

CRONOTEC

10k ALFONSO MORO — Parciais

13/09/2026 — 10KM — 158 clasificados

Pos	Dorsal	Nome	Club	P.Cat	Cat.	Sexo	V1	V2	Meta
1	6	RODRÍGUEZ COSTAS, MARIO	CELTA ATLETISMO	1	M1-M	M	00:16:07	00:16:39	00:32:46
2	27	GOMEZ GONZALEZ, ANTON	REAL CLUB CELTA DE ATLETISMO	2	M1-M	M	00:16:59	00:17:20	00:34:19
3	11	TRIGO IGLESIAS, DIEGO	CAR MARISQUERO	3	M1-M	M	00:16:59	00:17:27	00:34:26
4	70	PÉREZ LORENZO, DANIEL	CELTA ATLETISMO	1	M2-M	M	00:17:25	00:17:19	00:34:44
5	63	ARAUJO, MIGUEL	CLUB GASTRONÓMICO LODEIROS	2	M2-M	M	00:17:23	00:18:01	00:35:24
6	23	RAMOS CORREIA, FELIPE		4	M1-M	M	00:17:33	00:17:54	00:35:27
7	12	ROSENDE CASTIÑEIRA, ASIER	C.A.R MARISQUEIRO	5	M1-M	M	00:17:42	00:17:51	00:35:33
8	8	CONDE GONZALVO, JAVIER	C.A.R. MARISQUEIRO	1	M3-M	M	00:17:41	00:17:52	00:35:33
9	3	BASTOS DASILVA, JOSE ALBERTO	ADN RUNNERS- TELMO PELUQUEROS F.C.	3	M2-M	M	00:17:51	00:17:57	00:35:48
10	56	VÁZQUEZ PAVÓN, ROBERTO	TANINOS RUNNERS PONTEAREAS	4	M2-M	M	00:17:39	00:18:17	00:35:56
11	66	PEREZ FONTAN, RUBEN	MARINA MEIRA	5	M2-M	M	00:18:20	00:18:06	00:36:26
12	34	RODRÍGUEZ GALLEGO, ALBERTO JOSE	CLUB DEPORTIVO O CASTAÑAL - ALCABRE	6	M1-M	M	00:18:07	00:18:53	00:37:00



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Pos	Dorsal	Nome	Club	P.Cat	Cat.	Sexo	V1	V2	Meta
13	128	DAVILA MARIÑO, ÓSCAR		2	M3- M	M	00:18:25	00:18:48	00:37:13
14	46	GARCÍA QUEROL, PABLO	CLUB DEPORTIVO DELIKIA	7	M1- M	M	00:18:22	00:19:00	00:37:22
15	14	UGARTE CASTRO, AITOR		8	M1- M	M	00:18:17	00:19:18	00:37:35
16	102	POMBAL CORTEGOSO, VICENTE	SAN MIGUEL DE MARIN	3	M3- M	M	00:18:32	00:19:24	00:37:56
17	110	PRIETO DE LA IGLESIA, MANUEL		4	M3- M	M	00:18:33	00:19:35	00:38:08
18	84	PIÑEIRO GRAÑA, SANTIAGO	SAMERTOLAMEU ATLETISMO	6	M2- M	M	00:19:31	00:18:53	00:38:24
19	57	PÉREZ CONDE, ENRIQUE	CARMARISQUEIRO	7	M2- M	M	00:19:15	00:19:12	00:38:27
20	98	FERNÁNDEZ GARCÍA, ROBERTO	CONDADO TRAIL	5	M3- M	M	00:19:02	00:19:26	00:38:28
21	13	LÓPEZ BÉRTOLO, JAVIER	RUN&TRI	9	M1- M	M	00:19:16	00:19:14	00:38:30
22	107	REMIGIO LORENZO, MÍCHEL	CABO DE PEÑAS	6	M3- M	M	00:19:07	00:19:24	00:38:31
23	40	LOPEZ FERNÁNDEZ, HUGO	CIBUS SIRGON	10	M1- M	M	00:19:02	00:19:31	00:38:33
24	105	LORENZANA MEIRE, JESUS	ADN RUNNERS TELMO PELUQUEROS	7	M3- M	M	00:19:08	00:19:35	00:38:43
25	152	RIVEIRO RODRÍGUEZ, ARLINDO	CLUB DEPORTIVO O CASTAÑAL - ALCABRE	1	M4- M	M	00:19:08	00:19:43	00:38:51
26	67	FERNÁNDEZ FERNÁNDEZ, ANDRES	CIBUS SIRGON	8	M2- M	M	00:19:25	00:20:08	00:39:33

