

CRONOTEC

II CARREIRA DA MULLER-5K

Clasificación xeral

Carrera principal

Localidade PONTEVEDRA

Data 07/05/2023

Hora 12:00 PM

Distancia 5 Km

Organiza: Diario de Pontevedra / Agrupación Deportiva HQR!

Cronometra: Cronotec

Sistema: Cronomach

Clasificacións: www.cronotec.es

Pos.	Fem.	Dor.	Nome	Clube	Categ.Pos.	T.Neto	T.Oficial	T/Km.
1	1	317	Soledad LEIRO LOPEZ	SAN MIGUEL DE MARIN	M45-1	0:19:01	0:19:01	03:48
2	2	65	Inma CORPAS COBO	GIMNÁSTICA DE PONTEVEDRA	SEN-1	0:19:03	0:19:03	03:48
3	3	202	Paula ROSALES ROSALES	C.D PINARIUM	M40-1	0:19:37	0:19:37	03:55
4	4	55	Ararat PAZOS MEIXUS	RIA DE FERROL	SEN-2	0:20:45	0:20:45	04:09
5	5	173	Aida RODRIGUEZ CHOREN		M35-1	0:21:05	0:21:05	04:13
6	6	335	Sonia ABOLLO CUÉLLAR	VETERANOS DE GALICIA	M50-1	0:21:45	0:21:45	04:21
7	7	277	María Dolores GALEGO CASAS		M45-2	0:21:57	0:21:57	04:23
8	8	80	Manuela Carolina MONTES MAÇ	G.BEONE CAMPOLONGO	SEN-3	0:22:12	0:22:12	04:26
9	9	114	Jenifer CASALDERREY SORIA		SEN-4	0:22:30	0:22:30	04:30
10	10	104	Mónica LÓPEZ FUENTES	C.D PINARIUM	SEN-5	0:22:54	0:22:54	04:34
11	11	35	Bárbara QUINTANA GARCÍA		.1	0:22:56	0:22:56	04:35
12	12	250	Marta FERRO NIETO	C.D PINARIUM	M40-2	0:22:57	0:22:57	04:35
13	13	38	Jara RIAL GARCIA		.2	0:22:58	0:22:58	04:35
14	14	111	Carlota ÁLVAREZ JUNQUERA		SEN-6	0:23:02	0:23:02	04:36
15	15	126	Noelia SOAGE DOPAZO	ICACTIVE	SEN-7	0:23:13	0:23:13	04:38
16	16	434	Nieves LORENTE MARTÍN		SEN-8	0:23:19	0:23:19	04:39
17	17	245	Lucía JUEGUEN ROMERO		M40-3	0:23:24	0:23:24	04:40
18	18	43	Alicia BAYÓN ÁLVAREZ		.3	0:23:28	0:23:28	04:41
19	19	339	Estrella CANABAL VILLAVERDE		M50-2	0:23:30	0:23:30	04:42
20	20	351	Isa CANABAL VILLAVERDE	BORGWARNER	M50-3	0:23:30	0:23:30	04:42
21	21	73	Milena DO CARMO LIMA		SEN-9	0:23:34	0:23:34	04:42
22	22	284	Manuela GARCÍA FERNÁNDEZ		M45-3	0:23:45	0:23:45	04:45
23	23	117	Yuliia BOKHINSKA		SEN-10	0:24:05	0:24:05	04:49
24	24	177	Jazmin NEIRA AGUIRRE		M35-2	0:24:06	0:24:06	04:49
25	25	299	Silvia TORRES BARROSO	GALAICAS	M45-4	0:24:22	0:24:22	04:52
26	26	138	Sofía JIMÉNEZ FERNÁNDEZ	TENORIO RURAL BOOTCAMP	SEN-11	0:24:50	0:24:50	04:58
27	27	97	Antía DURO PICHEL		SEN-12	0:24:54	0:24:54	04:58
28	28	59	Paula DURO PICHEL		SEN-13	0:24:55	0:24:55	04:59
29	29	94	Alba VIDAL MAÑÁ		SEN-14	0:24:55	0:24:55	04:59
30	30	294	Paula GARCIA JARA		M45-5	0:25:04	0:25:04	05:00
31	31	225	Fátima QUINTANA MIRANDA	C.D PINARIUM	M40-4	0:25:07	0:25:07	05:01
32	32	115	Isabel GONZÁLEZ GARCÍA		SEN-15	0:25:24	0:25:24	05:04
33		455	Dorsal sin registrar		??????	0:25:27	0:25:27	05:05
34	33	218	Paloma CASTRO REY		M40-5	0:25:31	0:25:31	05:06

