODRÍGUEZ	RUN&TRI	M-2 (32)		0:21:34	0:43:51	0:43:51	04:23
79		16	PEDRO RODRÍGUEZ VIEITES	-	M-1 (16)		0:21:31	0:43:51	0:43:51	04:23
80		202	JOSÉ JARDON LOPEZ	VETERANOS DE SAMIL	M-4 (8)		0:21:52	0:44:12	0:44:12	04:25
81		99	DAVID FONTAN	MUÑECOS RUNNING	M-2 (33)		0:22:00	0:44:12	0:44:12	04:25

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
82		91	IVAN MILLAN FARO		M-2 (34)		0:21:43	0:44:15	0:44:15	04:25
83		11	NICOLÁS COMESAÑA SABORIDO	CASTRELOS 20:30	M-1 (17)		0:22:04	0:44:23	0:44:23	04:26
84		195	SANTIAGO CHISCANO GONZALO		M-4 (9)		0:21:58	0:44:23	0:44:23	04:26
85		40	EDUARDO VIEIRA VARELA		M-1 (18)		0:22:17	0:44:32	0:44:32	04:27
86		128	ROBERTO REGATOS GÓMEZ		M-2 (35)		0:22:07	0:44:38	0:44:38	04:27
87		170	ISAAC MARTINEZ CHOUZA	NO	M-3 (20)		0:22:00	0:44:40	0:44:40	04:28
88		55	MARCOS COSTAS RODRIGUEZ	RUNNING TRACK - VIGO	M-2 (36)		0:21:43	0:44:48	0:44:48	04:28
89		97	SIMON DOMÍNGUEZ FERNANDEZ		M-2 (37)		0:23:25	0:44:58	0:44:58	04:29
90		178	EMILIO CABO ALVAREZ	LOMBIS	M-3 (21)		0:22:04	0:44:59	0:44:59	04:29
91	6	318	SILVIA CASAL		F-2 (2)		0:22:45	0:44:59	0:44:59	04:29
92		37	ALEJANDRO RODRÍGUEZ RODRÍ	ADN RUNNERS-TELMO PELUQU	M-1 (19)		0:22:40	0:45:01	0:45:01	04:30
93		42	LUIS COMESAÑA	ATHLETICS FISIOTERAPIA SAN L	M-1 (20)		0:22:34	0:45:02	0:45:02	04:30
94		59	MANUEL ESTÉVEZ PEREIRA		M-2 (38)		0:22:02	0:45:05	0:45:05	04:30
95		62	ALBERTO RIVERA CANICOBA		M-2 (39)		0:22:42	0:45:22	0:45:22	04:32
96		149	GUILLERMO SOTELO JUNCAL		M-3 (22)		0:22:57	0:45:26	0:45:26	04:32
97		6	MARCOS YÁÑEZ MACEIRA	MERCANTIL VIGO	M-0 (1)		0:24:53	0:45:36	0:45:36	04:33
98		94	PABLO GOMEZ LOPEZ	LOS INSENS@TOS	M-2 (40)		0:22:50	0:45:37	0:45:37	04:33
99		140	JOSE ANTONIO RODRIGUEZ ALV	C.A.R MARISQUEIRO	M-3 (23)		0:22:29	0:45:40	0:45:40	04:34
100		36	JULIO ABREU GARCÍA	ADN RUNNERS-TELMO PELUQU	M-1 (21)		0:22:34	0:45:40	0:45:40	04:34
101		49	FRANCISCO DANIEL MÁRQUEZ		M-1 (22)		0:22:51	0:45:43	0:45:43	04:34
102		105	RAFAEL PÉREZ MOREJÓN		M-2 (41)		0:22:21	0:45:51	0:45:51	04:35
103		110	JORGE PRIETO SOLIÑO		M-2 (42)		0:23:14	0:45:53	0:45:53	04:35
104	7	313	MIRIAN OJEA CAAMAÑO		F-1 (5)		0:22:32	0:45:55	0:45:55	04:35
105		44	DAVID MORAIS ALONSO		M-1 (23)		0:23:44	0:45:56	0:45:56	04:35
106		167	FERNANDO OTERO RAMÍREZ		M-3 (24)		0:29:22	0:45:58	0:45:58	04:35