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Pos	Dorsal	Nome	Club	P.Cat	Cat.	Sexo	V1	V2	Meta
27	51	LÓPEZ CARNERO, RUBÉN		9	M2- M	M	00:19:36	00:20:08	00:39:44
28	36	MORAIS ALONSO, DAVID		11	M1- M	M	00:19:55	00:19:50	00:39:45
29	50	OTERO RAMÍREZ, ALEJANDRO		10	M2- M	M	00:19:36	00:20:09	00:39:45
30	153	SUAREZ MARTÍNEZ, MANUEL	VETERANOS DE SAMIL	2	M4- M	M	00:19:51	00:20:10	00:40:01
31	64	DOMÍNGUEZ LIBOREIRO, GUILLERMO	CAR MARISQUEIRO	11	M2- M	M	00:20:01	00:20:08	00:40:09
32	82	GIL MELEIRO, MARCOS	ADN RUNNERS	12	M2- M	M	00:19:48	00:20:22	00:40:10
33	76	PARRA GARCIA, EDUARDO		13	M2- M	M	00:15:15	00:24:59	00:40:14
34	88	SÁNCHEZ MOREIRA, RICARDO	CIBUS-SIRGON	14	M2- M	M	00:20:20	00:19:58	00:40:18
35	2	LAGO GOBERNA, FRANCISCO JAVIER	FLORISTERIA CARMEN SIO	8	M3- M	M	00:19:54	00:20:32	00:40:26
36	179	FERNÁNDEZ GARCÍA, UXÍA	CONDADO TRAIL	1	M1- F	F	00:20:22	00:20:10	00:40:32
37	103	ALVAREZ MIRANDA, JOSÉ LUIS	CIBUS SIRGON	9	M3- M	M	00:20:19	00:20:27	00:40:46
38	28	MÉNDEZ IGLESIAS, DANIEL	ADN RUNNERS	12	M1- M	M	00:20:07	00:20:47	00:40:54
39	48	SALGADO CURROS, RUBEN		15	M2- M	M	00:20:42	00:20:13	00:40:55
40	89	MUIÑOS CARBALLO, BRUNO		16	M2- M	M	00:20:17	00:20:43	00:41:00

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Pos	Dorsal	Nome	Club	P.Cat	Cat.	Sexo	V1	V2	Meta
41	22	FERNANDEZ GONZALEZ, PEDRO		13	M1- M	M	00:20:02	00:21:13	00:41:15
42	92	FERREIRA LAREDO, DAVID	CASTRELOS KM 0	17	M2- M	M	00:20:47	00:20:53	00:41:40
43	116	FERNÁNDEZ ABALDE, FELIX		10	M3- M	M	00:21:22	00:20:35	00:41:57
44	18	BOUZAS TOREA, FRANCISCO		14	M1- M	M	00:20:56	00:21:23	00:42:19
45	45	DÍAZ FERNÁNDEZ, DAVID	CONDADO TRAIL	15	M1- M	M	00:21:16	00:21:04	00:42:20
46	87	PEREIRAS ÁLVAREZ, MARCOS	AGRUPACIÓN VIGUESA DE ATLETISMO	18	M2- M	M	00:20:45	00:21:38	00:42:23
47	73	DOMÍNGUEZ FERNÁNDEZ, SIMON		19	M2- M	M	00:21:16	00:21:14	00:42:30
48	119	PEITEADO RUIZ, GUILLERMO	ATHLETICS FISIOTERAPIA SAN LAZARO	11	M3- M	M	00:20:50	00:21:45	00:42:35
49	125	GONZÁLEZ VILLANUEVA, JORGE	C A.R. MARISQUEIRO	12	M3- M	M	00:21:31	00:21:06	00:42:37
50	31	RODRÍGUEZ RODRÍGUEZ, ALEJANDRO	ADN RUNNERS	16	M1- M	M	00:21:31	00:21:11	00:42:42
51	124	SALVADO TEJEDOR, ROBERTO	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	13	M3- M	M	00:19:49	00:22:56	00:42:45
52	171	SALVADO DIEGUEZ, JULIA	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	2	M1- F	F	00:20:35	00:22:12	00:42:47
53	83	DORADO FUENTE, IBAN		20	M2- M	M	00:21:18	00:21:31	00:42:49
54	132	RIVAS CID, VÍCTOR	C.A.R MARISQUEIRO	14	M3- M	M	00:21:31	00:21:19	00:42:50
55	143	PEREIRA PINTO, JORGE		3	M4- M	M	00:21:07	00:21:44	00:42:51



