

CRONOTEC

V CARREIRA DA MULLER-5K

Clasificación xeral

Carrera principal

Localidade PONTEVEDRA

Data 23/05/2026

Hora 12:00 PM

Distancia 5 Km

ORGANIZA: DIARIO DE PONTEVEDRA E HQR

CRONOMETRA: CRONOTEC

SISTEMA: CRONOMACH

CLASIFICACIONES: CRONOTEC.ES

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
1	1	45	DIZ DA ROCHA, SARAH CRISTINA	SOCIEDAD GIMNÁSTICA DE PONTE	SENIOR (1)	0:18:56	03:47
2	2	17	QUINTANA GARCÍA, BÁRBARA		PROM_A (1)	0:19:33	03:54
3	3	229	NOGUEIRA VIÑAS, NOELIA	CLUB ATLETISMO CAMBADOS	SENIOR (2)	0:20:02	04:00
4	4	169	TEROL, MARTA		SENIOR (3)	0:20:28	04:05
5	5	162	VEIGA PEREIRA, SOFÍA		SENIOR (4)	0:20:30	04:06
6	6	669	SUÁREZ VILA, TERESA		MAS55 (1)	0:20:31	04:06
7	7	603	LOSADA FIGUEROA, MARTA		MAS50 (1)	0:20:34	04:06
8	8	437	RILO GÓMEZ, ROSA	ATLETISMO OBRADOIRO	MAS40 (1)	0:20:42	04:08
9	9	257	REYES RODRÍGUEZ, ALICIA		SENIOR (5)	0:21:13	04:14
10	10	266	CASALDERREY SORIA, JENIFER		SENIOR (6)	0:21:22	04:16
11	11	835	FERNÁNDEZ LÓPEZ, AMANDA		SENIOR (7)	0:21:26	04:17
12	12	116	AGÍS, SARA		SENIOR (8)	0:21:31	04:18
13	13	95	DURO PICHEL, PAULA	AVIGAL	SENIOR (9)	0:21:31	04:18
14	14	208	VIDAL MAÑÁ, ALBA	AVIGAL	SENIOR (10)	0:21:31	04:18
15	15	872	ROSENDO GONZÁLEZ, IRIA		MAS35 (1)	0:21:33	04:18
16	16	4	CABANELAS CARBALLO, NATALIA	CLUB DEPORTIVO PINARIUM	PROM_A (2)	0:21:42	04:20
17	17	211	PIÑEIRO SANTACLARA, SANDRA		SENIOR (11)	0:21:44	04:20
18	18	789	DÍAZ SOUTULLO, PATRY		MAS35 (2)	0:21:46	04:21
19	19	324	SANTALLA IGLESIAS, SARA		MAS35 (3)	0:21:46	04:21
20	20	167	PÉREZ PÉREZ, FÁTIMA		SENIOR (12)	0:21:54	04:22
21	21	296	VIDAL MARTÍNEZ, EVA		SENIOR (13)	0:21:54	04:22
22	22	358	TREPAT MONTERO, ANDREA		MAS35 (4)	0:22:03	04:24
23	23	68	TARRÍO VILLADEAMIGO, NURIA		SENIOR (14)	0:22:07	04:25
24	24	3	DIZ DA ROCHA, SOFÍA	SOCIEDAD GIMNÁSTICA DE PONTE	PROM_A (3)	0:22:09	04:25
25	25	7	SEOANE CASTRO, CATALINA	GIMNÁSTICA PONTEVEDRA	PROM_A (4)	0:22:20	04:28
26	26	354	PÉREZ HARO, MARÍA JOSÉ	CLUB DEPORTIVO BRIÓN HYUPERS	MAS35 (5)	0:22:22	04:28
27	27	213	DURO PICHEL, ANTÍA	AVIGAL	SENIOR (15)	0:22:24	04:28
28	28	39	ÁLVAREZ DOMÍNGUEZ, PAULA		PROM_C (1)	0:22:35	04:31
29	29	527	MATO MEIJOME, MARISA		MAS45 (1)	0:22:38	04:31
30	30	103	MOURIÑO LORENZO, SARA		SENIOR (16)	0:22:48	04:33
31	31	555	VIDAL LORENZO, EMILIA	MAIS QUE AUGA	MAS45 (2)	0:22:53	04:34
32	32	775	RODRÍGUEZ SANTOS, BIBIANA		MAS45 (3)	0:22:53	04:34
33	33	392	FIDALGO, LUCIA		MAS40 (2)	0:22:53	04:34
34	34	128	DELAUNAY, ANAËLLE		SENIOR (17)	0:23:05	04:37

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
35	35	127	GROBA COMESAÑA, LÍA	CLUB DEPORTIVO DELIKIA	SENIOR (18)	0:23:09	04:37
36	36	48	GROBA COMESAÑA, NOA		SENIOR (19)	0:23:09	04:37
37	37	786	ARBOLEDAS LERIDA, ESTELA		MAS35 (6)	0:23:16	04:39
38	38	449	CID, EVA		MAS40 (3)	0:23:21	04:40
39	39	214	GRANDE COSTA, LAURA		SENIOR (20)	0:23:23	04:40
40	40	219	GAITEIRO ÁLVAREZ, PATRICIA		SENIOR (21)	0:23:24	04:40
41	41	193	DÍAZ FUERTES, CRISTINA		SENIOR (22)	0:23:27	04:41
42	42	545	TOBÍO DÓNEGA, MARÍA		MAS45 (4)	0:23:34	04:42
43	43	92	CRESPO NOVOA, AINOA		SENIOR (23)	0:23:36	04:43
44	44	822	PIÑEIRO FOLGAR, FATIMA		MAS40 (4)	0:23:38	04:43
45	45	161	ROMA CARRILLO, MARÍA		SENIOR (24)	0:23:39	04:43
46	46	147	CÓRDOBA PÉREZ, VICTORIA		SENIOR (25)	0:23:39	04:43
47	47	183	RODRÍGUEZ CARBONELL, MARIA D		SENIOR (26)	0:23:47	04:45
48	48	551	GRAÑA SOBRAL, LIDIA MARIA		MAS45 (5)	0:23:50	04:46
49	49	561	GARCÍA FERNÁNDEZ, MANUELA		MAS45 (6)	0:23:55	04:47
50	50	238	PÉREZ VIDAL, PATRICIA		SENIOR (27)	0:24:21	04:52
51	51	426	PIÑEIRO FRAGA, MARIA		MAS40 (5)	0:24:25	04:53
52	52	295	DÍAZ CARPINTERO, ANA		SENIOR (28)	0:24:30	04:54
53	53	841	MARTÍNEZ BUENHOMBRE, MARIA	MIO	MAS45 (7)	0:24:31	04:54
54	54	21	LOPEZ SANCHEZ, SILVIA	GIMNÁSTICA DE PONTEVEDRA	PROM_A (5)	0:24:36	04:55
55	55	6	VÁZQUEZ DIZ, VALERIA DASHA	SOCIEDAD GIMNÁSTICA DE PONTE	PROM_A (6)	0:24:38	04:55
56	56	502	FERRO NIETO, MARTA	PINARIUM	MAS45 (8)	0:24:45	04:57
57	57	411	NORES MOREIRA, ALICIA		MAS40 (6)	0:24:46	04:57
58	58	385	PALACIOS CIDRÁS, ALEXIA		MAS40 (7)	0:24:46	04:57
59	59	64	GARCÍA GRAÑA, TATYANA		SENIOR (29)	0:24:50	04:58
60	60	57	DOS REIS BOULLOSA, LAURA		SENIOR (30)	0:24:51	04:58
61	61	335	CANEDA BERNÁRDEZ, MÓNICA		MAS35 (7)	0:24:56	04:59
62	62	404	DAPENA, MARIEL		MAS40 (8)	0:24:56	04:59
63	63	325	ESTREMER FERNÁNDEZ, ARIADN		MAS35 (8)	0:24:59	04:59
64	64	533	LOPEZ GARZA, BELEN		MAS45 (9)	0:24:59	04:59
65	65	236	BERGUEIRO SALGUEIRO, CECILIA		SENIOR (31)	0:25:02	05:00
66	66	256	CASAL GONZÁLEZ, ANA		SENIOR (32)	0:25:05	05:01
67	67	330	AROSA GARCIA, TAMARA		MAS35 (9)	0:25:14	05:02
68	68	493	VARGAS GIL, MARÍA LUZ	VARGAS LÓPEZ	MAS45 (10)	0:25:14	05:02
69	69	212	LORENZO BOUZÓN, CARLA		SENIOR (33)	0:25:17	05:03
70	70	259	ÁLVAREZ QUINTÁ, ELENA		SENIOR (34)	0:25:22	05:04
71	71	564	RIAL SEGADE, RAQUEL		MAS45 (11)	0:25:33	05:06
72	72	383	SANCHO ESTEVEZ, MARTA		MAS40 (9)	0:25:35	05:07
73	73	410	DOMÍNGUEZ MUNAIZ, ESPERANZA		MAS40 (10)	0:25:38	05:07
74	74	436	LÓPEZ FERNÁNDEZ, MIRIAM	LOLAILOS	MAS40 (11)	0:25:44	05:08
75	75	231	MERLOS OTERO, PAULA		SENIOR (35)	0:25:45	05:09
76	76	318	GARCIA FERNÁNDEZ, TANIA		MAS35 (10)	0:25:45	05:09
77	77	862	BONET FERNANDEZ, CONCHI		MAS45 (12)	0:25:46	05:09
78	78	372	DE CABO FONTAN, BEGOÑA		MAS40 (12)	0:25:52	05:10
79	79	806	FRENCH, ALEXIA		PROM_C (2)	0:25:53	05:10
80	80	38	LÓPEZ DOMINGUEZ, SARA		PROM_C (3)	0:25:53	05:10
81	81	314	PIDRE DOMINGUEZ, ZHAIRA		MAS35 (11)	0:26:02	05:12
82	82	457	CASTRO REY, PALOMA		MAS40 (13)	0:26:03	05:12
83	83	145	LORENZO ALONSO, NATALIA		SENIOR (36)	0:26:03	05:12