Pos.	Fem.	Dor.	Nome	Clube	Categ.Pos.	T.Net	T.Oficial	T/Km.
35	34	140	Sonia AYUDE GONZÁLEZ	ATLETISMO A ESTRADA	SEN-16	0:25:34	0:25:34	05:06
36	35	348	Tere PAZOS	LIEBRES	M50-4	0:25:37	0:25:37	05:07
37	36	236	Iria QUINTILIANO GONZÁLEZ		M40-6	0:25:47	0:25:47	05:09
38	37	382	Rosa GARCÍA PEREIRA		M55-1	0:25:50	0:25:50	05:10
39	38	116	Iris PAZ POMBAL		SEN-17	0:25:52	0:25:52	05:10
40	39	260	Mónica GARCÍA VEA		M40-7	0:25:56	0:25:56	05:11
41	40	41	Sara RAPOSEIRAS MURADAS		.-4	0:26:05	0:26:05	05:13
42	41	315	Raquel ÁLVAREZ LÓPEZ		M45-6	0:26:09	0:26:09	05:13
43	42	238	Patricia DE LIMA DE ARAUJO		M40-8	0:26:09	0:26:09	05:13
44	43	206	María Isabel GUTIÉRREZ MATILL		M40-9	0:26:19	0:26:19	05:15
45	44	8	Xiana DE SÁA GUTIÉRREZ		.-5	0:26:19	0:26:19	05:15
46	45	358	María Carmen PEDRIDO PADÍN		M50-5	0:26:24	0:26:24	05:16
47	46	165	Johanna RODRÍGUEZ LEAL		M35-3	0:26:25	0:26:25	05:17
48	47	400	Luz FERNÁNDEZ PAZOS		M65-1	0:26:25	0:26:25	05:17
49	48	343	Cruz PARDAL		M50-6	0:26:28	0:26:28	05:17
50	49	307	Mayelín VAILLANT MARTÍNEZ		M45-7	0:26:29	0:26:29	05:17
51	50	133	Amara GARCÍA SENÍN		SEN-18	0:26:31	0:26:31	05:18
52	51	322	Ana Isabel LÓPEZ MOSTEIRO	CD PINARIUM	M45-8	0:26:31	0:26:31	05:18
53	52	213	Eva CID		M40-10	0:26:31	0:26:31	05:18
54	53	101	María RAMOS LONGO		SEN-19	0:26:33	0:26:33	05:18
55	54	74	Clara REVENGA SIERRA		SEN-20	0:26:34	0:26:34	05:18
56	55	308	María Alejandra LORENZO CAMP		M45-9	0:26:34	0:26:34	05:18
57	56	389	Pilar HERMIDA QUINTELA		M60-1	0:26:34	0:26:34	05:18
58	57	70	Sofía VEIGA PEREIRA		SEN-21	0:26:35	0:26:35	05:19
59	58	293	Marta ARIAS BARROS		M45-10	0:26:44	0:26:44	05:20
60	59	279	Celia ALDAO PINTOS	C.D PINARIUM	M45-11	0:26:45	0:26:45	05:21
61	60	39	Matilda VEIGA ALDAO	C.D PINARIUM	.-6	0:26:45	0:26:45	05:21
62	61	121	Rita GARCIA		SEN-22	0:26:47	0:26:47	05:21
63	62	161	Begoña DE CABO FONTAN		M35-4	0:26:47	0:26:47	05:21
64	63	119	Alba FIUZA		SEN-23	0:26:49	0:26:49	05:21
65	64	153	Melissa TORRES AMASIFUEN		M35-5	0:26:50	0:26:50	05:22
66	65	2	Yarira LANDAZABAL		.-7	0:26:51	0:26:51	05:22
67	66	261	Irene PINTOS ROSALES		M40-11	0:26:55	0:26:55	05:23
68	67	4	Maite ABILLEIRA GONZÁLEZ		.-8	0:26:56	0:26:56	05:23
69	68	210	Edilia GALVIS HIGUERA		M40-12	0:26:57	0:26:57	05:23
70	69	87	Carla REY SUÁREZ	TENORIO RURAL BOOTCAMP	SEN-24	0:27:01	0:27:01	05:24
71	70	433	Sarai ROZAS MORALES	PONTEVEDRA	SEN-25	0:27:01	0:27:01	05:24
72	71	381	María Rosa FERNÁNDEZ VAREL		M55-2	0:27:02	0:27:02	05:24
73	72	349	María Isabel BOULLOSA DURAN		M50-7	0:27:03	0:27:03	05:24
74	73	190	Nieves RODRÍGUEZ BASTÓN		M35-6	0:27:04	0:27:04	05:24
75	74	84	Lucia LINARES OBARRIO		SEN-26	0:27:08	0:27:08	05:25
76	75	106	Carmen FUENTES MARTÍN		SEN-27	0:27:09	0:27:09	05:25
77	76	89	Paloma FÉLIX SOLLA		SEN-28	0:27:11	0:27:11	05:26
78	77	286	Irma FERNANDEZ SUAREZ		M45-12	0:27:13	0:27:13	05:26
79	78	243	Isabel SOUTO MARTINEZ		M40-13	0:27:15	0:27:15	05:27
80	79	318	Conchi CRESPO	GALAICAS	M45-13	0:27:19	0:27:19	05:27
81	80	273	Susi ALVAREZ PEREZ		M45-14	0:27:20	0:27:20	05:28
82	81	396	María Del Carmen PAZOS CARBA		M60-2	0:27:24	0:27:24	05:28
83	82	52	Carmen MONTEAGUDO ARIAS		PROM-A-1	0:27:30	0:27:30	05:30