107		193	JAVIER SANZ LUCOTTI	CIBUS-SIRGON	M-4 (10)		0:22:42	0:45:59	0:45:59	04:35
108	8	305	ELENA PÉREZ MARIÑO	RUN&TRI	F-1 (6)		0:22:40	0:46:01	0:46:01	04:36
109	9	301	AROHA BAR IGLESIAS	C.R.M MARISQUEIRO	F-0 (1)		0:22:49	0:46:05	0:46:05	04:36
110		185	ANTONIO VAZQUEZ VIDAL		M-4 (11)		0:22:47	0:46:06	0:46:06	04:36
111		5	ANXO ALFONSO PRESA		M-0 (2)		0:22:10	0:46:19	0:46:19	04:37
112		148	JOSE NOVOA SIO	FLORISTERÍA CARMEN SIO	M-3 (25)		0:23:44	0:46:20	0:46:20	04:38

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
113	10	333	ANA ALONSO GARCÍA	ATHLETICS FISIOTERAPIA SAN L	F-3 (1)		0:23:11	0:46:22	0:46:22	04:38
114		172	ANTONIO CAMPOS ABALDE	CASTRELOS KM.0	M-3 (26)		0:23:11	0:46:24	0:46:24	04:38
115		179	CARLOS BELOSO GONZÁLEZ		M-3 (27)		0:23:12	0:46:24	0:46:24	04:38
116		134	DAVID ALFONSO GIRALDEZ		M-3 (28)		0:23:00	0:46:39	0:46:39	04:39
117		84	JAVIER LÓPEZ PINO	RUNYTRI	M-2 (43)		0:24:27	0:46:39	0:46:39	04:39
118		50	SEBASTIAN TRIMARCHI	MAISQUEAUGA	M-1 (24)		0:23:02	0:46:43	0:46:43	04:40
119		15	SERGIO RODRÍGUEZ REY		M-1 (25)		0:22:32	0:46:49	0:46:49	04:40
120		71	EFREN RODRIGUEZ FERNANDEZ		M-2 (44)		0:23:28	0:46:51	0:46:51	04:41
121	11	326	ELENA PEREZ GONZALEZ	BURGAS OURENSE ATLETISMO	F-2 (3)		0:23:23	0:46:54	0:46:54	04:41
122		38	DAVID FREIRIA PRADO		M-1 (26)		0:23:34	0:46:58	0:46:58	04:41
123		160	ALBERTO SÁNCHEZ ALONSO	CLUB DEPORTIVO DELIKIA	M-3 (29)		0:23:12	0:47:10	0:47:10	04:43
124		159	ANTONIO BAAMONDE GONZALE	ESPARTAN@S CHIFLAD@S	M-3 (30)		0:23:08	0:47:17	0:47:17	04:43
125		152	ALEJANDRO LISTE BASCOY	CLUB DEPORTIVO DELIKIA	M-3 (31)		0:23:12	0:47:20	0:47:20	04:44
126	12	342	MONICA GALLINAR FERNANDEZ	ATHLETICS FISIOTERAPIA SAN L	F-3 (2)		0:23:20	0:47:20	0:47:20	04:44
127		30	JORGE FARO		M-1 (27)		0:23:08	0:47:33	0:47:33	04:45
128		88	ALEJANDRO HERMIDA RODRÍGU		M-2 (45)		0:24:28	0:47:37	0:47:37	04:45
129		107	JAVIER DIOS VIDAL		M-2 (46)		0:24:06	0:47:38	0:47:38	04:45
130		145	OSCAR ALONSO COSTAS		M-3 (32)		0:22:49	0:47:43	0:47:43	04:46
131		63	JAVIER MARTÍNEZ COSTAS	LÁSER RANING	M-2 (47)		0:24:02	0:47:45	0:47:45	04:46
132		137	OSCAR MANUEL FERNANDEZ PE	C.A.R. MARISQUEIRO	M-3 (33)		0:24:46	0:47:45	0:47:45	04:46
133		143	IVÁN RODILLA		M-3 (34)		0:23:54	0:48:08	0:48:08	04:48
134		203	MANUEL KARAMES	TRIATLON PORRIÑO	M-5 (1)		0:23:15	0:48:14	0:48:14	04:49