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
84	84	708	FERNÁNDEZ SUÁREZ, ELBIA		MAS55 (2)	0:26:04	05:12
85	85	819	QUINTANA MIRANDA, FÁTIMA		MAS45 (13)	0:26:05	05:13
86	86	589	LEMONS JORGE, MÓNICA		MAS50 (2)	0:26:06	05:13
87	87	19	MARTÍNEZ LÓPEZ, AROA	ILLA DE TAMBO	PROM_A (7)	0:26:06	05:13
88	88	143	COSTAS MAÑÁ, SILVIA		SENIOR (37)	0:26:07	05:13
89	89	253	COUTO RODRÍGUEZ- PEDROSA, C		SENIOR (38)	0:26:07	05:13
90	90	13	SERRANO POUSSADA, CARLOTA		PROM_A (8)	0:26:09	05:13
91	91	431	ROSALES ROSALES, PAULA	CLUB DEPORTIVO PINARIUM	MAS40 (14)	0:26:12	05:14
92	92	413	FERNÁNDEZ TRULLÁS, SARA		MAS40 (15)	0:26:21	05:16
93	93	132	ARGIBAY BOULLOSA, ANDREA		SENIOR (39)	0:26:28	05:17
94	94	65	ARGIBAY BOULLOSA, AINHOA		SENIOR (40)	0:26:30	05:18
95	95	77	GÓMEZ BERMÚDEZ, PAULA		SENIOR (41)	0:26:32	05:18
96	96	23	TOURIÑO MAQUIEIRA, EMMA	AVIGAL	PROM_B (1)	0:26:33	05:18
97	97	121	CASTELEIRO DEUS, CATUXA		SENIOR (42)	0:26:38	05:19
98	98	28	CAMPOS ORCAJO, MAYLA		PROM_B (2)	0:26:42	05:20
99	99	427	GONZALEZ HERNANDEZ, MARTA M		MAS40 (16)	0:26:44	05:20
100	100	302	VILAS TORRES, ALBA		MAS35 (12)	0:26:47	05:21
101	101	198	RODRÍGUEZ COVELO, REBECA		SENIOR (43)	0:26:48	05:21
102	102	63	ALONSO PÉREZ, KIOWA	NINGUNO	SENIOR (44)	0:26:50	05:22
103	103	71	VÁZQUEZ HERMIDA, LUCÍA	NINGUNO	SENIOR (45)	0:26:50	05:22
104	104	170	DOMÍNGUEZ ÁLVAREZ, LAURA		SENIOR (46)	0:26:54	05:22
105	105	365	NOGUEIRA BALSEIROS, EVA MARI		MAS40 (17)	0:26:57	05:23
106	106	341	LOPEZ FERNÁNDEZ, PAULA		MAS35 (13)	0:27:00	05:24
107	107	98	MIGUEZ ALVAREZ, YULEMA		SENIOR (47)	0:27:05	05:25
108	108	885	ALVAREZ FRAILE, PATRICIA		SENIOR (48)	0:27:05	05:25
109	109	632	PEREZ TORRES, MAITE		MAS50 (3)	0:27:06	05:25
110	110	317	ÁLVAREZ PRIETO, GABRIELA		MAS35 (14)	0:27:06	05:25
111	111	723	GARCÍA PEREIRA, ROSA MARÍA	COIBI	MAS60 (1)	0:27:06	05:25
112	112	838	GALEGO OUTES, ANDREA		SENIOR (49)	0:27:06	05:25
113	113	776	NOVEGIL DE LA FUENTE, IRIA		MAS45 (14)	0:27:07	05:25
114	114	120	FERNÁNDEZ, ANDREA		SENIOR (50)	0:27:10	05:26
115	115	271	DELGADO REGUEIRO, ANDREA		SENIOR (51)	0:27:19	05:27
116	116	539	GRANDAL SOUTO, MARÍA JESÚS		MAS45 (15)	0:27:19	05:27
117	117	282	VIELE, FABIOLA		SENIOR (52)	0:27:21	05:28
118	118	496	ACUÑA OLAÑETA, IRENE		MAS45 (16)	0:27:21	05:28
119	119	99	CACHEDA, CARLA		SENIOR (53)	0:27:24	05:28
120	120	827	BECERRIL LÓPEZ, IRIA		MAS35 (15)	0:27:25	05:29
121	121	303	OJEA MATEOS, ANDREA		MAS35 (16)	0:27:36	05:31
122	122	816	CASANOVA, CRISTINA		MAS45 (17)	0:27:39	05:31
123	123	516	GONZÁLEZ SOBRAL, GUADALUPE		MAS45 (18)	0:27:44	05:32
124	124	155	MIRANDA SIEIRO, RAQUEL		SENIOR (54)	0:27:46	05:33
125	125	778	RIVAS TERUELO, EMMA		MAS40 (18)	0:27:47	05:33
126	126	854	GARCÍA CORTÁZAR, MARÍA BEGO		MAS55 (3)	0:27:48	05:33
127	127	1001	OLIVEIRA SANTOS, ANA	AVIGAL	SENIOR (55)	0:27:48	05:33
128	128	74	REGUERA DIZ, ANDREA	AVIGAL	SENIOR (56)	0:27:48	05:33
129	129	1002	ROEL PERDIZ, CAROLINA		MEN (1)	0:27:49	05:33
130	130	35	RIAL GARCIA, JARA		PROM_B (3)	0:27:49	05:33
131	131	204	SANTOS MENDUIÑA, IRENA		SENIOR (57)	0:27:51	05:34
132	132	515	MENDUIÑA PASTORIZA, ROSI	GALAICAS	MAS45 (19)	0:27:51	05:34

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
133	133	175	CAIÑO CARDALDA, UXIA		SENIOR (58)	0:27:51	05:34
134	134	109	COUTO CASTRO, MARTA		SENIOR (59)	0:27:52	05:34
135	135	246	GÓMEZ BUGALLO, SONIA		SENIOR (60)	0:27:54	05:34
136	136	869	ADAN MERINO, ITZIAR	AROMON	MAS40 (19)	0:27:55	05:35
137	137	768	CARDELLE JANEIRO, ALEJANDRA		MAS50 (4)	0:27:55	05:35
138	138	443	MADRIÑÁN VAL, PATRICIA		MAS40 (20)	0:27:56	05:35
139	139	397	TEMBRA CARAMÉS, MARÍA		MAS40 (21)	0:27:59	05:35
140	140	184	DOMÍNGUEZ, UXÍA		SENIOR (61)	0:28:00	05:36
141	141	415	DOMÍNGUEZ, EVA		MAS40 (22)	0:28:00	05:36
142	142	101	BELOSO BARBOSA, CANDI		SENIOR (62)	0:28:00	05:36
143	143	625	AGUILAR PLANAS, NURIA		MAS50 (5)	0:28:01	05:36
144	144	837	CHAZO SILVA, LUCÍA		SENIOR (63)	0:28:01	05:36
145	145	498	GARCÍA MAGARIÑOS, SANDRA	TENIS DE MESA PONTEVEDRA	MAS45 (20)	0:28:02	05:36
146	146	839	OTERO FARIÑA, LAURA		SENIOR (64)	0:28:02	05:36
147	147	267	RODRÍGUEZ DIAZ, CLARA		SENIOR (65)	0:28:08	05:37
148	148	850	GONZÁLEZ CARBALLO, REBECA		MAS45 (21)	0:28:13	05:38
149	149	423	DOPAZO RECAMAN, MARIA DO MA		MAS40 (23)	0:28:13	05:38
150	150	577	GARCÍA JARA, PAULA		MAS50 (6)	0:28:14	05:38
151	151	321	MOREIRA TOMÉ, ITZIAR		MAS35 (17)	0:28:14	05:38
152	152	135	CORES BASDEDIÓS, ANA		SENIOR (66)	0:28:14	05:38
153	153	658	PAZOS SOAGE, TERESA		MAS55 (4)	0:28:18	05:39
154	154	873	OUTÓN BLANCO, YOLANDA		MAS35 (18)	0:28:19	05:39
155	155	594	MULET, MERCEDES		MAS50 (7)	0:28:22	05:40
156	156	108	JUNCAL CORTEGOSO, AINHOA		SENIOR (67)	0:28:28	05:41
157	157	688	PICHEL ALONSO, CARMEN	AVIGAL	MAS55 (5)	0:28:29	05:41
158	158	96	TORRES VÁZQUEZ, CLARA	AVIGAL	SENIOR (68)	0:28:29	05:41
159	159	622	NOYA PORTELA, AURORA		MAS50 (8)	0:28:31	05:42
160	160	613	LOPEZ MOSTEIRO, ANA ISABEL	CD PINARIUM	MAS50 (9)	0:28:32	05:42
161	161	222	RUIBAL GARCÍA, TAMARA		SENIOR (69)	0:28:35	05:43
162	162	233	LIMENS FIGUEIRAS, LARA		SENIOR (70)	0:28:36	05:43
163	163	191	VILARIÑO NOVEGIL, EVA		SENIOR (71)	0:28:37	05:43
164	164	141	PARDO BOUZAS, REBECA		SENIOR (72)	0:28:40	05:44
165	165	134	MERINO FIGUEIRA, ALDARA		SENIOR (73)	0:28:40	05:44
166	166	137	LORENZO BLANCO, LARA		SENIOR (74)	0:28:41	05:44
167	167	9	ALBERTE NOVOA, VALERIA		PROM_A (9)	0:28:41	05:44
168	168	857	CARRACELA BROULLÓN, EVA MAR		MAS50 (10)	0:28:48	05:45
169	169	249	PINTOS PADÍN, MARÍA		SENIOR (75)	0:28:48	05:45
170	170	263	LORENTE MARTÍN, NIEVES		SENIOR (76)	0:28:50	05:46
171	171	70	VALLINES FERNÁNDEZ, ANA		SENIOR (77)	0:28:50	05:46
172	172	210	VALLEJO FUENTE, SARA		SENIOR (78)	0:28:51	05:46
173	173	54	SOTO RODRÍGUEZ, INÉS		SENIOR (79)	0:28:51	05:46
174	174	60	SANTAMARINA COSTAS, LIA	S'PACE RUN CLUB	SENIOR (80)	0:28:51	05:46
175	175	350	GAREA IGLESIAS, NURIA		MAS35 (19)	0:28:54	05:46
176	176	283	ARIAS MATO, ANDREA	ATLETISMO A ESTRADA	SENIOR (81)	0:28:54	05:46
177	177	378	ALLER CODESIDO, ELENA		MAS40 (24)	0:28:55	05:47
178	178	340	MORENO CARRAS6, MARTA		MAS35 (20)	0:28:55	05:47
179	179	643	FONTARIGO SANROMAN, INMACUL		MAS50 (11)	0:28:57	05:47
180	180	297	ROGEL MESÍAS, INÉS		SENIOR (82)	0:28:57	05:47
181	181	159	AVENDAÑO FARIÑA, RAQUEL		SENIOR (83)	0:28:59	05:47