Pos.	Fem.	Dor.	Nome	Clube	Categ.Pos.	T.Net	T.Oficial	T/Km.
84	83	54	Manuela ALFARO MANOVEL		PROM-A-2	0:27:31	0:27:31	05:30
85	84	82	Sara BOUZA BLANCO		SEN-29	0:27:32	0:27:32	05:30
86	85	60	Yulema MIGUEZ		SEN-30	0:27:34	0:27:34	05:30
87	86	146	Marta MORENO CARRASCAL		M35-7	0:27:35	0:27:35	05:31
88	87	198	Maria PIÑEIRO FRAGA		M35-8	0:27:40	0:27:40	05:32
89	88	90	Elena FRAGUAS IGLESIAS	TENORIO RURAL BOOTCAMP	SEN-31	0:27:41	0:27:41	05:32
90	89	421	Luz Marina CALVIÑO OLIVEIRA		M40-14	0:27:45	0:27:45	05:33
91	90	185	Miriam TOME BLANCO		M35-9	0:27:45	0:27:45	05:33
92	91	379	Maria Carmen ROCHA CRUCES		M55-3	0:27:46	0:27:46	05:33
93		456	Dorsal sin registrar		??????	0:27:49	0:27:49	05:33
94	92	150	Andrea VARELA RIVERA		M35-10	0:27:50	0:27:50	05:34
95	93	58	Daisy BENSON		SEN-32	0:27:58	0:27:58	05:35
96	94	163	Pamela SÁNCHEZ GUZMÁN		M35-11	0:27:58	0:27:58	05:35
97	95	88	Elena PÉREZ LAMELAS		SEN-33	0:28:01	0:28:01	05:36
98	96	85	Paula ABOY		SEN-34	0:28:01	0:28:01	05:36
99	97	230	Milagros CORDAL MARTÍNEZ		M40-15	0:28:03	0:28:03	05:36
100	98	374	Hermitas CARABELOS ACUÑA		M55-4	0:28:04	0:28:04	05:36
101	99	67	Natalia LORENZO ALONSO		SEN-35	0:28:09	0:28:09	05:37
102	100	360	Rita GARCÍA TRABAZO		M50-8	0:28:09	0:28:09	05:37
103	101	420	Lorena DAVILA CURRAS		M40-16	0:28:11	0:28:11	05:38
104	102	221	Andrea VILAS RODRIGUEZ		M40-17	0:28:12	0:28:12	05:38
105	103	167	Natalia LORENZO SANTORO		M35-12	0:28:12	0:28:12	05:38
106	104	255	Cristina MARTÍNEZ JIMÉNEZ	TENORIO RURAL BOOTCAMP	M40-18	0:28:17	0:28:17	05:39
107	105	201	Tania BLANCO ABILLEIRA		M40-19	0:28:20	0:28:20	05:40
108	106	81	Verónica LÓPEZ CASTRO		SEN-36	0:28:21	0:28:21	05:40
109	107	268	Belen LOPEZ		M45-15	0:28:22	0:28:22	05:40
110	108	186	Laura GARCÍA FERRO		M35-13	0:28:23	0:28:23	05:40
111	109	321	Eva BLANCO LOPEZ		M45-16	0:28:29	0:28:29	05:41
112	110	184	Sara VÁZQUEZ RODRÍGUEZ		M35-14	0:28:35	0:28:35	05:43
113	111	109	Sara SOMOZA GRAÑA		SEN-37	0:28:43	0:28:43	05:44
114	112	159	Lucia PONTANILLA MARTINEZ		M35-15	0:28:47	0:28:47	05:45
115	113	262	Candida PONTANILLA MARTINEZ		M40-20	0:28:47	0:28:47	05:45
116	114	423	Noa VALIÑA ALVAREZ		.-9	0:29:02	0:29:02	05:48
117	115	288	Laura VÁZQUEZ TORRES		M45-17	0:29:05	0:29:05	05:49
118	116	127	María Del Carmen LORÁN		SEN-38	0:29:07	0:29:07	05:49
119	117	203	Pilar CORTEGOSO POCEIRO	TENORIO RURAL BOOTCAMP	M40-21	0:29:07	0:29:07	05:49
120	118	40	Lorena GONZÁLEZ CORTEGOSO	TENORIO RURAL BOOTCAMP	.-10	0:29:09	0:29:09	05:49
121	119	125	Antía NOYA		SEN-39	0:29:09	0:29:09	05:49
122	120	276	Lorena PEÑA LÓPEZ		M45-18	0:29:10	0:29:10	05:50
123	121	290	Susana ALONSO SIMON		M45-19	0:29:11	0:29:11	05:50
124	122	26	Alma MÁRQUEZ MARTÍNEZ	TENORIO RURAL BOOTCAMP	.-11	0:29:11	0:29:11	05:50
125	123	21	Natalia CABANELAS CARBALLO	C.D PINARIUM	.-12	0:29:18	0:29:18	05:51
126	124	233	Nuria AGRASO ALFONSIN		M40-22	0:29:19	0:29:19	05:51
127	125	222	Miriam CHAPELA GARCÍA	GALAICAS	M40-23	0:29:23	0:29:23	05:52
128	126	328	Charo CARBALLO RÚA	GALAICAS	M50-9	0:29:23	0:29:23	05:52
129	127	157	Diana LÓPEZ VARELA		M35-16	0:29:25	0:29:25	05:53
130	128	183	Ana GIMÉNEZ INSUA		M35-17	0:29:28	0:29:28	05:53
131	129	189	María José FERNÁNDEZ MÉNDE		M35-18	0:29:40	0:29:40	05:56
132	130	419	Vanessa PIRES SANTOS	GALAICAS	SEN-40	0:29:54	0:29:54	05:58