135		199	ENRIQUE VILLAR ÁLVAREZ	NINGUNO	M-4 (12)		0:23:20	0:48:14	0:48:14	04:49
136		45	ADRIAN VARELA COMESAÑA		M-1 (28)		0:23:56	0:48:17	0:48:17	04:49
137		204	CARLOS DOMINGUEZ RODRIGUE		M-5 (2)		0:23:49	0:48:23	0:48:23	04:50
138		93	DAVID JEREZ JABATO		M-2 (48)		0:24:40	0:48:23	0:48:23	04:50
139		58	JAVIER LÓPEZ MARTÍNEZ		M-2 (49)		0:24:13	0:48:25	0:48:25	04:50
140		111	IBAN DORADO FUENTE		M-2 (50)		0:24:05	0:48:26	0:48:26	04:50
141		191	RAMIRO TABOADA GONZÁLEZ	RUNNING LUSEKELO	M-4 (13)		0:23:41	0:48:26	0:48:26	04:50
142		205	EDUARDO VIEIRA MONTENEGRO	SIRENO TRIATLON CLUB	M-5 (3)		0:24:40	0:48:27	0:48:27	04:50
143		192	ALBERTO VIDEIRA CORREA		M-4 (14)		0:24:48	0:48:30	0:48:30	04:51

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
144		92	JUAN CARLOS DOMINGUEZ VILL		M-2 (51)		0:23:50	0:48:41	0:48:41	04:52
145		90	DAVID CAMESELLE ROMAN		M-2 (52)		0:24:29	0:48:51	0:48:51	04:53
146		133	FRANCISCO YÁÑEZ BREA	MERCANTIL VIGO	M-3 (35)		0:24:54	0:48:53	0:48:53	04:53
147		158	THIERRY NOBLESSE		M-3 (36)		0:24:20	0:49:10	0:49:10	04:55
148		69	ALBERTO CORREA GALLEGO		M-2 (53)		0:24:40	0:49:20	0:49:20	04:56
149	13	332	ISABEL GONZÁLEZ GONZÁLEZ		F-3 (3)		0:24:22	0:49:24	0:49:24	04:56
150		34	NACHO PARRAS		M-1 (29)		0:24:39	0:49:25	0:49:25	04:56
151		144	JOSE MANUEL REY OLIVÁN		M-3 (37)		0:24:23	0:49:29	0:49:29	04:56
152		87	GUSTAVO JEREZ LUCAS	ADN RUNNER	M-2 (54)		0:24:48	0:49:38	0:49:38	04:57
153		9	VÍCTOR MONTERO PÉREZ		M-1 (30)		0:25:03	0:49:40	0:49:40	04:58
154		28	BORJA PRADO CABRAL	AP ASESORÍA	M-1 (31)		0:24:53	0:49:42	0:49:42	04:58
155		8	DANIEL NOVOA RÍOS	C.A. FLORISTERIA CARMEN SIO	M-1 (32)		0:25:02	0:49:42	0:49:42	04:58
156		114	CARLOS RODAL FRAGA		M-2 (55)		0:24:51	0:49:47	0:49:47	04:58
157		56	JOSÉ MARIA PALOMEQUE TORR		M-2 (56)		0:25:19	0:49:58	0:49:58	04:59
158	14	341	VERÓNICA PAMPILLÓN SEIJO		F-3 (4)		0:26:40	0:50:22	0:50:22	05:02
159		135	DAVID MARTÍNEZ DOBALO	CROSSBEERS	M-3 (38)		0:24:13	0:50:31	0:50:31	05:03
160		141	ALEJANDRO LEDO MATA		M-3 (39)		0:24:36	0:50:32	0:50:32	05:03
161		156	ENRIQUE DAVILA ESTÉVEZ	ATHLETICS	M-3 (40)		0:24:47	0:50:39	0:50:39	05:03
162		68	ALEIXANDRE GONZÁLEZ PARDI	MERAKI FISIOTERAPIA VIGO	M-2 (57)		0:25:05	0:50:39	0:50:39	05:03