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
182	182	389	ESTER, CHRISTIANNE		MAS40 (25)	0:28:59	05:47
183	183	369	RODRIGUEZ NODAR, LUCIA		MAS40 (26)	0:29:02	05:48
184	184	558	REBOREDO AGRA, PAZ		MAS45 (22)	0:29:02	05:48
185	185	506	FERNÁNDEZ MARTÍNEZ, VICTORIA		MAS45 (23)	0:29:02	05:48
186	186	280	BENAVIDES ACEVEDO, CAMILA		SENIOR (84)	0:29:03	05:48
187	187	36	MARTINEZ GRAÑA, MARTA		PROM_C (4)	0:29:05	05:49
188	188	148	OGEA COSTAS, UXÍA	AVIGAL	SENIOR (85)	0:29:07	05:49
189	189	522	PINTOS ROSALES, IRENE		MAS45 (24)	0:29:08	05:49
190	190	313	ARAÚJO OTERO, SARA		MAS35 (21)	0:29:10	05:50
191	191	289	PÉREZ ABALO, ESTEFANÍA		SENIOR (86)	0:29:12	05:50
192	192	582	TORRES BARROSO, SILVIA	GALAICAS BUEU	MAS50 (12)	0:29:12	05:50
193	193	609	CRESPO, CONCHI	CLUB DEPORTIVO GALAICAS BUEU	MAS50 (13)	0:29:13	05:50
194	194	315	BARREIRO ABALO, PATRICIA		MAS35 (22)	0:29:13	05:50
195	195	454	TEMBRA CARAMES, BEGOÑA		MAS40 (27)	0:29:20	05:52
196	196	158	VILLANUEVA GONZÁLEZ, ÁNGELA		SENIOR (87)	0:29:20	05:52
197	197	262	YÁÑEZ RODRÍGUEZ, ROCÍO		SENIOR (88)	0:29:21	05:52
198	198	227	CARO MORO, LUCIA		SENIOR (89)	0:29:23	05:52
199	199	470	CORDAL MARTÍNEZ, MILI		MAS45 (25)	0:29:23	05:52
200	200	265	GÓMEZ, ANDREA		SENIOR (90)	0:29:25	05:53
201	201	417	BLANCO PEREZ, LUPE		MAS40 (28)	0:29:26	05:53
202	202	199	SANAMRTÍN BARRAGANS, VALERI	AVIGAL	SENIOR (91)	0:29:30	05:54
203	203	711	PENAS LOUZAO, YOLANDA		MAS60 (2)	0:29:32	05:54
204	204	886	ACOSTA CARRERA, CARLA		SENIOR (92)	0:29:34	05:54
205	205	509	GARCÍA JUANATEY, CRISTINA		MAS45 (26)	0:29:35	05:55
206	206	853	SEARA ORO, IRENE		MAS40 (29)	0:29:39	05:55
207	207	237	FONDO BELLO, CRISTINA		SENIOR (93)	0:29:40	05:56
208	208	466	CAO GARCÍA, LORENA		MAS45 (27)	0:29:42	05:56
209	209	771	GUZMÁN, DELLY AVELLANILDA		MAS45 (28)	0:29:44	05:56
210	210	114	GONZÁLEZ GALINDO, ADRIANA		SENIOR (94)	0:29:46	05:57
211	211	352	DOMÍNGUEZ REY, PAULA		MAS35 (23)	0:29:46	05:57
212	212	93	GARCÍA ÁLVAREZ, PAULA		SENIOR (95)	0:29:47	05:57
213	213	90	FERRADÁS PACHECO, BEATRIZ		SENIOR (96)	0:29:47	05:57
214	214	420	CHAN RODRÍGUEZ, SUSANA		MAS40 (30)	0:29:51	05:58
215	215	174	PADIN, VIRGINIA		SENIOR (97)	0:29:51	05:58
216	216	327	FONTÁN BARREIRO, ROMINA		MAS35 (24)	0:29:52	05:58
217	217	595	SUÁREZ OTERO, ALICIA		MAS50 (14)	0:29:53	05:58
218	218	205	GONZÁLEZ OTERO, VERA		SENIOR (98)	0:30:01	06:00
219	219	2	TEIJIDO MOREL, SABELA		PROM_A (10)	0:30:01	06:00
220	220	331	RUIBAL CASALDERREY, SONIA		MAS35 (25)	0:30:01	06:00
221	221	166	GONZÁLEZ FARRÉ, IRIA		SENIOR (99)	0:30:03	06:00
222	222	136	GONZÁLEZ FARRÉ, CARLA		SENIOR (100)	0:30:03	06:00
223	223	51	PENA CASTRO, IRIA		SENIOR (101)	0:30:13	06:02
224	224	75	RÍOS FIDALGO, ABERU		SENIOR (102)	0:30:13	06:02
225	225	55	NERGA MARTINEZ, PAULA		SENIOR (103)	0:30:13	06:02
226	226	322	GARCIA CARBALLAL, PAULA		MAS35 (26)	0:30:15	06:03
227	227	305	POUSO GARCÍA, ANA	COIBI	MAS35 (27)	0:30:19	06:03
228	228	524	SIMES, PAULA		MAS45 (29)	0:30:19	06:03
229	229	878	RONCERO JUNCAL, NEREA		SENIOR (104)	0:30:20	06:04
230	230	153	TOVAR GÓMEZ, ORIANA		SENIOR (105)	0:30:26	06:05

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
231	231	216	TABOAS LAGO, VANESA		SENIOR (106)	0:30:31	06:06
232	232	387	NOGUEIRA NORAT, ESTEFANÍA		MAS40 (31)	0:30:31	06:06
233	233	346	CASAL GARCÍA, MARIA		MAS35 (28)	0:30:31	06:06
234	234	584	BREA MARTINEZ, MAR		MAS50 (15)	0:30:32	06:06
235	235	81	SENRA CAMPOS, MARTINA		SENIOR (107)	0:30:32	06:06
236	236	142	EIRABELLA TORRES, ANA		SENIOR (108)	0:30:37	06:07
237	237	874	GÓMEZ CAMPELO, EVA		SENIOR (109)	0:30:37	06:07
238	238	181	CADILLA GONDAR, EVA		SENIOR (110)	0:30:37	06:07
239	239	544	TRUJILLO JIMÉNEZ, RAQUEL		MAS45 (30)	0:30:38	06:07
240	240	232	AREBALOS SPINA, ROCIO MARIBE		SENIOR (111)	0:30:40	06:08
241	241	234	GARCÍA PIÑEIRO, NEREA		SENIOR (112)	0:30:41	06:08
242	242	22	VIBEL ALONSO, LUCÍA		PROM_B (4)	0:30:42	06:08
243	243	879	PASTOR RODRÍGUEZ, TATIANA		SENIOR (113)	0:30:42	06:08
244	244	877	PÉREZ FRAGUEIRO, NURIA		SENIOR (114)	0:30:42	06:08
245	245	105	MERLOS OTERO, ANDREA		SENIOR (115)	0:30:43	06:08
246	246	123	TÁBOAS RICO, YAIZA		SENIOR (116)	0:30:44	06:08
247	247	139	IGLESIAS RICO, TANIA		SENIOR (117)	0:30:45	06:09
248	248	491	PIAY GARCÍA, ANTÍA		MAS45 (31)	0:30:46	06:09
249	249	368	CASTRO GARRIDO, NURIA		MAS40 (32)	0:30:46	06:09
250	250	182	VARELA LÓPEZ, ANDREA		SENIOR (118)	0:30:46	06:09
251	251	450	SEOANE FRANCISCO, NATALIA		MAS40 (33)	0:30:47	06:09
252	252	33	OTERO CORTEGOSO, ANDREA		PROM_B (5)	0:30:47	06:09
253	253	83	LAMELAS SOUTO, INÉS		SENIOR (119)	0:30:50	06:10
254	254	12	GÓMEZ VILLAVARDE, JIMENA		PROM_A (11)	0:30:51	06:10
255	255	240	MONTALVAN, MARÍA		SENIOR (120)	0:30:55	06:11
256	256	80	LÓPEZ PASTORIZA, LUCÍA		SENIOR (121)	0:31:01	06:12
257	257	189	GOMEZ ROLO, CARLOTA		SENIOR (122)	0:31:02	06:12
258	258	201	VILLARIÑO, AMANDA		SENIOR (123)	0:31:02	06:12
259	259	614	LÓPEZ ROEL, PAULA		MAS50 (16)	0:31:04	06:12
260	260	566	VILLAVARDE DIOS, ELVIRA		MAS45 (32)	0:31:04	06:12
261	261	187	MARTÍNEZ MARTÍNEZ, SARA		SENIOR (124)	0:31:05	06:13
262	262	587	FERNÁNDEZ MARTÍNEZ, MERCEDE		MAS50 (17)	0:31:07	06:13
263	263	530	VILA RODRÍGUEZ, BEATRIZ		MAS45 (33)	0:31:07	06:13
264	264	185	CARBALLO SUÁREZ, ANDREA		SENIOR (125)	0:31:09	06:13
265	265	882	GAGO, SARA		SENIOR (126)	0:31:11	06:14
266	266	200	RIOSECO LOIS, ALICIA		SENIOR (127)	0:31:11	06:14
267	267	691	BAQUERO HERNÁNDEZ, MARÍA JE	ESCUELA PIRAGÜISMO CIUDAD DE	MAS55 (6)	0:31:17	06:15
268	268	309	VARELA, PALOMA		MAS35 (29)	0:31:19	06:15
269	269	487	NOVOA BARREIRO, RUTH		MAS45 (34)	0:31:26	06:17
270	270	788	TABORDA VALENCIA, KATHERINE		MAS35 (30)	0:31:33	06:18
271	271	644	VIDAL LORENZO, MARINA		MAS50 (18)	0:31:33	06:18
272	272	626	VIDAL LORENZO, BEGOÑA		MAS50 (19)	0:31:34	06:18
273	273	799	TABORDA VALENCIA, JULIETH AN		SENIOR (128)	0:31:35	06:19
274	274	107	DAVILA COMESAÑA, NOA		SENIOR (129)	0:31:37	06:19
275	275	46	PAUELS, JUDITH		SENIOR (130)	0:31:39	06:19
276	276	729	FERNANDEZ TOME, CELIA	EPCP	MAS60 (3)	0:31:40	06:20
277	277	357	ACUÑA VAZQUEZ, MARIA CONCEP		MAS35 (31)	0:31:42	06:20
278	278	84	GARCÍA VIDAL, MENCÍA		SENIOR (131)	0:31:43	06:20
279	279	97	PEREZ LÓPEZ, CRISTINA		SENIOR (132)	0:31:46	06:21