Pos.	Fem.	Dor.	Nome	Clube	Categ.Pos.	T.Net	T.Oficial	T/Km.
133	131	281	Lucía NOGUEIRA CASÁS		M45-20	0:29:55	0:29:55	05:59
134	132	303	Marta NOGUEIRA CASÁS		M45-21	0:29:57	0:29:57	05:59
135	133	311	Irma María LOUREIRO NEIRA		M45-22	0:30:02	0:30:02	06:00
136	134	253	Víctoria FERNÁNDEZ MARTÍNEZ		M40-24	0:30:06	0:30:06	06:01
137	135	96	Alba BOROBIÁ RUIZ	ICACTIVE	SEN-41	0:30:08	0:30:08	06:01
138	136	289	Begoña GUTIÉRREZ		M45-23	0:30:10	0:30:10	06:02
139	137	305	Silvia TRIGO NUÑEZ		M45-24	0:30:10	0:30:10	06:02
140	138	246	Yeldy UMAÑA		M40-25	0:30:13	0:30:13	06:02
141	139	57	Gisela PRIETO LUSQUIÑOS		SEN-42	0:30:19	0:30:19	06:03
142	140	56	Andrea LAFUENTE RODRIGUEZ		SEN-43	0:30:19	0:30:19	06:03
143	141	272	Beatriz ÁLVAREZ CURRAS		M45-25	0:30:24	0:30:24	06:04
144	142	66	Alejandra COSTA GARRIDO	SOCIEDAD ATLÉTICA VAL MIÑ	SEN-44	0:30:24	0:30:24	06:04
145	143	424	Cristina MARTÍNEZ OTERO		M40-26	0:30:25	0:30:25	06:05
146	144	192	María Covadonga BARREIRO RO		M35-19	0:30:26	0:30:26	06:05
147	145	217	Begoña TEMBRA CARAMES		M40-27	0:30:27	0:30:27	06:05
148	146	83	Uxía DOMÍNGUEZ PRADO		SEN-45	0:30:28	0:30:28	06:05
149	147	128	Paula IGLESIAS QUINTEIRO		SEN-46	0:30:40	0:30:40	06:08
150	148	141	Sonia RUIBAL CASALDERREY		SEN-47	0:30:41	0:30:41	06:08
151	149	77	Beatriz PÉREZ MIGUEL		SEN-48	0:30:45	0:30:45	06:09
152	150	29	Lucía CASTRELO SENRA		.-13	0:30:55	0:30:55	06:11
153	151	258	Berónica SENRA LÓPEZ		M40-28	0:30:55	0:30:55	06:11
154	152	86	Nuria PINTOS RODIÑO		SEN-49	0:31:06	0:31:06	06:13
155	153	199	Mariana GRIFASI		M40-29	0:31:07	0:31:07	06:13
156	154	158	Eva NOGUEIRA BALSEIROS		M35-20	0:31:21	0:31:21	06:16
157	155	76	Alba RODRÍGUEZ FONDEVILA		SEN-50	0:31:25	0:31:25	06:17
158	156	175	Adriana SANCHEZ TATO		M35-21	0:31:29	0:31:29	06:17
159	157	132	Uxia VAZQUEZ DIOS		SEN-51	0:31:29	0:31:29	06:17
160	158	92	Sarai SÁNCHEZ ARIAS		SEN-52	0:31:30	0:31:30	06:18
161	159	195	Luz IGNACIO PÉREZ		M35-22	0:31:40	0:31:40	06:20
162	160	154	Paula AREA MAQUIEIRA		M35-23	0:31:41	0:31:41	06:20
163	161	252	María De Los Ángeles FRAMIL G		M40-30	0:31:56	0:31:56	06:23
164	162	180	María Jesus TEMBRA CARAMES		M35-24	0:32:05	0:32:05	06:25
165	163	108	María MONTALVAN		SEN-53	0:32:21	0:32:21	06:28
166	164	187	Zaraida MARTINEZ SANMARTIN		M35-25	0:32:24	0:32:24	06:28
167	165	314	Raquel GONZÁLEZ BELLO		M45-26	0:32:27	0:32:27	06:29
168	166	354	María. E. GARCÍA TORRES		M50-10	0:32:27	0:32:27	06:29
169	167	377	Yolanda PENAS LOUZAO		M55-5	0:32:29	0:32:29	06:29
170	168	329	Ana María CHAN DUARTE		M50-11	0:32:33	0:32:33	06:30
171	169	68	Lucía VARELA BEJERANO		SEN-54	0:32:33	0:32:33	06:30
172	170	332	Flor IGNACIO CONS		M50-12	0:32:33	0:32:33	06:30
173	171	71	Alba MENDUIÑA BESADA		SEN-55	0:32:34	0:32:34	06:30
174	172	266	Beatriz MOLDES FERNÁNDEZ		M45-27	0:32:35	0:32:35	06:31
175	173	78	Laura JIMÉNEZ ESCUDERO		SEN-56	0:32:36	0:32:36	06:31
176	174	228	Sonsoles MARTÍNEZ JIMÉNEZ	TENORIO RURAL BOOTCAMP	M40-31	0:32:42	0:32:42	06:32
177	175	384	Carmen LÓPEZ DE ARMAS		M55-6	0:32:59	0:32:59	06:35
178	176	113	Nerea GÓMEZ PEREIRA		SEN-57	0:33:14	0:33:14	06:38
179	177	103	Raquel PAZ GARCÍA	GALAICAS	SEN-58	0:33:14	0:33:14	06:38
180	178	264	Paula SIMES CASTRO	GALAICAS	M40-32	0:33:16	0:33:16	06:39
181	179	18	Lola FERNÁNDEZ FILGUEIRA		.-14	0:33:17	0:33:17	06:39