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Pos	Dorsal	Nome	Club	P.Cat	Cat.	Sexo	V1	V2	Meta
56	9	FIGUEROA FERNÁNDEZ, DARIO		17	M1- M	M	00:21:16	00:22:04	00:43:20
57	71	MILLÁN FARO, IVAN		21	M2- M	M	00:21:45	00:21:57	00:43:42
58	96	FERNÁNDEZ DA SILVA, MARCIAL		15	M3- M	M	00:22:20	00:21:23	00:43:43
59	97	REGATOS GÓMEZ, ROBERTO		16	M3- M	M	00:21:34	00:22:09	00:43:43
60	60	ACOSTA RENILLA, JUAN PABLO		22	M2- M	M	00:21:32	00:22:20	00:43:52
61	148	ESTÉVEZ ALONSO, CARLOS JAVIER	CASTRELOS KM O	4	M4- M	M	00:22:19	00:21:39	00:43:58
62	187	CASALEIRO BARROS, MARÍA		1	M2- F	F	00:22:20	00:21:38	00:43:58
63	186	RODRIGUEZ OLIVEIRA, ROCIO	ATHLETICS FISIOTERAPIA SAN LÁZARO	2	M2- F	F	00:21:52	00:22:10	00:44:02
64	133	PICO PITA, JOSE LUIS	CASTRELOS 20:30	17	M3- M	M	00:22:10	00:21:53	00:44:03
65	55	LORENZO RIVEIRO, DIEGO	AGRUPACIÓN VIGUESA DE ATLETISMO (AVA)	23	M2- M	M	00:22:11	00:21:56	00:44:07
66	7	RODRÍGUEZ MARTINEZ, MODESTO	CELTA ATLETISMO	18	M1- M	M	00:21:35	00:22:35	00:44:10
67	170	OJEA CAAMAÑO, MIRIAM	VETERANOS SAMIL	3	M1- F	F	00:21:50	00:22:42	00:44:32
68	47	ABAD, JACOBO		24	M2- M	M	00:22:10	00:22:34	00:44:44
69	172	BAR IGLESIAS, AROHA	CAR MARISQUEIRO	4	M1- F	F	00:22:21	00:22:25	00:44:46
70	100	BAR PÉREZ, LUIS	CAR MARISQUEIRO	18	M3- M	M	00:19:37	00:25:10	00:44:47