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
280	280	87	VARELA MANCHO, INÉS		SENIOR (133)	0:31:46	06:21
281	281	32	SANTOS MENDUIÑA, CANDELA		PROM_B (6)	0:31:48	06:21
282	282	462	CARBALLA LIMA, YENI		MAS45 (35)	0:31:49	06:21
283	283	288	TABORDA RUBIO, JOHANA	GALAICAS	SENIOR (134)	0:31:49	06:21
284	284	157	CORREDOIRA PIAY, ALBA		SENIOR (135)	0:31:50	06:22
285	285	172	COTÓN CONDE, ÁNGELA		SENIOR (136)	0:31:52	06:22
286	286	160	LUQUE CRUELLES, SARA		SENIOR (137)	0:31:53	06:22
287	287	111	GALLEN, ANNA		SENIOR (138)	0:31:53	06:22
288	288	811	PADIN POUSADA, CONCEPCION		MAS55 (7)	0:31:54	06:22
289	289	826	RUANO MELGARES, VIRGINIA		MAS35 (32)	0:31:57	06:23
290	290	726	COUTO TROITIÑO, MERCHI		MAS60 (4)	0:31:57	06:23
291	291	825	FERNÁNDEZ GÓMEZ, ALBA	TENORIO RURAL BOOTCAMP	MAS35 (33)	0:31:59	06:23
292	292	419	MOREL FERRER, INMACULADA		MAS40 (34)	0:32:03	06:24
293	293	488	TILVE CHAN, IRIA		MAS45 (36)	0:32:13	06:26
294	294	344	BLANCO GUTIÉRREZ, IRÍA		MAS35 (34)	0:32:13	06:26
295	295	440	SANTOS FOLGAR, MYRIAM		MAS40 (35)	0:32:15	06:27
296	296	455	POUSADA PORTELA, ANDREA		MAS40 (36)	0:32:23	06:28
297	297	129	MANDADO SANTACLARA, VERÓNI		SENIOR (139)	0:32:23	06:28
298	298	453	VÁZQUEZ LANDÍN, MERCEDES		MAS40 (37)	0:32:25	06:29
299	299	248	OTERO GARCÍA, LARA		SENIOR (140)	0:32:29	06:29
300	300	801	SANCHEZ GARCIA, SONIA		SENIOR (141)	0:32:29	06:29
301	301	828	ESTEVEZ MANEIRO, ANA	TENORIO RURAL BOOTCAMP	MAS35 (35)	0:32:35	06:31
302	302	230	TÚÑEZ RIOS, SILVIA		SENIOR (142)	0:32:41	06:32
303	303	868	GARRIDO MADARNÁS, NOEMÍ		MAS45 (37)	0:32:42	06:32
304	304	110	PIMENTEL DIÉGUEZ, AIDA		SENIOR (143)	0:32:44	06:32
305	305	113	PRIETO ARTIME, LAURA		SENIOR (144)	0:32:45	06:33
306	306	718	DIAZ CARRERAS, MARTA		MAS60 (5)	0:32:45	06:33
307	307	106	PERDOMO BARRÁN, LUNA		SENIOR (145)	0:32:45	06:33
308	308	115	CARLINO MONTEPELLIER, MANUEL		SENIOR (146)	0:32:46	06:33
309	309	138	ALEGRÍA MOLINA, MARÍA		SENIOR (147)	0:32:46	06:33
310	310	178	FERNÁNDEZ PADRÓN, MARTA		SENIOR (148)	0:32:48	06:33
311	311	177	FERNÁNDEZ PADRÓN, RAQUEL		SENIOR (149)	0:32:49	06:33
312	312	151	PÉREZ PAZ, ARMI		SENIOR (150)	0:32:49	06:33
313	313	353	PÉREZ BASURTO, SANDRA		MAS35 (36)	0:32:53	06:34
314	314	780	AREAS TRILLO, ROCÍO		MAS40 (38)	0:32:53	06:34
315	315	840	DÍAZ, XELA		PROM_A (12)	0:32:53	06:34
316	316	251	OTERO, JULIA		SENIOR (151)	0:32:55	06:35
317	317	301	MARTIÑO RODRIGUEZ, SANDRA		MAS35 (37)	0:32:55	06:35
318	318	396	MAURI, BEATRIZ	RUNNING A GUARDA	MAS40 (39)	0:33:03	06:36
319	319	774	GARCIA LAMOSO, ALICIA		MAS45 (38)	0:33:04	06:36
320	320	798	BOUZAS DURO, BELÉN		SENIOR (152)	0:33:04	06:36
321	321	793	SEOANE CAJARAVILLE, LAURA		SENIOR (153)	0:33:05	06:37
322	322	364	VIEITEZ, ESTELA		MAS35 (38)	0:33:05	06:37
323	323	399	IGLESIAS PINTOS, ANA		MAS40 (40)	0:33:06	06:37
324	324	523	OMIL IGLESIAS, SILVIA		MAS45 (39)	0:33:09	06:37
325	325	651	CORTIZO DIZ, BEATRIZ	GALAICAS BUEU	MAS55 (8)	0:33:10	06:38
326	326	505	PORTELA MAQUIEIRA, ANA	GALAICAS BUEU	MAS45 (40)	0:33:11	06:38
327	327	834	KRAVANJA FEITO, SOFIA JUDITH		SENIOR (154)	0:33:16	06:39
328	328	377	GAMALLO, MARINA		MAS40 (41)	0:33:17	06:39

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
329	329	829	PARAZZI, NATALIE		MAS35 (39)	0:33:18	06:39
330	330	797	ALONSO PEREZ, MARÍA		SENIOR (155)	0:33:19	06:39
331	331	272	CAMPOS PICHEL, ANDREA	AVIGAL	SENIOR (156)	0:33:19	06:39
332	332	156	ARAÚJO OTERO, MARÍA		SENIOR (157)	0:33:21	06:40
333	333	724	RODRIGUEZ DAPENA, MARGA		MAS60 (6)	0:33:34	06:42
334	334	274	SARMIENTO BORRAJO, RAQUEL		SENIOR (158)	0:33:38	06:43
335	335	630	CARBALLO RÚA, CHARO		MAS50 (20)	0:33:41	06:44
336	336	791	BLANCO BUA, LORENA		SENIOR (159)	0:33:42	06:44
337	337	792	SANCHEZ GARCIA, LAURA		SENIOR (160)	0:33:42	06:44
338	338	206	ALFONSO PÉREZ, TAMARA		SENIOR (161)	0:33:51	06:46
339	339	150	FERREIRA BARCALA, ALBA		SENIOR (162)	0:33:51	06:46
340	340	480	DOPAZO, MARÍA	BJ RUNNING TEAM	MAS45 (41)	0:34:03	06:48
341	341	242	GALLEGO PIÑEIRO, SARA		SENIOR (163)	0:34:04	06:48
342	342	195	GONZÁLEZ REY, BEA		SENIOR (164)	0:34:05	06:49
343	343	118	NIETO PÉREZ, LORENA		SENIOR (165)	0:34:05	06:49
344	344	225	QUINTÁ FERNANDEZ, TANIA		SENIOR (166)	0:34:06	06:49
345	345	821	FERNANDEZ PEDROS, NATALIA		MAS40 (42)	0:34:19	06:51
346	346	402	DURÁN ARGIBAY, RAQUEL		MAS40 (43)	0:34:20	06:52
347	347	79	BARREIRO BOULLOSA, IRIA		SENIOR (167)	0:34:24	06:52
348	348	800	CRESPO GONZÁLEZ, SHEILA		SENIOR (168)	0:34:24	06:52
349	349	549	BOULLOSA FRANCO, ANA CRISTIN		MAS45 (42)	0:34:25	06:53
350	350	547	PEREIRA RODRÍGUEZ, ALMUDENA	GALAICAS BUEU	MAS45 (43)	0:34:25	06:53
351	351	881	JIMENEZ, LUISA	COLOMBIA	SENIOR (169)	0:34:27	06:53
352	352	640	BESADA MARTINEZ, PILAR	AVIGAL	MAS50 (21)	0:34:27	06:53
353	353	243	FERNANDEZ MUÑIZ, LETICIA		SENIOR (170)	0:34:30	06:54
354	354	580	DOMÍNGUEZ OTERO, MARTA		MAS50 (22)	0:34:30	06:54
355	355	61	JANZA LÓPEZ, IRENE		SENIOR (171)	0:34:33	06:54
356	356	612	CASTRO OUTEIRIÑO, RAQUEL		MAS50 (23)	0:34:34	06:54
357	357	714	ABELLEIRA VALIÑO, TERESA		MAS60 (7)	0:34:40	06:56
358	358	223	HIRSCH, EUGENIA		SENIOR (172)	0:34:41	06:56
359	359	671	PAZOS, MARIENCA		MAS55 (9)	0:34:42	06:56
360	360	802	LÓPEZ GARCÍA, MARÍA		SENIOR (173)	0:34:42	06:56
361	361	308	AGUETE RODRÍGUEZ, MARÍA DEL	AVIGAL	MAS35 (40)	0:34:43	06:56
362	362	376	RIVAS LOPEZ-CARBALLO, LORENA		MAS40 (44)	0:34:47	06:57
363	363	370	DIOS SUAREZ, TAMARA		MAS40 (45)	0:34:47	06:57
364	364	76	BARTOMÉ, NEREA		SENIOR (174)	0:34:55	06:59
365	365	72	CAMPOS PICHEL, NURIA	AVIGAL	SENIOR (175)	0:34:56	06:59
366	366	292	PARDELLAS PÉREZ, MELISA		SENIOR (176)	0:34:57	06:59
367	367	425	IGNACIO PEREZ, LUZ		MAS40 (46)	0:34:58	06:59
368	368	126	GARCIA CHANTRERO, ANDREA		SENIOR (177)	0:35:00	07:00
369	369	520	RIAL BUCETA-VILLANUEVA, MARÍA		MAS45 (44)	0:35:05	07:01
370	370	459	GUNTIN SILVA, PAULA		MAS40 (47)	0:35:13	07:02
371	371	719	ALVAREZ RODRIGUEZ, ANXES		MAS60 (8)	0:35:18	07:03
372	372	144	CALVO VAAMONDE, NEREA		SENIOR (178)	0:35:21	07:04
373	373	146	GARCÍA CARRAMAL, LUCÍA		SENIOR (179)	0:35:23	07:04
374	374	197	NÚÑEZ LIJÓ, MARÍA		SENIOR (180)	0:35:24	07:04
375	375	483	NUNEZ GARCIA, BEATRIZ		MAS45 (45)	0:35:28	07:05
376	376	482	NUÑEZ, RITA		MAS45 (46)	0:35:29	07:05
377	377	833	GONZALEZ ACUÑA, ANDREA		SENIOR (181)	0:35:29	07:05