Pos.	Fem.	Dor.	Nome	Clube	Categ-Pos.	T.Net	T.Oficial	T/Km.
182	180	181	Nerea FILGUEIRA		M35-26	0:33:17	0:33:17	06:39
183	181	320	Raquel CASTRO		M45-28	0:33:20	0:33:20	06:40
184	182	350	María Isabel BLANCO LORENTE		M50-13	0:33:21	0:33:21	06:40
185	183	147	Beatriz VARELA BAR		M35-27	0:33:28	0:33:28	06:41
186	184	166	Maria MORA AGRELO		M35-28	0:33:41	0:33:41	06:44
187	185	214	Laura PEREIRA RODRÍGUEZ		M40-33	0:33:43	0:33:43	06:44
188	186	63	Nuria RODRÍGUEZ GARRIDO		SEN-59	0:33:45	0:33:45	06:45
189	187	363	Begoña PENA SUÁREZ		M50-14	0:33:50	0:33:50	06:46
190	188	64	Jessica BARROS LÓPEZ		SEN-60	0:33:59	0:33:59	06:47
191	189	107	Patricia CID FERNÁNDEZ		SEN-61	0:34:21	0:34:21	06:52
192	190	118	Paula RIVAS LÓPEZ		SEN-62	0:34:21	0:34:21	06:52
193	191	112	Concepción TRIAS DÍAZ	IC ACTIVE	SEN-63	0:34:26	0:34:26	06:53
194	192	432	Mercedes COUTO TROITÍÑO		M55-7	0:34:35	0:34:35	06:55
195	193	42	Paula MOLDES CARAMÉS		.-15	0:34:36	0:34:36	06:55
196	194	53	Berta MOLDES CARAMÉS		PROM-A-3	0:34:38	0:34:38	06:55
197	195	9	Macarena RODRÍGUEZ-BORRELL VÁZQUEZ LANDIN		.-16	0:34:46	0:34:46	06:57
198	196	182	Barbara VÁZQUEZ	VÁZQUEZ LANDIN	M35-29	0:34:47	0:34:47	06:57
199	197	442	Norma VÁZQUEZ RÚA		SEN-64	0:34:49	0:34:49	06:57
200	198	204	Irene MARTIN ROBLES		M40-34	0:34:53	0:34:53	06:58
201	199	251	Rocío LORES ROMAY		M40-35	0:34:54	0:34:54	06:58
202	200	102	Blanca GARCÍA RODRIGO		SEN-65	0:35:29	0:35:29	07:05
203	201	242	Argelia MARTÍNEZ FERNÁNDEZ	TENORIO RURAL BOOTCAMP	M40-36	0:35:43	0:35:43	07:08
204	202	449	Verónica VIDAL ÁLVAREZ		M40-37	0:36:01	0:36:01	07:12
205	203	75	Patricia SUÁREZ PÉREZ		SEN-66	0:36:02	0:36:02	07:12
206	204	450	María CAMPOS PICHEL		SEN-67	0:36:03	0:36:03	07:12
207	205	105	Beatriz SUÁREZ PÉREZ		SEN-68	0:36:04	0:36:04	07:12
208	206	48	Sabela PALLARES LEIRO		.-17	0:36:21	0:36:21	07:16
209	207	219	Ana Belén PRADO MEIRA		M40-38	0:36:24	0:36:24	07:16
210	208	215	Mercedes VAZQUEZ LANDÍN		M40-39	0:36:24	0:36:24	07:16
211	209	124	Andreina Alejandra LIPPO		SEN-69	0:36:25	0:36:25	07:17
212	210	361	Isabel VILLANUEVA PIÑEIRO		M50-15	0:36:28	0:36:28	07:17
213	211	336	Ana GARCÍA SANJURJO		M50-16	0:36:30	0:36:30	07:18
214	212	369	Conchi GARCIA Riestra		M55-8	0:36:49	0:36:49	07:21
215	213	436	Yessica OMIL RÍOS		SEN-70	0:36:55	0:36:55	07:23
216	214	437	Paula GARRIDO BARRO		SEN-71	0:36:57	0:36:57	07:23
217	215	444	Dolores PIÑEIRO ORTIGUEIRA		M45-29	0:37:06	0:37:06	07:25
218	216	324	Isabel BARREIRO BLANCO		M45-30	0:37:08	0:37:08	07:25
219	217	447	Loly BLANCO FERNÁNDEZ		M40-40	0:37:08	0:37:08	07:25
220	218	443	Tamara BLANCO FERNÁNDEZ		M40-41	0:37:08	0:37:08	07:25
221	219	446	Elisa FERNÁNDEZ LUBIÁN		M35-30	0:37:09	0:37:09	07:25
222	220	61	Marta FALCON PARRA		SEN-72	0:37:38	0:37:38	07:31
223	221	209	Thais RINCÓN		M40-42	0:37:38	0:37:38	07:31
224	222	353	Esmeralda PARRA FERNANDEZ		M50-17	0:37:38	0:37:38	07:31
225	223	295	Gloria VILAR CRESPO		M45-31	0:37:39	0:37:39	07:31
226	224	435	Sandra FREIRE BLANCO		SEN-73	0:37:41	0:37:41	07:32
227	225	357	Victoria SEOANE GARCIA		M50-18	0:37:41	0:37:41	07:32
228	226	93	Alicia CAMPOS COSTAS		SEN-74	0:37:42	0:37:42	07:32
229	227	110	Anjara CAMPOS COSTAS		SEN-75	0:37:44	0:37:44	07:32
230	228	313	Yolanda MURILLO MOREIRA		M45-32	0:38:03	0:38:03	07:36