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Pos	Dorsal	Nome	Club	P.Cat	Cat.	Sexo	V1	V2	Meta
71	160	FERNANDEZ PEREZ, BRAIS		19	M1- M	M	00:22:21	00:22:31	00:44:52
72	78	ROA MÉNDEZ, JOSE	ROA TEAM	25	M2- M	M	00:21:34	00:23:20	00:44:54
73	69	ROA MÉNDEZ, MOISÉS	TEAM ROA	26	M2- M	M	00:22:21	00:22:35	00:44:56
74	126	GONZALEZ DOMINGUEZ, PEDRO	CASTRELOS 20:30	19	M3- M	M	00:22:21	00:22:46	00:45:07
75	139	COUSIÑO SENDIN, JOSE MANUEL	CASTRELOS KM-0	20	M3- M	M	00:22:21	00:22:46	00:45:07
76	134	GAGO SÁNCHEZ, ANTOLÍN	VETERANOS DE SAMIL	21	M3- M	M	00:21:59	00:23:12	00:45:11
77	26	GONZALEZ PAREDES, BREGAN	CLUB ATLETISMO VETERANOS DE SAMIL	20	M1- M	M	00:21:48	00:23:24	00:45:12
78	20	RODRÍGUEZ PETEIRA, DIEGO		21	M1- M	M	00:21:59	00:23:24	00:45:23
79	94	GONZALEZ ESTEVEZ, JOSE MANUEL		22	M3- M	M	00:22:52	00:22:31	00:45:23
80	173	ADÁN BARRIENTOS, BEATRIZ		5	M1- F	F	00:21:59	00:23:24	00:45:23
81	17	LAGO BERNÁRDEZ, JAVIER		22	M1- M	M	00:22:14	00:23:20	00:45:34
82	99	DÍAZ ALONSO, JOSE MARÍA		23	M3- M	M	00:22:29	00:23:25	00:45:54
83	68	ALONSO BARGIELA, DANIEL		27	M2- M	M	00:22:58	00:23:01	00:45:59
84	52	RIVERA CANICOBA, ALBERTO		28	M2- M	M	00:22:55	00:23:06	00:46:01
85	122	PÉREZ BLANCO, PABLO	CLUB TRIATLON O VAO	24	M3- M	M	00:23:09	00:22:57	00:46:06

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86	197	VELÁZQUEZ GARCÍA, MARIA	TRIATLÓN VAO	1	M3- F	F	00:23:11	00:22:55	00:46:06
87	114	NOVOA SIO, JOSE	FLORISTERÍA CARMEN SIO	25	M3- M	M	00:23:14	00:22:53	00:46:07
88	111	LORENZO UZ, ALBERTO		26	M3- M	M	00:22:58	00:23:19	00:46:17
89	155	JARDON LOPEZ, JOSE	CLUB VETERANOS DE SAMIL	1	M5- M	M	00:22:38	00:23:45	00:46:23
90	194	ALONSO GARCIA, ANA ROSA	ATHLETIC FISIOTERAPIA SAN LÁZARO	2	M3- F	F	00:23:07	00:23:31	00:46:38
91	129	CAMPOS ABALDE, ANTONIO	CASTRELOS KM.0	27	M3- M	M	00:23:07	00:23:32	00:46:39
92	142	GÓMEZ LAGO, JAVIER	CLUB ATLETISMO VIGO	5	M4- M	M	00:24:16	00:22:33	00:46:49
93	106	FERNANDEZ VÁZQUEZ, RAFAEL	C.A.R.MARISQUEIRO	28	M3- M	M	00:23:33	00:23:17	00:46:50
94	90	RIVERA RIVERA, JOSÉ ANTONIO	C.A.R. MARISQUEIRO	29	M2- M	M	00:24:23	00:22:33	00:46:56
95	62	ALONSO CARRERA, DANIEL		30	M2- M	M	00:23:28	00:23:31	00:46:59
96	150	MATA MIRANDA, BERNARDINO	CASTRELOS 20:30	6	M4- M	M	00:23:15	00:23:48	00:47:03
97	135	BELOSO GONZÁLEZ, CARLOS		29	M3- M	M	00:23:46	00:23:18	00:47:04
98	131	GASPAR FERNÁNDEZ, ROBERTO		30	M3- M	M	00:24:05	00:23:01	00:47:06
99	146	VAZQUEZ VIDAL, ANTONIO		7	M4- M	M	00:23:06	00:24:09	00:47:15
100	145	ALÉN CASTELAIN, EUSEBIO	CASTRELOS 20:30	8	M4- M	M	00:22:37	00:24:46	00:47:23