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
378	378	207	MARTÍNEZ ROSAL, PATRICIA		SENIOR (182)	0:35:32	07:06
379	379	91	PASTORIZA JUSTO, NATALIA		SENIOR (183)	0:35:33	07:06
380	380	356	ESTÉVEZ MOREIRA, SUSANA		MAS35 (41)	0:35:34	07:06
381	381	42	GONZÁLEZ ESTÉVEZ, ÁFRICA		PROM_C (5)	0:35:34	07:06
382	382	31	RIOS PENA, DANIELA		PROM_B (7)	0:35:36	07:07
383	383	24	PAREDES LUACES, SARA		PROM_B (8)	0:35:37	07:07
384	384	444	GARRIDO GARRIDO, LINA		MAS50 (24)	0:35:44	07:08
385	385	176	SILLERO DURÁN, CLAUDIA		SENIOR (184)	0:35:45	07:09
386	386	188	LINARES OBARRIO, LUCIA		SENIOR (185)	0:35:45	07:09
387	387	680	CASTIÑEIRAS GENS, MARIA JOSE		MAS55 (10)	0:35:46	07:09
388	388	355	ABILLEIRA BELLO, ANDREA		MAS35 (42)	0:35:48	07:09
389	389	805	PAREDES MARIÑO, NOA		SENIOR (186)	0:35:48	07:09
390	390	782	SILVA URIS, LUCÍA		MAS40 (48)	0:35:57	07:11
391	391	631	CHAN DUARTE, ANA MARÍA		MAS50 (25)	0:35:58	07:11
392	392	737	LEMA LORENZO, ISABEL	LIBÉLULAS BCS CLUB NAVAL	MAS60 (9)	0:35:58	07:11
393	393	699	AROSA RODIÑO, MARÍA LUISA		MAS55 (11)	0:35:58	07:11
394	394	469	PENADO ABILLEIRA, EVA		MAS45 (47)	0:35:58	07:11
395	395	633	IGNACIO CONS, FLOR		MAS50 (26)	0:35:58	07:11
396	396	400	PUIG GARCÍA, MARINA		MAS40 (49)	0:36:04	07:12
397	397	409	PEREZ SAINZ, MARIA		MAS40 (50)	0:36:05	07:13
398	398	781	GONZALEZ VEIGA, VANESA		MAS40 (51)	0:36:08	07:13
399	399	366	REY LÓPEZ, MÓNICA		MAS40 (52)	0:36:08	07:13
400	400	804	CASTIÑEIRA VILLAVERDE, SONIA		SENIOR (187)	0:36:10	07:14
401	401	531	ALVAREZ BÉRTOLO, M YOLANDA		MAS45 (48)	0:36:12	07:14
402	402	567	LÓPEZ MARTÍNEZ, BLANCA		MAS45 (49)	0:36:12	07:14
403	403	510	ALVAREZ TERRON, RAQUEL		MAS45 (50)	0:36:14	07:14
404	404	739	OSSORIO TERRON, ASUNCION	ATHETLICS F SAN LAZARO	MAS60 (10)	0:36:15	07:15
405	405	591	BARROS SOUSA, MARÍA LUISA	CLUB PIRAGÜISMO BCS	MAS50 (27)	0:36:16	07:15
406	406	785	LAGO, ANA		MAS35 (43)	0:36:34	07:18
407	407	434	LAGO, ALEXANDRA		MAS40 (53)	0:36:35	07:19
408	408	398	PEREZ PEREZ, EVA MARIA	AVIGAL	MAS40 (54)	0:36:47	07:21
409	409	279	LAGOS MARTÍNEZ, ESTEFANÍA		SENIOR (188)	0:36:48	07:21
410	410	15	VÁZQUEZ PORTELA, INÉS		PROM_A (13)	0:36:51	07:22
411	411	125	TORRES LARRALDE, ALBA		SENIOR (189)	0:36:52	07:22
412	412	273	LESTÓN BAUTISTA, NATALIA		SENIOR (190)	0:36:53	07:22
413	413	217	CASTRO ÁLVAREZ, RAQUEL		SENIOR (191)	0:36:55	07:23
414	414	247	LUCIA VARGAS, LUCIA		SENIOR (192)	0:36:55	07:23
415	415	306	PAZOS LAGOS, MERCEDES		MAS35 (44)	0:36:57	07:23
416	416	583	MOLDES GARCIA, ELVIRA MARIA		MAS50 (28)	0:36:58	07:23
417	417	543	RICO CASTRO, MARIA JESUS		MAS45 (51)	0:37:04	07:24
418	418	294	RGUEZ ROMERO, DEBORAH		SENIOR (193)	0:37:06	07:25
419	419	89	PEREIRA PIRES, JOANA		SENIOR (194)	0:37:11	07:26
420	420	41	SANMARCO CASTRO, NOELIA		PROM_C (6)	0:37:11	07:26
421	421	73	FONTÁN MOLDES, NEREA		SENIOR (195)	0:37:11	07:26
422	422	772	GARCIA PUENTE, EMILIA		MAS45 (52)	0:37:11	07:26
423	423	807	CASTRO AREAS, NEREA		PROM_A (14)	0:37:16	07:27
424	424	10	MARTÍNEZ GONZÁLEZ, NOA		PROM_A (15)	0:37:17	07:27
425	425	416	VÁZQUEZ RIVAS, MARINA	AVIGAL	MAS40 (55)	0:37:19	07:27
426	426	689	NIMO CREO, CHARO		MAS55 (12)	0:37:21	07:28

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
427	427	565	CLEMENTE LOPEZ, CAROLINA		MAS45 (53)	0:37:21	07:28
428	428	535	CARBALLO PARDAVILA, MARTA		MAS45 (54)	0:37:22	07:28
429	429	261	VÁZQUEZ RIVAS, ANA	AVIGAL	SENIOR (196)	0:37:22	07:28
430	430	40	DEL CANTO SOGO, FIAMA		PROM_C (7)	0:37:24	07:28
431	431	592	CASTRO JUSTO, COVADONGA		MAS50 (29)	0:37:25	07:29
432	432	532	BUCETA ALFONSO, BEGOÑA		MAS45 (55)	0:37:30	07:30
433	433	666	PARRA FERNANDEZ, ESMERALDA		MAS55 (13)	0:37:35	07:31
434	434	209	FREIRE VIÑAS, RAQUEL		SENIOR (197)	0:37:38	07:31
435	435	534	LEIRO LEIRO, ADRIANA		MAS45 (56)	0:37:38	07:31
436	436	507	ALONSO SOLLA, ANA BELÉN		MAS45 (57)	0:37:41	07:32
437	437	606	SOGO LAURENZANO, GUILLERMIN		MAS50 (30)	0:37:41	07:32
438	438	348	MAQUIEIRA LAIÑO, ARACELI	AVIGAL	MAS35 (45)	0:37:41	07:32
439	439	887	CALVO SENRA, NORA		PROM_A (16)	0:37:48	07:33
440	440	865	SENRA ACUÑA, MARÍA ISABEL		MAS45 (58)	0:37:49	07:33
441	441	414	CABALLERO FUSTER, NOEMI		MAS40 (56)	0:37:50	07:34
442	442	844	BRAVO ROMERO, CLAUDIA PATRIC		SENIOR (198)	0:37:52	07:34
443	443	562	MARTIN MACHUCA, ELENA		MAS45 (59)	0:37:54	07:34
444	444	50	VILLAR GARCIA, VIVIANA		SENIOR (199)	0:37:57	07:35
445	445	541	PÉREZ NÚÑEZ, LIDIA		MAS45 (60)	0:38:11	07:38
446	446	421	RODRÍGUEZ GUIANCE, RAQUEL		MAS40 (57)	0:38:15	07:39
447	447	575	CASTRO MARTÍNEZ, PATRICIA		MAS50 (31)	0:38:16	07:39
448	448	859	VIDAL ARRIBAS, CHARO		MAS50 (32)	0:38:16	07:39
449	449	637	CACABELOS VIDAL, AMPARO		MAS50 (33)	0:38:23	07:40
450	450	264	BARROS FIGUEIRIDO, MARTA		SENIOR (200)	0:38:25	07:41
451	451	255	DOMINGUEZ PAZOS, ALBA		SENIOR (201)	0:38:31	07:42
452	452	173	GARCIA NUÑEZ, CRISTINA		SENIOR (202)	0:38:32	07:42
453	453	481	CAJARAVILLE LEIRO, PAULA		MAS45 (61)	0:38:32	07:42
454	454	597	SOUTO COUTO, ALICIA		MAS50 (34)	0:38:34	07:42
455	455	636	FERNÁNDEZ PENAS, MARICARMEN		MAS50 (35)	0:38:37	07:43
456	456	512	CASTRO NEIRA, MARIA JOSÉ		MAS45 (62)	0:38:39	07:43
457	457	66	REDONDO MURILLO, PAULA		SENIOR (203)	0:39:03	07:48
458	458	323	FERNÁNDEZ COYA, SARA		MAS35 (46)	0:39:04	07:48
459	459	293	RODRIGUEZ GONZALEZ, PAULA		SENIOR (204)	0:39:04	07:48
460	460	53	POUSADA MURILLO, LIDIA		SENIOR (205)	0:39:05	07:49
461	461	100	MIRÓN, SARA	YOCORROPORLUA	SENIOR (206)	0:39:11	07:50
462	462	316	CORREIA PEREIRA, CATALINA		MAS35 (47)	0:39:13	07:50
463	463	495	GONZÁLEZ VILLAR, SUSANA		MAS45 (63)	0:39:13	07:50
464	464	883	MARTÍNEZ MARTÍNEZ, CARLA		SENIOR (207)	0:39:14	07:50
465	465	497	VÁZQUEZ SALGUEIRO, ANA		MAS45 (64)	0:39:15	07:51
466	466	476	ALVAREZ BERTOMEU, ESTHER		MAS45 (65)	0:39:18	07:51
467	467	56	SANTOS VILLALON, CAROL	RÍA FERROL	SENIOR (208)	0:39:19	07:51
468	468	465	DUARTE PORTAS, MARÍA JOSÉ		MAS45 (66)	0:39:21	07:52
469	469	275	MOLDES AGRELO, LARA	ATLETISMO RIAS BAIXAS	SENIOR (209)	0:39:22	07:52
470	470	605	NOVAS, MARTA		MAS50 (36)	0:39:24	07:52
471	471	662	BLANCO LORENTE, MARÍA ISABEL		MAS55 (14)	0:39:24	07:52
472	472	489	CASSIA SANTANA, VANESSA		MAS45 (67)	0:39:25	07:53
473	473	447	VÁZQUEZ SALGUEIRO, PAULA		MAS40 (58)	0:39:26	07:53
474	474	628	OMIL GÓMEZ, RAQUEL		MAS50 (37)	0:39:40	07:56
475	475	677	ARCA PICHEL, CARMEN		MAS55 (15)	0:39:41	07:56