Pos.	Fem.	Dor.	Nome	Clube	Categ-Pos.	T.Neto	T.Oficial	T/Km.
231	229	355	Adriana VÁSQUEZ LA TORRE		M50-19	0:38:08	0:38:08	07:37
232	230	398	Rosa María PAZ MATALOBOS		M60-3	0:38:17	0:38:17	07:39
233	231	30	Sofía RIVERA GIRÁLDEZ		.-18	0:38:29	0:38:29	07:41
234	232	269	Susana GIRÁLDEZ VÁZQUEZ		M45-33	0:38:30	0:38:30	07:42
235	233	356	Sonia LOIRA CIDRÁS		M50-20	0:38:32	0:38:32	07:42
236	234	359	Viviana Esther LOCCISANO PER		M50-21	0:38:34	0:38:34	07:42
237	235	44	Nadia CORREDOIRA MONTERO		.-19	0:38:36	0:38:36	07:43
238	236	316	Natividad PELETEIRO VILAS		M45-34	0:38:38	0:38:38	07:43
239	237	179	Noemí LIMETRE FRAGA		M35-31	0:38:48	0:38:48	07:45
240	238	134	Paula GARCÍA CARBALLAL		SEN-76	0:38:48	0:38:48	07:45
241	239	196	Laura PAZ RODRÍGUEZ		M35-32	0:38:49	0:38:49	07:45
242	240	123	Sara TILVE PONTEVEDRA		SEN-77	0:38:49	0:38:49	07:45
243	241	365	María Del Carmen PONTEVEDRA		M50-22	0:38:49	0:38:49	07:45
244	242	306	Sonia OTERO DEL RIO		M45-35	0:38:58	0:38:58	07:47
245	243	334	Sonia PAZ VILAS		M50-23	0:39:03	0:39:03	07:48
246	244	326	María Jesus POUSEU ESTÉVEZ		M50-24	0:39:04	0:39:04	07:48
247	245	373	Marta DE LAS HERAS RODRÍGUEZ		M55-9	0:39:06	0:39:06	07:49
248	246	310	Patricia MONTERO CARBALLUD		M45-36	0:39:06	0:39:06	07:49
249	247	200	Veronica COBAS ABOY		M40-43	0:39:11	0:39:11	07:50
250	248	237	Sabela CRESPO MARTINEZ		M40-44	0:39:11	0:39:11	07:50
251	249	383	Marga RODRIGUEZ DAPENA		M55-10	0:39:12	0:39:12	07:50
252	250	15	Emma DOPAZO CRESPO		.-20	0:39:13	0:39:13	07:50
253	251	28	Vera DOPAZO CRESPO		.-21	0:39:13	0:39:13	07:50
254	252	32	Carmen SANTALO NAZAR		.-22	0:39:14	0:39:14	07:50
255	253	362	Fina SANTA CLARA CAMPELO		M50-25	0:39:14	0:39:14	07:50
256	254	33	Marta SANTALO NAZAR		.-23	0:39:19	0:39:19	07:51
257	255	239	Noalla NAZAR SOBRAL		M40-45	0:39:19	0:39:19	07:51
258	256	249	Vanessa ALONSO RIAL		M40-46	0:39:19	0:39:19	07:51
259	257	149	Nuria GAREA IGLESIAS		M35-33	0:39:20	0:39:20	07:52
260	258	10	Lara BLANCO GAREA		.-24	0:39:21	0:39:21	07:52
261	259	25	Marco BLANCO GAREA		.-25	0:39:22	0:39:22	07:52
262	260	319	Flor BERTOLO ADAN		M45-37	0:39:26	0:39:26	07:53
263	261	422	Raquel ÁLVAREZ PÉREZ		M35-34	0:39:26	0:39:26	07:53
264	262	344	Alicia OTERO DOMÍNGUEZ		M50-26	0:39:27	0:39:27	07:53
265	263	366	Lourdes PIÑEIRO CHANTRERO		M55-11	0:39:27	0:39:27	07:53
266	264	428	Alba DAFONTE VELO		.-26	0:39:29	0:39:29	07:53
267	265	429	Miriam VELO MIRANDA		M40-47	0:39:30	0:39:30	07:54
268	266	170	Uxia PERDIZ SILVA		M35-35	0:39:30	0:39:30	07:54
269	267	386	María José GÓMEZ MARTÍNEZ		M55-12	0:39:36	0:39:36	07:55
270	268	376	Angeles GONZALEZ VILLAVERD		M55-13	0:39:49	0:39:49	07:57
271	269	364	Charo NIMO CREO		M50-27	0:40:00	0:40:00	08:00
272	270	283	Carolina CLEMENTE LOPEZ		M45-38	0:40:00	0:40:00	08:00
273	271	174	Beatriz SIEIRO		M35-36	0:40:44	0:40:44	08:08
274	272	346	Eva MALVIDO PADIN		M50-28	0:40:58	0:40:58	08:11
275	273	298	Mariluz LÓPEZ OBERMEIER		M45-39	0:41:27	0:41:27	08:17
276	274	171	Gema María LORENZO FRANCIS		M35-37	0:42:35	0:42:35	08:31
277	275	160	Amanda Jara PAZOS PORTAS		M35-38	0:42:35	0:42:35	08:31
278	276	280	Silvia REY PÉREZ	PROGRAMA RODANDO	M45-40	0:42:54	0:42:54	08:34
279	277	391	Julia PIÑEIRO ESTEVEZ		M60-4	0:42:55	0:42:55	08:35

