

CRONOTEC

IX CARREIRA DE MONTAÑA "MONTES DE COUZADOIRO 2026"

LONGA

Localidade ORTIGUEIRA

ORGANIZA: P.C. SANTA MARTA

Data 12/04/2026

CRONOMETRA: CRONOTEC

Hora 10:00 AM

SISTEMA: CRONOMACH

Clasificación xeral

(Con tempos intermedios) (1)

Distancia 18 Km

CLASIFICACIONES: CRONOTEC.ES

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
1		4	FERNÁNDEZ FORNOS, JUAN	TOXOS&BIRRAS	SNM (1)		0:24:07	1:43:45	1:43:45	05:45
2		20	ROUCO REY, MARIO	C.D. 21LEGUAS	VETM (1)		0:24:20	1:44:34	1:44:34	05:48
3		24	BEREJO NEBRIL, MOISÉS	PORTAL NORTE	VETM (2)		0:25:40	1:47:18	1:47:18	05:57
4		16	LOUREIRO VEIGA, DIEGO		VETM (3)		0:25:41	1:52:12	1:52:12	06:14
5		29	FERNÁNDEZ FONTICOBA, EMILI	PASA OU ENTORNA	VETM (4)		0:26:06	1:52:39	1:52:39	06:15
6		18	LORENZO GARCÍA, PABLO	C.D. 21 LEGUAS	VETM (5)		0:26:58	1:53:12	1:53:12	06:17
7		17	FERNANDEZ RICO, SALVADOR	AS FIGUEIRAS DEPORTIVA	VETM (6)		0:25:42	1:55:34	1:55:34	06:25
8		8	LOPEZ CASAS, LUIS		SNM (2)		0:27:19	1:58:21	1:58:21	06:34
9		40	AMIGO FERREIRO, JUAN	SD COMPOSTELA ATLETISMO	VETM (7)		0:27:34	2:01:42	2:01:42	06:45
10		7	PARDO FONTICOBA, MARCOS		SNM (3)		0:28:39	2:03:27	2:03:27	06:51
11		11	LOPEZ CAMPOS, BRAIS	C.D. 21 LEGUAS	SNM (4)		0:27:53	2:05:56	2:05:56	06:59
12		21	PIÑEIRO VIZOSO, HUGO	CD 21 LEGUAS	VETM (8)		0:28:20	2:07:12	2:07:12	07:04
13		12	BERNARDO GARCÍA, JESÚS	CLUBE ATLETISMO VILALBA	SNM (5)		0:28:00	2:07:15	2:07:15	07:04
14		15	LÓPEZ BARBEITO, PABLO		VETM (9)		0:29:34	2:09:28	2:09:28	07:11
15		9	VARELA MARTINEZ, DANIEL	C.D. 21LEGUAS	SNM (6)		0:29:34	2:10:24	2:10:24	07:14
16		37	GUEIMUNDE CABALEIRO, JOSÉ	CASA CHAOTEAM	VETM (10)		0:30:00	2:10:30	2:10:30	07:15
17	1	57	RIVERA MOURIZ, LUCÍA	C.D. 21LEGUAS	SNF (1)		0:30:38	2:12:20	2:12:20	07:21
18	2	62	CTVRTNICKOVA, TEREZA	TRIEUME AS PONTES	VETF (1)		0:32:07	2:15:16	2:15:16	07:30
19		19	GOMEZ NOVO, PABLO	CD 21LEGUAS	VETM (11)		0:31:40	2:15:35	2:15:35	07:31