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
476	476	659	GARCÍA GÓMEZ, MARI		MAS55 (16)	0:39:42	07:56
477	477	58	SIEIRO, CARLOTA		SENIOR (210)	0:39:42	07:56
478	478	871	PITOMBEIRA PEREIRA, KARINA		MAS35 (48)	0:39:47	07:57
479	479	554	FERNÁNDEZ REGUERA, MONTSER		MAS45 (68)	0:39:49	07:57
480	480	812	NOVELLE GONZALEZ, PILAR		MAS50 (38)	0:39:50	07:58
481	481	867	VÉLEZ CASTILLO, MARÍA	ESTUDIANTES PONTEVEDRA	MAS45 (69)	0:39:51	07:58
482	482	432	BUCETA ALFONSO, PATRICIA		MAS40 (59)	0:40:00	08:00
483	483	692	CID POUSADA, ANA ISABEL		MAS55 (17)	0:40:03	08:00
484	484	405	SANCHEZ GARCIA, BEATRIZ		MAS40 (60)	0:40:03	08:00
485	485	730	GARCIA LAVIA, MARIA SOLEDAD		MAS60 (11)	0:40:04	08:00
486	486	388	RICHARTE CARBALLL, MARTA		MAS40 (61)	0:40:05	08:01
487	487	860	VELEZ CASTILLO, MARTA	ESTUDIANTES	MAS50 (39)	0:40:05	08:01
488	488	847	CANDENDO SANTOS, BERTA	ESTUDIANTES VETERANAS	MAS50 (40)	0:40:05	08:01
489	489	196	IGLESIAS ALONSO, ADELA		SENIOR (211)	0:40:06	08:01
490	490	179	MARTÍNEZ ESPIÑA, ALBA		SENIOR (212)	0:40:06	08:01
491	491	471	ACUÑA VIDAL, RAQUEL		MAS45 (70)	0:40:12	08:02
492	492	8	FETEIRA DURAN, CAYETANA		PROM_A (17)	0:40:16	08:03
493	493	796	MARTÍNEZ GONZÁLEZ, MARIA		SENIOR (213)	0:40:17	08:03
494	494	790	CORDOBA PEREZ, SANDRA		SENIOR (214)	0:40:18	08:03
495	495	130	TOUCEDA MOURIÑO, LUCIA	SAN MARCOS	SENIOR (215)	0:40:20	08:04
496	496	710	CARABELOS ACUÑA, HERMITAS		MAS55 (18)	0:40:21	08:04
497	497	670	LOIRA CIDRÁS, SONIA		MAS55 (19)	0:40:22	08:04
498	498	674	LOCCISANO PERRI, VIVIANA ESTH		MAS55 (20)	0:40:22	08:04
499	499	749	PAZ MATALOBOS, ROSA MARÍA	NO	MAS65 (1)	0:40:23	08:04
500	500	696	PADRON FERNANDEZ, PURI		MAS55 (21)	0:40:25	08:05
501	501	721	LÓPEZ FERREIRO, MARINA		MAS60 (12)	0:40:26	08:05
502	502	673	CERNADAS GARCIA, MARÍA DOLO		MAS55 (22)	0:40:47	08:09
503	503	851	VEIGA GONZÁLEZ, MARIA DEL		MAS65 (2)	0:41:08	08:13
504	504	809	LIMA AGUIN, MARIA DOLORES		MAS65 (3)	0:41:13	08:14
505	505	783	AGRELO RODRÍGUEZ, SHEILA		MAS35 (49)	0:41:29	08:17
506	506	563	RODRÍGUEZ FONTENLA, ANA MARÍ		MAS45 (71)	0:41:30	08:18
507	507	433	GONZÁLEZ GARRIDO, LORENA		MAS40 (62)	0:41:44	08:20
508	508	361	MARTÍNEZ VÁZQUEZ, DÉBORA		MAS35 (50)	0:41:46	08:21
509	509	610	TOURÓN AMOEDO, NATALIA	SAN MARCOS	MAS50 (41)	0:42:16	08:27
510	510	803	LORENZO GARCIA, JUDIT		SENIOR (216)	0:42:17	08:27
511	511	574	GARRIDO ACUÑA, MARÍA DEL PUE	TENIS DE MESA PONTEVEDRA	MAS50 (42)	0:42:36	08:31
512	512	501	LÓPEZ AREA, MIRIAM	TENIS DE MESA PONTEVEDRA	MAS45 (72)	0:42:37	08:31
513	513	773	CRESPO COLORET, ZAIDA		MAS45 (73)	0:42:38	08:31
514	514	686	FOCIÑOS IGLESIAS, MARÍA CONCE		MAS55 (23)	0:42:38	08:31
515	515	698	PIÑEIRO RIVAS, M ^a JOSÉ		MAS55 (24)	0:42:43	08:32
516	516	386	MELO VÁZQUEZ, ELENA		MAS40 (63)	0:42:46	08:33
517	517	192	BAYA OTERO, SARAY		SENIOR (217)	0:42:47	08:33
518	518	581	LOPEZ OBERMEIER, LUZ		MAS50 (43)	0:43:39	08:43
519	519	649	CAMPELO SANCHEZ, EVA		MAS55 (25)	0:43:40	08:44
520	520	18	IGLESIAS GÓMEZ, ALICIA		PROM_A (18)	0:43:47	08:45
521	521	20	VIÑUELA, CLAUDIA		PROM_B (9)	0:43:47	08:45
522	522	49	PAZOS LOIRA, IRENE		SENIOR (218)	0:43:48	08:45
523	523	621	FREIJEIRO, BEATRIZ		MAS50 (44)	0:43:54	08:46
524	524	608	DOMÍNGUEZ LINO, SARA		MAS50 (45)	0:43:55	08:47