Pos.	Fem.	Dor.	Nome	Clube	Categ-Pos.	T.Net	T.Oficial	T/Km.
280	278	327	Rosa DOMÍNGUEZ DOPAZO	AMENCER-ASPACE	M50-29	0:42:58	0:42:58	08:35
281	279	340	Rosa BLANCO RAMALLO	AMENCER-ASPACE	M50-30	0:42:59	0:42:59	08:35
282	280	394	Anabel TERÁN DE LA FUENTE		M60-5	0:42:59	0:42:59	08:35
283	281	309	Mayka CASTIÑEIRAS BELLO	AMENCER-ASPACE	M45-41	0:43:01	0:43:01	08:36
284	282	331	Mónica TOURIÑO SOTO		M50-31	0:43:02	0:43:02	08:36
285	283	11	Candela PÉREZ BRAGA		.-27	0:43:12	0:43:12	08:38
286	284	145	Raquel BRAGA SANTOS		M35-39	0:43:13	0:43:13	08:38
287	285	387	Margarita SANTOS CALVIÑO		M60-6	0:43:14	0:43:14	08:38
288	286	152	Barbara VEGA MARTÍNEZ		M35-40	0:43:42	0:43:42	08:44
289	287	302	Esther BAILÓN VEGA		M45-42	0:43:43	0:43:43	08:44
290		458	Dorsal sin registrar		??????	0:43:44	0:43:44	08:44
291	288	338	Concepción AREA FREIRIA		M50-32	0:43:45	0:43:45	08:45
292		459	Dorsal sin registrar		??????	0:43:45	0:43:45	08:45
293	289	212	Cristina POCEIRO ARESES	TENORIO RURAL BOOTCAMP	M40-48	0:44:03	0:44:03	08:48
294	290	265	Rosa María PÉREZ IGLESIAS	TENORIO RURAL BOOTCAMP	M45-43	0:44:08	0:44:08	08:49
295	291	16	Mía BLANCO MARTÍNEZ	TENORIO RURAL BOOTCAMP	.-28	0:44:46	0:44:46	08:57
296	292	227	Susana CLEMENTE GARCÍA	TENORIO RURAL BOOTCAMP	M40-49	0:44:48	0:44:48	08:57
297	293	46	Julia MÁRQUEZ MARTÍNEZ	TENORIO RURAL BOOTCAMP	.-29	0:44:49	0:44:49	08:57
298	294	191	Bárbara MARTÍNEZ FERNÁNDEZ	TENORIO RURAL BOOTCAMP	M35-41	0:44:52	0:44:52	08:58
299	295	270	María ROCA FERNÁNDEZ	TENORIO RURAL BOOTCAMP	M45-44	0:44:52	0:44:52	08:58
300	296	169	Rocío FRAGA AMBOAGE	TENORIO RURAL BOOTCAMP	M35-42	0:45:00	0:45:00	09:00
301	297	229	Natividad PICHEL PICHEL	TENORIO RURAL BOOTCAMP	M40-50	0:45:00	0:45:00	09:00
302	298	240	Pilar GONZÁLEZ DÁVILA		M40-51	0:46:21	0:46:21	09:16
303	299	50	Pilar LOSÚA GONZÁLEZ		PROM-A-4	0:46:22	0:46:22	09:16
304	300	62	Sandra MOREIRA ADOLFO		SEN-78	0:46:37	0:46:37	09:19
305	301	19	Maribel DE SÁA GUTIÉRREZ		.-30	0:46:39	0:46:39	09:19
306	302	397	Lourdes IGLESIAS SOBRAL		M60-7	0:46:41	0:46:41	09:20
307	303	341	Anabela ADOLFO DOS SANTOS		M50-33	0:46:43	0:46:43	09:20
308	304	193	Sabela LÓPEZ RODRÍGUEZ		M35-43	0:46:50	0:46:50	09:22
309	305	408	Raquel RUIZ GOMEZ		M65-2	0:47:10	0:47:10	09:26
310	306	12	Daniela Carolina ZAMBRANO JE		.-31	0:47:24	0:47:24	09:28
311	307	47	Xulia TEIXEIRA		.-32	0:47:24	0:47:24	09:28
312	308	162	Ana Karina JEREZ GARAVITO		M35-44	0:47:25	0:47:25	09:29
313	309	51	Belem FRAGUAS ÁLVAREZ		PROM-A-5	0:47:25	0:47:25	09:29
314	310	34	Carla TEIXEIRA		.-33	0:47:29	0:47:29	09:29
315	311	37	Aldara FRAGUAS ÁLVAREZ		.-34	0:47:29	0:47:29	09:29
316	312	271	Lidia PEREZ NUÑEZ		M45-45	0:47:47	0:47:47	09:33
317	313	17	Alma EXPOSITO PEREZ		.-35	0:47:50	0:47:50	09:34
318	314	451	María Teresa OJEA PAZOS		M60-8	0:49:00	0:49:00	09:48
319	315	275	Cristina CARAMÉS ESPADA		M45-46	0:49:02	0:49:02	09:48
320	316	347	Maria CONDE AROSA		M50-34	0:49:05	0:49:05	09:49
321	317	129	Maite Javiera GUZMÁN MORALE		SEN-79	0:49:24	0:49:24	09:52
322	318	13	Sofía VARELA GUZMÁN		.-36	0:49:26	0:49:26	09:53
323	319	312	Beatriz RIAL RIVEIRO		M45-47	0:50:08	0:50:08	10:01
324	320	404	Nieves RUIZ GOMEZ		M65-3	0:50:14	0:50:14	10:02
325	321	278	Maria GARCÍA BARREIRO		M45-48	0:50:14	0:50:14	10:02
326		457	Dorsal sin registrar		??????	0:50:26	0:50:26	10:05
327	322	368	Concepción GONZÁLEZ FERNÁN		M55-14	0:50:26	0:50:26	10:05
328	323	380	Halimah RAFI NIETO		M55-15	0:51:36	0:51:36	10:19