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101	72	GOMEZ LOPEZ, PABLO	LOS INSENS@TOS	31	M2-M	M	00:23:07	00:24:21	00:47:28
102	118	GONZÁLEZ RODRÍGUEZ, MANUEL	ADN RUNNERS TELMO PELUQUEROS	31	M3-M	M	00:23:47	00:23:44	00:47:31
103	53	GIL MARTÍNEZ, CARLOS		32	M2-M	M	00:23:02	00:24:33	00:47:35
104	137	ARMADA FERNÁNDEZ, ERNESTO MANUEL		32	M3-M	M	00:23:50	00:23:45	00:47:35
105	151	BARROS PEREZ, FRANCISCO	OS CHORONS	9	M4-M	M	00:23:50	00:24:03	00:47:53
106	156	RODRIGUEZ CARAMES, JOSE MANUEL	TRIATLON PORRIÑO	2	M5-M	M	00:23:55	00:24:03	00:47:58
107	157	RODRIGUEZ RODRIGUEZ, SERGIO		3	M5-M	M	00:24:12	00:23:55	00:48:07
108	123	MARTÍNEZ, ROBERTO	SAMERTOLAMEU	33	M3-M	M	00:23:10	00:24:58	00:48:08
109	19	TIZON, IVAN		23	M1-M	M	00:24:48	00:24:15	00:49:03
110	178	FERNANDEZ FRAGA, MARIA		6	M1-F	F	00:24:48	00:24:16	00:49:04
111	184	ROMERO FRESCO, GABRIELA		7	M1-F	F	00:24:38	00:24:27	00:49:05
112	59	RODRIGUEZ FERNANDEZ, EFREN		33	M2-M	M	00:23:25	00:25:44	00:49:09
113	109	CB, TAVI		34	M3-M	M	00:24:55	00:24:42	00:49:37
114	147	MOLARES RIVAS, BERNARDO		10	M4-M	M	00:25:08	00:24:29	00:49:37
115	16	RODRÍGUEZ DOCURRO, CRISTIAN DAVID		24	M1-M	M	00:25:47	00:24:02	00:49:49

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116	130	VILLANUEVA AREAL, DITO	RUNNING LUSEKELO	35	M3- M	M	00:24:27	00:25:22	00:49:49
117	108	RODILLA, IVÁN		36	M3- M	M	00:25:00	00:25:06	00:50:06
118	10	ALVES DO NASCIMENTO, ISRAEL	CORRE BONFA	25	M1- M	M	00:23:52	00:26:27	00:50:19
119	113	MARTÍNEZ DOMÍNGUEZ, JOSÉ ANTONIO		37	M3- M	M	00:26:00	00:24:21	00:50:21
120	175	RODRÍGUEZ, YOLANDA		8	M1- F	F	00:25:47	00:24:34	00:50:21
121	61	MILLAN FARO, AITOR		34	M2- M	M	00:25:33	00:24:54	00:50:27
122	141	BENAVIDES HERNÁNDEZ, FERNANDO	ATLETIS SAN LAZARO	11	M4- M	M	00:24:14	00:26:41	00:50:55
123	193	GONZALEZ, ISABEL	TRIATLÓN MAR DE VIGO	3	M3- F	F	00:24:52	00:26:05	00:50:57
124	91	GONZÁLEZ ALVAREZ, GERARDO		35	M2- M	M	00:24:48	00:26:31	00:51:19
125	1	TABOADA GONZALEZ, RAMIRO	RUNNING LUSEKELO	12	M4- M	M	00:24:36	00:26:44	00:51:20
126	120	BAAMONDE GONZALEZ, ANTONIO	ATLETISMO BAIONA	38	M3- M	M	00:24:06	00:27:14	00:51:20
127	5	VAQUERO RODRÍGUEZ, LUCAS		26	M1- M	M	00:25:09	00:26:12	00:51:21
128	39	CASAL DORADO, GONZALO		27	M1- M	M	00:25:39	00:26:17	00:51:56
129	136	PEREIRA CANEIRO, PEDRO		39	M3- M	M	00:25:25	00:26:34	00:51:59
130	35	GUAMA HEREDIA, EDWIN	PADELEROS	28	M1- M	M	00:26:09	00:26:05	00:52:14