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
525	525	528	GOMEZ RODRIGUEZ, GUADALUPE		MAS45 (74)	0:43:56	08:47
526	526	85	SOBRAL LUSQUIÑOS, CLAUDIA		SENIOR (219)	0:43:57	08:47
527	527	884	RIVERA NOGUERA, CARLA ANDREI		SENIOR (220)	0:44:44	08:56
528	528	5	FUENTE MADRIÑÁN, ALBA		PROM_A (19)	0:45:03	09:00
529	529	808	SEIJAS CARDELLE, MATILDE		PROM_A (20)	0:45:03	09:00
530	530	430	GARCIA CARBALLEDA, IRENE		MAS40 (64)	0:45:03	09:00
531	531	29	VILLAR GARCIA, IRIS		PROM_B (10)	0:45:04	09:00
532	532	876	PERDOMO MATOS, ZURISADAI		SENIOR (221)	0:45:17	09:03
533	533	310	PIÑEIRO VILAR, MARÍA		MAS35 (51)	0:45:18	09:03
534	534	347	INFANTES MARTÍN, AZAHARA	NO	MAS35 (52)	0:45:19	09:03
535	535	456	DÍAZ PRADOS, ROSA		MAS40 (65)	0:45:22	09:04
536	536	131	DÍAZ PRADOS, IRIA		SENIOR (222)	0:45:22	09:04
537	537	349	COUSO PÉREZ, MIRIAM		MAS35 (53)	0:45:25	09:05
538	538	163	GÜMIL RODRIGUEZ, ROCIO	SAN MARCOS	SENIOR (223)	0:45:27	09:05
539	539	685	SILVA MOLDES, ANA MARIA	SAN MARCOS	MAS55 (26)	0:45:28	09:05
540	540	702	NACEMENTO NAVARRO, ROSA MA		MAS55 (27)	0:45:32	09:06
541	541	333	DÍAZ SUAREZ, GEMMA		MAS35 (54)	0:45:32	09:06
542	542	618	ALONSO, MONTSE		MAS50 (46)	0:45:32	09:06
543	543	104	PAZOS COLLADO, CANDELA SASK		SENIOR (224)	0:45:33	09:06
544	544	336	FERNANDEZ MORALES, MARTA		MAS35 (55)	0:45:33	09:06
545	545	600	COLLADO FERNANDEZ, MARIA JES		MAS50 (47)	0:45:34	09:06
546	546	339	LORENTE MUIÑOS, BELÉN		MAS35 (56)	0:45:36	09:07
547	547	285	BUA FONTAN, ANDREA		SENIOR (225)	0:45:37	09:07
548	548	281	TILVE PONTEVEDRA, SARA		SENIOR (226)	0:45:38	09:07
549	549	270	PINTOS MUJICO, ANDREA		SENIOR (227)	0:45:38	09:07
550	550	373	JEREZ GARAVITO, ANA KARINA		MAS40 (66)	0:45:39	09:07
551	551	381	PIDRE CARBALLA, ELSA		MAS40 (67)	0:45:46	09:09
552	552	380	PORTELA, BEATRIZ		MAS40 (68)	0:45:52	09:10
553	553	435	FONTAN, AINHOA		MAS40 (69)	0:45:53	09:10
554	554	277	GRANDE COSTA, CARLA		SENIOR (228)	0:45:54	09:10
555	555	647	COSTA BEA, MARÍA OLGA		MAS50 (48)	0:46:02	09:12
556	556	713	MOREIRA ALONSO, JOSEFA		MAS60 (13)	0:46:03	09:12
557	557	823	GARCÍA OSORIO, INMA		MAS40 (70)	0:46:04	09:12
558	558	384	PERDIZ SILVA, UXIA		MAS40 (71)	0:46:06	09:13
559	559	849	GRANDAL BARREIRO, VANESA OL		MAS45 (75)	0:46:14	09:14
560	560	458	VELO MIRANDA, MIRIAM		MAS40 (72)	0:46:15	09:15
561	561	445	FOLGAR FERREIRO, LETICIA		MAS40 (73)	0:46:29	09:17
562	562	732	BUGALLO SOBRAL, MARÍA OLGA		MAS60 (14)	0:46:54	09:22
563	563	681	VALDES FREIRE, MARIA CRISTINA	LIBÉLULAS BCS	MAS55 (28)	0:47:07	09:25
564	564	634	ARIAS GARCÍA, MARÍA ISABEL		MAS50 (49)	0:47:07	09:25
565	565	448	JANEIRO SOTO, MARIA ISABEL	LIBELULAS	MAS40 (74)	0:47:07	09:25
566	566	648	RAMIREZ MATOS, MARIA DE LOS A	LIBELULAS BCS	MAS55 (29)	0:47:09	09:25
567	567	529	BARREIRO SIMÓN, MÓNICA	LIBÉLULAS BCS	MAS45 (76)	0:47:09	09:25
568	568	717	PEREZ LASPRA, ISABEL	LIBELULAS BCS	MAS60 (15)	0:47:10	09:26
569	569	492	CAEIRO FRESCO, MARÍA JESÚS	BCS LIBÉLULAS	MAS45 (77)	0:47:10	09:26
570	570	401	TOBÍO RIAL, SANDRA	AVIGAL	MAS40 (75)	0:47:30	09:30
571	571	752	CASAS MOURIÑO, DOLORES	SAN MARCOS	MAS65 (4)	0:47:32	09:30
572	572	537	TOBÍO RIAL, MARÍA PATRICIA	AVIGAL	MAS45 (78)	0:47:32	09:30
573	573	550	SANTIAGO GONZALEZ, LUCÍA	AVIGAL	MAS45 (79)	0:47:34	09:30

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
574	574	586	RUIBAL LÓPEZ, MARÍA		MAS50 (50)	0:47:38	09:31
575	575	218	ABALO PIMENTA, GABRIELA ANDR		SENIOR (229)	0:47:39	09:31
576	576	542	FEIJOO URCERA, MARÍA JESÚS		MAS45 (80)	0:47:40	09:32
577	577	286	DÍAZ AGUIÑO, MERCHI		SENIOR (230)	0:47:42	09:32
578	578	171	SANAMRTÍN BARRAGANS, GABRIE	AVIGAL	SENIOR (231)	0:47:43	09:32
579	579	52	VIDAL BUCETA, EMMA		SENIOR (232)	0:47:43	09:32
580	580	152	BERNARDEZ RODRIGUEZ, NEREA	AVIGAL	SENIOR (233)	0:47:48	09:33
581	581	678	PICHEL ALONSO, TERESA	AVIGAL	MAS55 (30)	0:48:04	09:36
582	582	703	GUIANCE ARGIBAY, CRISTINA		MAS55 (31)	0:48:08	09:37
583	583	750	GARCIA GARRIDO, DOLORES		MAS65 (5)	0:48:08	09:37
584	584	843	PEREZ GONZALEZ, MIRIAM		MAS40 (76)	0:48:10	09:38
585	585	536	PAZ CEREIJO, SARA	AVIGAL	MAS45 (81)	0:48:16	09:39
586	586	652	IGLESIAS PASTORIZA, BELEN	AVIGAL	MAS55 (32)	0:48:16	09:39
587	587	11	SANTIAGO PIDRE, EMMA		PROM_A (21)	0:48:22	09:40
588	588	478	PIDRE FREIRE, LETICIA		MAS45 (82)	0:48:23	09:40
589	589	745	FREIRE VILLEGAS, MANUELA		MAS65 (6)	0:48:23	09:40
590	590	856	BARROS CASTRO, ROSANA		MAS50 (51)	0:48:26	09:41
591	591	855	BARROS CASTRO, SUSANA		MAS50 (52)	0:48:27	09:41
592	592	59	GOÁS PÉREZ, TIAN		SENIOR (234)	0:48:32	09:42
593	593	656	PROL COSTA, MILAGROS		MAS55 (33)	0:48:32	09:42
594	594	407	CABALEIRO PAZ, LORENA		MAS40 (77)	0:48:39	09:43
595	595	14	MARINELLO CABALEIRO, LÚA		PROM_A (22)	0:48:40	09:44
596	596	736	FRAGA, CARMEN		MAS60 (16)	0:48:47	09:45
597	597	394	LIMETRE, NOEMÍ		MAS40 (78)	0:48:47	09:45
598	598	424	LÓPEZ RODRÍGUEZ, SABELA		MAS40 (79)	0:49:00	09:48
599	599	408	CARRO VALIÑO, CRISTINA		MAS40 (80)	0:49:18	09:51
600	600	607	VALIÑI FERRÍN, ISABEL		MAS50 (53)	0:49:19	09:51
601	601	683	VILLANUEVA PIÑEIRO, ISABEL		MAS55 (34)	0:49:21	09:52
602	602	78	RODRÍGUEZ ANES, EVA		SENIOR (235)	0:49:22	09:52
603	603	712	ANES DA SILVA, MARÍA DE LURDE		MAS60 (17)	0:49:23	09:52
604	604	861	LORENZO BAQUEIRO, RITA		MAS50 (54)	0:49:24	09:52
605	605	858	LORENZO BAQUEIRO, LUCIA		MAS50 (55)	0:49:24	09:52
606	606	190	OTERO BARBOSA, LARA	AVIGAL	SENIOR (236)	0:49:27	09:53
607	607	186	BLANCO SANMARTÍN, SARA	AVIGAL	SENIOR (237)	0:49:27	09:53
608	608	668	VÁSQUEZ LA TORRE, ADRIANA	ALRITMODEADRI	MAS55 (35)	0:49:30	09:54
609	609	767	ARGIBAY ARGIBAY, JOAQUINA		MAS60 (18)	0:49:30	09:54
610	610	747	DIOS LANDIN, MARÍA DEL CARMEN	ALRITMODEADRI	MAS65 (7)	0:49:32	09:54
611	611	728	GÓMEZ MARTÍNEZ, MARÍA JOSÉ		MAS60 (19)	0:49:34	09:54
612	612	836	REY PAVÓN, ANDREA		SENIOR (238)	0:49:49	09:57
613	613	472	PEREDAS PARADA, REBECA	AVIGAL	MAS45 (83)	0:49:51	09:58
614	614	473	OTERO ROUCO, MARTINA	AVIGAL	MAS45 (84)	0:49:51	09:58
615	615	820	OTERO ROUCO, SILVIA	AVIGAL	MAS40 (81)	0:49:54	09:58
616	616	725	PORTELA CARBALLA, CARMEN		MAS60 (20)	0:49:59	09:59
617	617	611	VIDAL DOMINGUEZ, NOELIA		MAS50 (56)	0:49:59	09:59
618	618	720	BELLO MARTINEZ, ANGELES		MAS60 (21)	0:50:01	10:00
619	619	735	BELLO MARTINEZ, Mª DOLORES		MAS60 (22)	0:50:01	10:00
620	620	418	AGUETE VAZQUEZ, SALETA	AVIGAL	MAS40 (82)	0:50:05	10:01
621	621	514	POSSES FONTENLA, CRISTINA	AVIGAL	MAS45 (85)	0:50:06	10:01
622	622	332	MOSQUERA ARAUJO, NURIA	SAN MARCOS	MAS35 (57)	0:50:14	10:02