Pos.	Fem.	Dor.	Nome	Clube	Categ-Pos.	T.Net	T.Oficial	T/Km.
329	324	392	Francisca GARCIA RAVENTOS		M60-9	0:51:36	0:51:36	10:19
330	325	20	Iris ROSALES TORRES	GALAICAS	.37	0:51:39	0:51:39	10:19
331	326	405	Maria BARROSO RIAL		M65-4	0:51:44	0:51:44	10:20
332	327	292	Susana REGUEIRO GRELA		M45-49	0:51:46	0:51:46	10:21
333	328	232	Paula SAAVEDRA FERNANDEZ		M40-52	0:51:46	0:51:46	10:21
334	329	241	Eva FONTAN PEREZ		M40-53	0:51:51	0:51:51	10:22
335	330	244	Maria Jesus FONTENLA ABILLEI		M40-54	0:51:54	0:51:54	10:22
336	331	207	Lourdes OTERO GULÍAS		M40-55	0:52:01	0:52:01	10:24
337	332	14	Nora LÓPEZ OTERO		.38	0:52:01	0:52:01	10:24
338	333	7	Valentina VAZQUEZ AGUETE		.39	0:52:08	0:52:08	10:25
339	334	378	Josefa MOREIRA ALONSO		M55-16	0:52:09	0:52:09	10:25
340	335	370	Rosa Maria NACEMENTO NAVAR		M55-17	0:52:13	0:52:13	10:26
341	336	31	Daniella ARESES RODRÍGUEZ		.40	0:52:14	0:52:14	10:26
342	337	155	Laura FREIRE FARIÑA		M35-45	0:52:15	0:52:15	10:27
343	338	172	Alejandra RODRÍGUEZ IGLESIAS		M35-46	0:52:16	0:52:16	10:27
344	339	142	Maria Del Mar AGUETE IGLESIAS		M35-47	0:52:17	0:52:17	10:27
345	340	385	María Josefa GUTIÉRREZ SANTA		M55-18	0:52:22	0:52:22	10:28
346	341	401	Dolores PÉREZ AREA		M65-5	0:52:23	0:52:23	10:28
347	342	226	Ana María MUÑIZ ÁLVAREZ		M40-56	0:52:43	0:52:43	10:32
348	343	291	Araceli GONZÁLEZ FREIJO		M45-50	0:52:44	0:52:44	10:32
349	344	248	Selina PAZOS MARIÑO		M40-57	0:52:45	0:52:45	10:33
350	345	188	Elena CERVIÑO VILLAR		M35-48	0:52:56	0:52:56	10:35
351	346	259	Fatima LOPEZ MARTINEZ		M40-58	0:52:56	0:52:56	10:35
352	347	390	Flora PADÍN PÉREZ		M60-10	0:53:01	0:53:01	10:36
353	348	99	María PADÍN PADÍN		SEN-80	0:53:04	0:53:04	10:36
354	349	176	Lara DE SAA IGLESIAS		M35-49	0:53:25	0:53:25	10:41
355	350	143	Mar ABELEDO		M35-50	0:53:29	0:53:29	10:41
356	351	156	Débora MARTÍNEZ VÁZQUEZ		M35-51	0:53:35	0:53:35	10:43
357	352	91	Cristina CARBALLA BARREIRO		SEN-81	0:53:36	0:53:36	10:43
358	353	388	Maria Angeles BARREIRO BARR		M60-11	0:53:37	0:53:37	10:43
359	354	426	Rita GARCÍA SUÁREZ		M35-52	0:53:45	0:53:45	10:45
360	355	231	Maica NOGUEIRA BALSEIROS		M40-59	0:54:11	0:54:11	10:50
361	356	256	Sonia VÁZQUEZ TORRES		M40-60	0:54:12	0:54:12	10:50
362	357	372	Pili ROSENDE MARTINEZ		M55-19	0:54:12	0:54:12	10:50
363	358	304	Eva VÁZQUEZ TORRES		M45-51	0:54:14	0:54:14	10:50
364	359	416	Aurea PIÑEIRO ESTEVEZ		M65-6	0:54:17	0:54:17	10:51
365	360	285	Victoria ÁLVAREZ TABOADA		M45-52	0:54:26	0:54:26	10:53
366	361	297	Pilar REY		M45-53	0:54:26	0:54:26	10:53
367	362	122	Zaida NOVOA GONZÁLEZ	LAS "LALALÁ " ROSAS	SEN-82	0:54:53	0:54:53	10:58
368	363	412	María Isabel TORRES GARCÍA		M65-7	0:55:00	0:55:00	11:00
369	364	399	Ana María LOPEZ RODRÍGUEZ		M65-8	0:55:15	0:55:15	11:03
370	365	375	Sefy GONDAR GARCÍA		M55-20	0:55:15	0:55:15	11:03
371	366	406	Victoria TABOADA RIVADULLA		M65-9	0:55:16	0:55:16	11:03
372	367	194	María Dolores ABILLEIRA PÉREZ		M35-53	0:55:36	0:55:36	11:07
373	368	234	María J. MATEOS FERNÁNDEZ		M40-61	0:55:38	0:55:38	11:07
374	369	168	Marta MOLDES GRELA		M35-54	0:55:42	0:55:42	11:08
375		460	Dorsal sin registrar		??????	0:57:03	0:57:03	11:24
376	370	371	Helena FERNÁNDEZ HERRAEZ	LAS "LALALÁ " ROSAS	M55-21	0:57:04	0:57:04	11:24
377	371	300	Isabel MILLÁN BUCETA	LAS "LALALÁ " ROSAS	M45-54	0:57:05	0:57:05	11:25

Pos.	Fem.	Dor.	Nome	Clube	Categ-Pos.	T.Net	T.Oficial	T/Km.
378	372	254	Ana Belén ALONSO SOLLA	LAS "LALALÁ " ROSAS	M40-62	0:57:07	0:57:07	11:25
379	373	197	Bibiana VARELA RIVERA		M35-55	0:57:07	0:57:07	11:25
380	374	36	Lucia VIBEL ALONSO	LAS "LALALÁ " ROSAS	.-41	0:57:07	0:57:07	11:25
381	375	6	Martina VIBEL ALONSO	LAS "LALALÁ " ROSAS	.-42	0:57:09	0:57:09	11:25
382	376	415	Marina PIÑEIRO ESTEVEZ		M65-10	0:57:10	0:57:10	11:26
383	377	333	Paz GONZÁLEZ TORRES	LAS "LALALÁ " ROSAS	M50-35	0:57:10	0:57:10	11:26
384	378	274	Micaela GONZÁLEZ LIMIA	LAS "LALALÁ " ROSAS	M45-55	0:57:11	0:57:11	11:26
385	379	417	Lucila JUSTO REDONDO		M65-11	0:57:11	0:57:11	11:26
386	380	411	Olga VILLANUEVA CERDEIRA		M65-12	0:57:13	0:57:13	11:26
387	381	345	María Teresa NUEVO JUSTO		M50-36	0:57:15	0:57:15	11:27
388	382	342	María De Los Angeles RAMIREZ		M50-37	0:57:15	0:57:15	11:27