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131	199	FERNÁNDEZ PAZOS, LUZ		1	M4- F	F	00:26:15	00:26:00	00:52:15
132	189	NIETO GONZÁLEZ, ÁNGELES		3	M2- F	F	00:26:13	00:26:10	00:52:23
133	144	ESPAÑA LÓPEZ, JUAN JOSE		13	M4- M	M	00:26:15	00:26:10	00:52:25
134	198	LOPEZ MANGANA, MARÍA TERESA		2	M4- F	F	00:26:06	00:26:23	00:52:29
135	42	IZQUIERDO MARTÍNEZ, FRANCISCO		29	M1- M	M	00:26:19	00:26:29	00:52:48
136	149	FERNÁNDEZ ALONSO, JUAN JOSE		14	M4- M	M	00:26:06	00:27:11	00:53:17
137	185	TENORIO DEL RÍO, MARÍA JOSÉ		4	M2- F	F	00:26:09	00:27:14	00:53:23
138	104	ZUNZUNEGUI GARRIDO, NOÉ		40	M3- M	M	00:27:07	00:26:37	00:53:44
139	80	NOCHE, RAMÓN		36	M2- M	M	00:25:56	00:27:58	00:53:54
140	33	IRAVEDRA LÓPEZ, PABLO		30	M1- M	M	00:25:46	00:28:32	00:54:18
141	93	FERRER AVENDAÑO, IGNACIO	CLUB DEPORTIVO O CASTAÑAL-ALCABRE	37	M2- M	M	00:27:10	00:27:33	00:54:43
142	138	LAMAS PÉREZ, EDUARDO		41	M3- M	M	00:27:19	00:27:26	00:54:45
143	44	SÁNCHEZ PEREIRA, MIGUEL		31	M1- M	M	00:27:08	00:27:44	00:54:52
144	4	DÍAZ GARCÍA, LUCAS		1	M0- M	M	00:25:27	00:29:31	00:54:58
145	58	COSTAS MARTINEZ, JOSE MANUEL	IBIS	38	M2- M	M	00:26:55	00:28:10	00:55:05

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146	190	RAMILO MENDEZ, MONICA	IBIS ATLETISMO VAL MIÑOR	5	M2- F	F	00:26:54	00:28:11	00:55:05
147	74	ALONSO LORENZO, DIEGO		39	M2- M	M	00:26:34	00:28:47	00:55:21
148	77	PIRIS PORTELA, GUSTAVO		40	M2- M	M	00:26:35	00:28:47	00:55:22
149	154	BLANCO GONZÁLEZ, ALFONSO		15	M4- M	M	00:27:21	00:28:24	00:55:45
150	140	FERNÁNDEZ GONZÁLEZ, JOSÉ MANUEL	MAIS QUE AUGA	42	M3- M	M	00:28:20	00:29:01	00:57:21
151	25	REMIRO GONZÁLEZ, PABLO		32	M1- M	M	00:28:09	00:29:52	00:58:01
152	158	REY GONZÁLEZ, JOSÉ ROBERTO	VETERANOS SAMIL	4	M5- M	M	00:27:52	00:30:29	00:58:21
153	176	RODRIGUEZ SANCHEZ, NADIA		9	M1- F	F	00:29:43	00:31:15	01:00:58
154	180	RODRIGUEZ DOCAMPO, DEBORA		10	M1- F	F	00:29:44	00:31:14	01:00:58
155	177	RODRIGUEZ MARTINEZ, NATALIA		11	M1- F	F	00:30:55	00:31:53	01:02:48
156	117	BOUZON JUNQUERA, IVAN		43	M3- M	M	00:27:56	00:34:57	01:02:53
157	188	PAZOS GONZÁLEZ, LORENA		6	M2- F	F	00:30:56	00:31:57	01:02:53
158	196	ALVAREZ RODRÍGUEZ, ROSANA		4	M3- F	F	00:29:13	00:36:01	01:05:14

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