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
623	623	329	VILARIÑO IGLESIAS, JESSYCA	SAN MARCOS	MAS35 (58)	0:50:15	10:03
624	624	500	MARTÍNEZ CASA, LIDIA	SAN MARCOS	MAS45 (86)	0:50:30	10:06
625	625	814	DOCAL, JANEECE CARELL		MAS50 (57)	0:50:31	10:06
626	626	870	AGUILERA MANNUCCI, MARÍA VICT		MAS40 (83)	0:50:37	10:07
627	627	650	MUÑIZ GARCIA, MARICARMEN		MAS55 (36)	0:51:03	10:12
628	628	596	PEREIRA MAGDALENA, SUSANA		MAS50 (58)	0:51:03	10:12
629	629	602	LOIRA RODRIGEZ, RITA		MAS50 (59)	0:51:25	10:17
630	630	511	CAMPOS PENELAS, JOSEFA		MAS45 (87)	0:51:26	10:17
631	631	617	COUTO SIEIRO, MARIA		MAS50 (60)	0:51:27	10:17
632	632	815	CAMPOS PENELAS, SARA		MAS45 (88)	0:51:32	10:18
633	633	546	PÉREZ SABARÍS, MARÍA ISABEL		MAS45 (89)	0:51:32	10:18
634	634	742	IGLESIAS REY, MARIA ELENA		MAS60 (23)	0:51:37	10:19
635	635	521	GARCIA AROSA, SANDRA	AVIGAL	MAS45 (90)	0:51:41	10:20
636	636	319	GARCIA AROSA, CRISTINA	AVIGAL	MAS35 (59)	0:51:41	10:20
637	637	757	AROSA ALLARIZ, CARMEN	AVIGAL	MAS65 (8)	0:51:43	10:20
638	638	813	GONZÁLEZ VARELA, ALICIA		MAS50 (61)	0:51:52	10:22
639	639	842	AMOEDO GARRIDO, CONCHI		MAS45 (91)	0:51:54	10:22
640	640	569	BLANCO CRESPO, MARÍA LOURDE		MAS50 (62)	0:52:01	10:24
641	641	755	RICOY BARROS, MARI CARMEN		MAS65 (9)	0:52:02	10:24
642	642	687	RIVAS RIOS, CELSA	SAN MARCOS	MAS55 (37)	0:52:23	10:28
643	643	700	HERMO SÁNCHEZ, CARMEN MARÍA	GRUPO MUNICIPAL PSDEG-PSOE P	MAS55 (38)	0:52:27	10:29
644	644	62	JIMÉNEZ VELAS, ANDREA		SENIOR (239)	0:52:30	10:30
645	645	682	LUACES BASOA, SUSANA		MAS55 (39)	0:52:30	10:30
646	646	654	LUACES BASOA, ÁNGELES		MAS55 (40)	0:52:30	10:30
647	647	722	PORTELA VALLEJO, CARMEN		MAS60 (24)	0:52:33	10:30
648	648	716	CASTRO COCHON, Mª CARMEN		MAS60 (25)	0:52:35	10:31
649	649	743	HERMIDA ALVAREZ, LAUREANA		MAS65 (10)	0:52:35	10:31
650	650	733	CHAVES SALGADO, MARÍA TERES	AVIGAL	MAS60 (26)	0:52:37	10:31
651	651	731	BESTEIROS VAAMONDE, MARÍA D	AVIGAL	MAS60 (27)	0:52:38	10:31
652	652	831	LORENZO DIOS, ANA ISABEL		SENIOR (240)	0:52:39	10:31
653	653	832	PATIÑO CARRAMAL, BEATRIZ		SENIOR (241)	0:52:39	10:31
654	654	818	LORENZO VAZQUEZ, MARINA		MAS45 (92)	0:52:42	10:32
655	655	810	CARRAMAL FERNANDEZ, AUREA		MAS55 (41)	0:52:42	10:32
656	656	638	COLLADO FERNANDEZ, MARIA BE		MAS50 (63)	0:53:20	10:40
657	657	464	MARTINEZ COLLADO, GORETI		MAS45 (93)	0:53:20	10:40
658	658	519	COLLADO FERNANDEZ, MARIA LUI		MAS45 (94)	0:53:21	10:40
659	659	486	OTERO CASTRO, LUCÍA		MAS45 (95)	0:53:23	10:40
660	660	769	PEITEADO BOUZA, BELEN		MAS50 (64)	0:53:45	10:45
661	661	770	ÁLVAREZ TABOADA, MARÍA VICTO		MAS45 (96)	0:53:45	10:45
662	662	451	COSTAL, ROSALIA		MAS40 (84)	0:53:50	10:46
663	663	452	GUILLAN GOMEZ, MARIA		MAS40 (85)	0:53:55	10:47
664	664	479	FAJARDO GOMEZ, TANIA		MAS45 (97)	0:53:55	10:47
665	665	553	BARTOME LAMAS, DOLORES		MAS45 (98)	0:53:57	10:47
666	666	784	FERNÁNDEZ RIVAS, PAULA		MAS35 (60)	0:53:58	10:47
667	667	704	GONZALEZ FERNANDEZ, CONCHA		MAS55 (42)	0:54:43	10:56
668	668	738	GONZÁLEZ FERNANDFZ, VERONIC		MAS60 (28)	0:54:48	10:57
669	669	641	VILLAFINES DOPAZO, M. CARMEN	AVIGAL	MAS50 (65)	0:55:13	11:02
670	670	620	MARTINEZ RUADAS, Mª DEL CARM	AVIGAL	MAS50 (66)	0:55:17	11:03
671	671	593	ABAL PORTO, MARIA LUZ	AVIGAL	MAS50 (67)	0:55:19	11:03

Pos.	Fem.	Dor.	Nome	Clube	Categ. (Pos)	T.Oficial	T/Km.
672	672	616	BOULLOSA PINTOS, MANUELA	AVIGAL	MAS50 (68)	0:55:19	11:03
673	673	846	BARROSO, BEATRIZ		MAS45 (99)	0:55:22	11:04
674	674	845	RODRÍGUEZ MARTICORENA, VERÓ		MAS55 (43)	0:55:22	11:04
675	675	499	PAZOS MARIÑO, SELINA		MAS45 (100)	0:55:33	11:06
676	676	468	MUÑIZ ÁLVAREZ, ANA		MAS45 (101)	0:55:35	11:07
677	677	572	GONZÁLEZ FREIJO, ARACELI	MONTEPORREIRRUNN	MAS50 (69)	0:55:36	11:07
678	678	518	LOPEZ MARTINEZ, FATIMA		MAS45 (102)	0:55:38	11:07
679	679	557	PLATA SANTIN, MONICA	AVIGAL	MAS45 (103)	0:55:39	11:07
680	680	824	CORTIZO ESTEVEZ, OLALLA		MAS40 (86)	0:55:42	11:08
681	681	748	SANTIN MANSO, ASUNCION	AVIGAL	MAS65 (11)	0:55:45	11:09
682	682	759	GARCIA CARBALLAL, AMALIA	AVIGAL	MAS65 (12)	0:55:46	11:09
683	683	604	GARCIA GARCIA, MARIA DOLORES	AVIGAL	MAS50 (70)	0:55:47	11:09
684	684	513	CORRALES BUDIÑO, BEATRIZ		MAS45 (104)	0:56:07	11:13
685	685	312	PIDRE VILLAR, ANDREA		MAS35 (61)	0:56:15	11:15
686	686	639	SIMAL TORRES, ANA BELÉN		MAS50 (71)	0:56:15	11:15
687	687	655	BARREIRO ESP, PILAR		MAS55 (44)	0:56:17	11:15
688	688	599	GALLEGO SBAL, YOLANDA		MAS50 (72)	0:56:18	11:15
689	689	701	TOBÍO DEL RÍO, MARÍA DEL CARM		MAS55 (45)	0:56:18	11:15
690	690	245	FREIRE, ANDREA		SENIOR (242)	0:56:38	11:19
691	691	300	CARBALLO POUSADA, CARLA		MAS35 (62)	0:56:39	11:19
692	692	254	PARADA CUÑA, VERONICA		SENIOR (243)	0:56:39	11:19
693	693	601	DIZ PÉREZ, MARÍA AURELIA		MAS50 (73)	0:56:47	11:21
694	694	715	LORES PORTELA, MARIA DEL CAR		MAS60 (29)	0:56:47	11:21
695	695	746	HERMIDA BASTÓN, ANA ISABEL		MAS65 (13)	0:56:50	11:22
696	696	741	PIÑÓN FANDIÑO, ROSA		MAS60 (30)	0:56:51	11:22
697	697	576	GARCÍA MIGUENS, ROSA MARÍA		MAS50 (74)	0:56:51	11:22
698	698	690	FERNÁNDEZ HERRAEZ, HELENA		MAS55 (46)	0:56:55	11:23
699	699	779	VARELA RIVERA, MARÍA BIBIANA		MAS40 (87)	0:56:56	11:23
700	700	758	RIOS CRUZ, AMALIA	ADICAM	MAS65 (14)	0:57:02	11:24
701	701	540	MORA PALADINES, PAMELA	AVIGAL	MAS45 (105)	0:57:09	11:25
702	702	707	VIQUEIRA SUÁREZ, MARÍA JESÚS	AVIGAL	MAS55 (47)	0:57:10	11:26
703	703	284	OCAMPO VIQUEIRA, MARÍA	AVIGAL	SENIOR (244)	0:57:11	11:26
704	704	665	PEREZ FIRVIDA, HELENA	AVIGAL	MAS55 (48)	0:57:19	11:27
705	705	635	VAZQUEZ OTERO, VERONICA		MAS50 (75)	0:57:21	11:28
706	706	706	RAMÍREZ ZUÑIGA, MARIELA	ADICAM	MAS55 (49)	0:57:23	11:28
707	707	679	SANMARTÍN TABOADA, ESTRELLA	AVIGAL	MAS55 (50)	0:57:25	11:29
708	708	744	PEREIRA ACUÑA, CRISTINA		MAS65 (15)	0:57:25	11:29
709	709	695	BUGALLO NOVEGIL, MAR	AVIGAL	MAS55 (51)	0:57:25	11:29
710	710	460	CHAPELA GARCÍA, MIRY	GALAICAS	MAS40 (88)	0:57:47	11:33
711	711	477	GIL CASAL, SANDRA		MAS45 (106)	0:57:48	11:33
712	712	760	PRIETO BARBEITO, MARÍA JOSEFA	AVIGAL	MAS65 (16)	0:58:17	11:39
713	713	552	RODRIGUEZ PRIETO, MATILDE	AVIGAL	MAS45 (107)	0:58:18	11:39
714	714	590	ANDRADE LÓPEZ, ANA BELÉN		MAS50 (76)	0:58:30	11:42
715	715	653	PIAY ROMÁN, SANDRA		MAS55 (52)	0:59:49	11:57
716	716	661	GONZALEZ RIVEIRO, ARANZAZU		MAS55 (53)	0:59:52	11:58
717	717	875	GARCIA LAMOSO, SANDRA		SENIOR (245)	0:59:53	11:58