163		54	ÓSCAR NOGUEIRA ROMERO	RUNYTRI	M-1 (33)		0:25:32	0:50:42	0:50:42	05:04
164		208	MIGUEL HERNÁNDEZ BORREGO	VETERANOS DE SAMIL	M-5 (4)		0:25:22	0:50:57	0:50:57	05:05
165		182	FERNANDO BENAVIDES HERNÁ	ATLETIS FISIOTERAPIA SAN LAZ	M-3 (41)		0:25:15	0:51:00	0:51:00	05:06
166		139	JOSÉ MANUEL ALONSO ABALO	ROMEROS RUNNERS	M-3 (42)		0:25:24	0:51:02	0:51:02	05:06
167	15	327	MONTSERRAT CASAL GARCIA		F-2 (4)		0:25:58	0:51:13	0:51:13	05:07
168	16	325	MÓNICA PEÑA FERNÁNDEZ		F-2 (5)		0:25:24	0:51:24	0:51:24	05:08
169		147	MANUEL NIETO		M-3 (43)		0:25:42	0:51:29	0:51:29	05:08
170		76	DANIEL ALONSO CARRERA		M-2 (58)		0:25:09	0:51:42	0:51:42	05:10
171		100	NORBERTO GABRIEL SOTELO		M-2 (59)		0:24:49	0:51:53	0:51:53	05:11
172		47	DIEGO NESPEREIRA VALE		M-1 (34)		0:26:32	0:51:59	0:51:59	05:11
173		43	EDWIN GUAMÁ HEREDIA	PADELEROS	M-1 (35)		0:25:35	0:52:27	0:52:27	05:14
174		51	STANISLAV KOBÁ		M-1 (36)		0:27:03	0:52:43	0:52:43	05:16

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
175		4	KOSTIANTYN TKACHENKO		M-0 (3)		0:27:03	0:52:43	0:52:43	05:16
176		953	BORJA SANTOS DIZ		M-1 (37)		0:36:08	0:52:48	0:52:48	05:16
177	17	952	ALICIA REYES RODRIGUEZ		F-1 (7)		0:36:08	0:52:48	0:52:48	05:16
178	18	317	ALEXANDRA NÚÑEZ CASTRO	SAÚDESPORT VIGO	F-1 (8)		0:26:11	0:52:57	0:52:57	05:17
179	19	311	MARIA NUÑEZ CASTRO		F-1 (9)		0:26:11	0:53:00	0:53:00	05:18
180		7	PABLO ROLLAND GONZÁLEZ		M-1 (38)		0:27:46	0:53:18	0:53:18	05:19
181		206	JOSE RAMÓN PEREZ FREIRIA	ATLETISMOTUI	M-5 (5)		0:26:02	0:53:25	0:53:25	05:20
182	20	322	MARÍA TENORIO		F-2 (6)		0:26:13	0:54:07	0:54:07	05:24
183		125	MARCO SUAREZ RODRIGUEZ		M-2 (60)		0:27:04	0:54:11	0:54:11	05:25
184		123	IGNACIO FERRER AVENDAÑO	CASTRELOS 20:30	M-2 (61)		0:27:25	0:54:20	0:54:20	05:26
185		168	JOSE MANUEL GARRIDO PUMAR		M-3 (44)		0:27:56	0:54:32	0:54:32	05:27
186		136	NOÉ ZUNZUNEGUI GARRIDO		M-3 (45)		0:27:47	0:54:40	0:54:40	05:28
187		95	SERGIO PEREIRA IBÁÑEZ		M-2 (62)		0:26:57	0:54:46	0:54:46	05:28
188	21	330	NURIA SAINZ	CA SERRANO	F-2 (7)		0:27:40	0:54:57	0:54:57	05:29
189		96	FERNANDO GONZÁLEZ ABEIJÓN		M-2 (63)		0:27:40	0:54:57	0:54:57	05:29
190		207	FEDERICO. AMANDO GARCIA CO	NINGUNO	M-5 (6)		0:27:56	0:55:10	0:55:10	05:31
191	22	338	MÓNICA JORGE		F-3 (5)		0:26:49	0:55:11	0:55:11	05:31
192		75	AITOR MILLAN FARO		M-2 (64)		0:27:12	0:55:19	0:55:19	05:31