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
20		30	IBÁN FERNÁNDEZ, ALBERTO	TRAILEROS TOXOS & BIRRAS	VETM (12)		0:30:55	2:15:37	2:15:37	07:32
21		41	SABIO FERNÁNDEZ, RAFAEL	OS CORZOS DO ORTEGAL	VETM (13)		0:31:18	2:16:33	2:16:33	07:35
22		31	PAZOS SOLIÑO, PABLO	C.D. MONTE DO GATO	VETM (14)		0:32:09	2:16:49	2:16:49	07:36
23		22	LOZANO IGLESIAS, MIGUEL ÁNG	TRIEUME AS PONTES	VETM (15)		0:31:41	2:17:27	2:17:27	07:38
24		10	RÍOS FERNÁNDEZ, FABIO	TRAILEROS TOXOS E BIRRAS	SNM (7)		0:31:53	2:17:44	2:17:44	07:39
25		38	MAYOBRE REY, FERNANDO	SIGUEMESIPUEDES	VETM (16)		0:32:55	2:22:18	2:22:18	07:54
26		33	MEIZOSO CAINZOS, ALBERTO	CLUBE DE MONTAÑA O CAXADO	VETM (17)		0:31:57	2:22:26	2:22:26	07:54
27		44	PERNAS VÁZQUEZ, JOSE MANU	PEÑA LAR	VETM (18)		0:36:19	2:23:37	2:23:37	07:58
28		23	VALLEDOR FERNÁNDEZ, ADRÁN	LA ÓPTICA VIVEIRO	VETM (19)		0:33:15	2:24:43	2:24:43	08:02
29	3	51	SOUTO JIMÉNEZ, MARÍA		SNF (2)		0:33:16	2:25:54	2:25:54	08:06
30		6	RAMIL FERNÁNDEZ, ALBERTO		SNM (8)		0:32:52	2:25:55	2:25:55	08:06
31		3	FANEGO, CRISTIAN	PEÑA LAR	SNM (9)		0:32:52	2:26:19	2:26:19	08:07
32		27	PARAPAR PÉREZ, IGNACIO	PEÑA LAR	VETM (20)		0:33:31	2:26:21	2:26:21	08:07
33		1	CASAS VÁZQUEZ, HUGO		SNM (10)		0:34:20	2:27:19	2:27:19	08:11
34		39	MUÍÑO MONTERO, JOSÉ MANUE		VETM (21)		0:32:32	2:27:55	2:27:55	08:13
35		36	GALÁN PIÑEIRO, MARCOS		VETM (22)		0:34:04	2:28:52	2:28:52	08:16
36		2	RUBIDO MARTÍNEZ, ADRIAN	CLUB CICLISTA CARIÑO	SNM (11)		0:31:45	2:29:27	2:29:27	08:18
37	4	55	FERNÁNDEZ GIZ, DIANA	PEÑA LAR	SNF (3)		0:35:06	2:29:39	2:29:39	08:18
38		25	CAMPOS PERNAS, NAEL	TRIEUME AS PONTES	VETM (23)		0:32:24	2:31:10	2:31:10	08:23
39		35	TUÑON DAVITE, ANGEL		VETM (24)		0:35:38	2:31:57	2:31:57	08:26
40	5	52	LÓPEZ FERREIRO, CRISTINA	PORTAL NORTE	SNF (4)			2:33:55	2:33:55	08:33
41		42	VÁZQUEZ LÓPEZ, JOSÉ ALFRED		VETM (25)		0:35:07	2:35:02	2:35:02	08:36
42		34	VÁZQUEZ FREIRE, JOSÉ ÁNGEL	SIGUEME SI PUEDES	VETM (26)		0:34:22	2:36:08	2:36:08	08:40
43		43	RODRÍGUEZ CALLEJÓN, JUAN	OS CORZOS DO ORTEGAL	VETM (27)		0:34:40	2:38:21	2:38:21	08:47
44	6	54	FUNKE, JANINE		SNF (5)		0:35:06	2:39:32	2:39:32	08:51
45		26	FERNANDEZ, SANTIAGO		VETM (28)		0:36:51	2:45:39	2:45:39	09:12
46		14	RÍOS LÓPEZ, HÉCTOR	PEÑA LAR	VETM (29)		0:36:53	2:48:45	2:48:45	09:22
47	7	53	GARCIA, LIDIA	CLUB DEPORTIVO MONTE DO G	SNF (6)		0:41:06	2:48:49	2:48:49	09:22
48	8	59	GARCÍA, REME	OS CORZOS DO ORTEGAL	VETF (2)		0:39:41	2:54:58	2:54:58	09:43
49	9	61	PUENTE CAGIAO, MARIA	CLUB DEPORTIVO MONTE DO G	VETF (3)		0:42:02	3:08:09	3:08:09	10:27
50	10	63	SANCHEZ, VANESA	CLUB BENIGYM SPORT	VETF (4)		0:37:30	3:12:19	3:12:19	10:41

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos.)	T-Sai.	Ctrl-1	T.Netto	T.Oficial	T/Km.
51	11	56	MONTERO BOUZA, NATALIA	CLUB BENI GYM SPORT	SNF (7)		0:40:25	3:12:19	3:12:19	10:41
52	12	60	LÓPEZ DIAZ, TAMARA	CLUB BENI GYM SPORT	VETF (5)		0:37:57	3:12:20	3:12:20	10:41
53		32	HOLMAN, DAMON		VETM (30)			3:23:02	3:23:02	11:16