193		73	GABRIEL BUXO SANCHEZ		M-2 (65)		0:27:40	0:55:34	0:55:34	05:33
194	23	310	ROSA SOLIÑO SANTOS		F-1 (10)		0:27:40	0:55:34	0:55:34	05:33
195	24	344	LUZ FERNÁNDEZ PAZOS		F-4 (1)		0:27:56	0:55:35	0:55:35	05:33
196		201	ALFONSO BLANCO GONZÁLEZ		M-4 (15)		0:28:10	0:55:37	0:55:37	05:33
197		20	MARIO ÁLVAREZ GARCÍA		M-1 (39)		0:25:26	0:55:59	0:55:59	05:35
198	25	315	ANA CARBALLEIRA CARBALLAL		F-1 (11)		0:27:29	0:56:06	0:56:06	05:36
199		26	MERT TATAR		M-1 (40)		0:28:47	0:56:35	0:56:35	05:39
200		194	JOSE ISAIAS BURLIDO BORREG	NO	M-4 (16)		0:28:43	0:56:35	0:56:35	05:39
201	26	343	ANA ANDRES DE LA IGLESIA	CASTRELOS 20:30	F-3 (6)		0:28:03	0:56:58	0:56:58	05:41
202	27	339	ADELA MIRÁS CALVO		F-3 (7)		0:28:08	0:58:08	0:58:08	05:48
203		163	ROBERTO RODRIGUEZ IGLESIAS	CARMEN SIO	M-3 (46)		0:29:27	0:58:25	0:58:25	05:50
204		161	IGNACIO JOSE IGLESIAS GROBA	C.A. FLORISTERÍA CARMEN SIO	M-3 (47)		0:29:27	0:58:26	0:58:26	05:50
205		165	JOSÉ FERNANDEZ NUÑEZ		M-3 (48)		0:29:19	0:59:15	0:59:15	05:55

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
206	28	340	EVA ENDRESS	CASTRELOS 20:30	F-3 (8)		0:28:40	0:59:25	0:59:25	05:56
207		173	IGNACIO AGULLÓ		M-3 (49)		0:29:20	0:59:48	0:59:48	05:58
208	29	320	MARI LUNA MERA	RUNYTRI	F-2 (8)		0:29:50	0:59:58	0:59:58	05:59
209	30	328	PAULA FERNÁNDEZ PAZÓ		F-2 (9)		0:29:48	1:00:00	1:00:00	06:00
210	31	337	AURORA LÓPEZ CASTRO	C.A.R. MARISQUEIRO	F-3 (9)		0:28:43	1:00:32	1:00:32	06:03
211		66	VICTOR VAZQUEZ FERNANDEZ		M-2 (66)		0:29:58	1:00:41	1:00:41	06:04
212		10	IVAN RAUL DE FRUTOS		M-1 (41)		0:27:18	1:01:02	1:01:02	06:06
213		183	PATRICIO GUAMÁ MENA	PADELEROS	M-3 (50)		0:27:36	1:02:41	1:02:41	06:16
214		21	AGUSTÍN PÉREZ TROITIÑO		M-1 (42)		0:30:07	1:02:43	1:02:43	06:16
215		150	MARIA RODAL DIEGUEZ	RUN&TRI	M-3 (51)		0:31:55	1:03:03	1:03:03	06:18
216		112	DAVID ESPERÓN FONTÁN		M-2 (67)		0:30:36	1:03:49	1:03:49	06:22
217		82	ISIDRO JOSÉ PIÑEIRO AGULLA		M-2 (68)		0:30:50	1:04:00	1:04:00	06:24
218	32	329	CRISTINA BARGIELA		F-2 (10)		0:30:54	1:04:37	1:04:37	06:27
219	33	314	CRISTINA VÁZQUEZ DUARTE		F-1 (12)		0:31:04	1:04:37	1:04:37	06:27
220		14	JOSE FERNANDO MEJIA TOVAR		M-1 (43)		0:33:29	1:05:07	1:05:07	06:30
221		209	ALFONSO FERNÁNDEZ BOUZAD	INDEPENDIENTE	M-5 (7)		0:31:45	1:05:24	1:05:24	06:32